

A full-page photograph of two male athletes, Dalton Powell and Rohan Samuel, competing in a 100m sprint. Dalton Powell, on the left, is wearing a white tank top with green and yellow accents and black shorts. Rohan Samuel, on the right, is wearing a black tank top with blue and white accents and black shorts with white stripes. Both athletes are in a powerful running stance on a red track. In the background, spectators are visible in the stands.

MASTERS ATHLETICS

AUTUMN 2012.

The official magazine of the
British Masters Athletic
Federation.

ISSUE 101

**Dalton Powell & Rohan Samuel in the 100 metres at Derby.
(Picture: Tom Phillips).**

British Masters Track and Field, Derby.

European Masters Track & Field.

British Masters Decathlon /Heptathlon and 10k's ,Oxford.

British Masters Throws Pentathlon.

And much more inside.

MASTERS ATHLETICS FIXTURES

2012			
7 th OCT	BMAF HALF MARATHON	Kirkcintilloch	Neil McCover Memorial Race
14 th OCT	BMAF 10K	ASHFORD	
	VAA-NE5k ROAD	Matfen, Northumberland	
21 st OCT	SVHC 10k Track	Coatbridge	10k at 1pm , AGM at 2pm
28 th OCT	BMAF 10 Mile	Tiptree	
	VAA-NEE Marathon	Town Moor, Newcastle	
10 th NOV	British & Irish XC Championships	Stormont Park, Belfast	
17 th NOV	BMAF XC RELAYS	Moorways Stadium, Derby	
2013			
17 th FEB	BMAF 10 Mile	Lytchett Manor, Nr Poole	Enter via the Lytchett Manor Striders web site.
10 th MAR	BMAF Half Marathon	Lydd	The Banks Sports & Social Club, Dennes Lane, Lydd Romney Marsh Kent, TN29 7HG. 10-00am start.
16 th MAR	BMAF XC	Herrington Country Park, Sunderland.	Details will be in this magazine and on the BMAF website shortly.
19-24 MAR	EVAA Indoor Championships	San Sebastian, ESP	Outdoor Field events, XC & Road Runs and Walks
18 th May	BMAF ROAD RELAY	Sutton Park	Details in next issue
24-26 th May	EVAA Non Stadia	Upice, CZE	
JUNE	BMAF 5k		Details will follow when known.
18 th AUG	BMAF 10k	Pollok Country Park, Glasgow	11.00 am start. The race headquarters, registration etc will be at Cartha Rugby Club, 92 Dumbreck Road, Glasgow G41 4SN. The race will be for Masters only with most of the course on roads within Pollok Country Park.
31 st AUG	WMA Mountain Championships	Janske Lazne, CZE	
16-27 th OCT	WMAA Track & Field Championships	Porto Alegre, BRA	
27 th OCT	BMAF MARATHON	Newcastle Town Marathon	
2014			
March 25-30 th	WMAA Indoor Championships	Budapest, HUN	
Aug 15-24 th	EVAA Track & Field Championships	Izmir, TUR	
2015			
Feb 24-Mar1 st	EVAA Indoor Championships	Torun (POL)	
TBC	WMAA Track & Field Championships	Lyon, FRA	

BMAF OVERSEAS EVENTS TRAVEL PACKAGES

EUROPEAN VETERANS INDOORS

San Sebastian / Spain

19-24 March 2013



The coastal Spanish city of San Sebastian is host to the biennial European Indoor Champs and will be an ideal late winter / early spring trip as a focus not only for the competition but for a vacation to this world renowned touristic and culinary destination. In addition to our Championship Packages there will be add-on arrangements for extended vacations on both a group or an ad hoc individual basis

Registration and Tour Packages information available now !



WORLD MASTERS CHAMPIONSHIPS

Porto Alegre / Brazil

16-27 October 2013

For the first time ever the World Masters Athletics will be taking place in South America at the coastal city of Porto Alegre. An ideal opportunity to combine competing at this great championships with a trip to Brazil in advance of both the FIFA World Cup and Rio Olympic Games. In addition to our Championship Packages there will be add-on arrangements for extended vacations on both a group or an ad hoc individual basis.

Please register for our brochure which will be published in December 2012



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MASTERS ATHLETICS

**Items for inclusion in the "Winter Edition"
to reach the editor by the
16th November 2012.**

JOIN THE 300 PLUS CLUB

**SHOULD YOU WISH TO JOIN PLEASE SEND
YOUR DETAILS WITH YOUR CHEQUE FOR
£ 12, DIRECT TO: DANNY HERMAN,
"BOW HOUSE", 3, BOW GREEN ROAD,
ALTRINCHAM, WA14 3LY**

JUNE 2012:

**£ 125-Bob Brown;
£10-Sheelaugh Adkins, Tony Bowman,
Jack Fitzgerald, Patrick Heffernan, Midland
Masters.**

JULY 2012;

**£ 125-Tessa Stephenson.
£10-Helen Burrell, Betty Dodd, Nigel Wray x2
(Donated to BMAF), Leslie Vialls.**

**OUR THANKS GO TO: Nigel Wray and Lesley
Bowcott for their kind donations.**

PAGE 2► Fixtures.

PAGE 3► Letters.

PAGE 6► Chairman & Secretary.

PAGE 8► Road Fixtures 2013.

PAGE 9► Addresses.

**PAGE 10► BMAF TRACK & FIELD
CHAMPIONSHIPS.**

**PAGE 15► Decathlon ,Heptathlon ,10k
Run and 10kWalk.**

PAGE 16► INTER AREA TRACK & FIELD

PAGE 19► THROWS PENTATHLON

PAGE 20► EVAA TRACK & FIELD

**PAGE 26► A History of CROSS COUNTRY-
Archie Jenkins.**

PAGE 32► BMAF XC RELAYS Details.

**THE PICTURES USED IN THIS ISSUE
ARE BY**

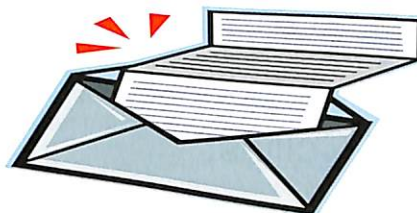
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LETTERS

John Steed writes to say he finished 9th in the 1977 Vets Cross Country and not Mike Barrett , as printed in Alastair Aitken's tremendous write up on Roy Fowler



TORCH BEARERS OLYMPIC RELAY

Dear Brian

Having read the 100th edition I thought I'd send you a couple of photos of myself carrying the Olympic Torch.

I've been an active member of Masters Athletics for the last 5 years (still a baby though in real terms!) and have enjoyed participating in local, national and World and European Championships - even coming away with a few medals in the sprint relays. However for the last 18 months I've been out of action due to a couple of serious operations - one the removal of one of my kidneys and the other an operation on my bowel as I suffer from Crohns.

However since finding out I had been nominated to carry the Olympic Torch through Darlington I was not going to let anything get in my way. I treated it like an international competition - making sure I was fit, no injuries in the week leading up to the event, getting my kit ready the night before, cleaning my trainers and arriving at the venue after a hearty breakfast a couple of hours early. Having spent a couple of hours on the bus with the 20 other fellow torch bearers and singing the national anthem as a mark of respect for the special occasion it was time to get ready for my 400m jog. My family and friends were all at my designated start point but as I started outside a pub on a sunny Sunday afternoon it seems a few thousand others wanted to come and cheer me on as well.

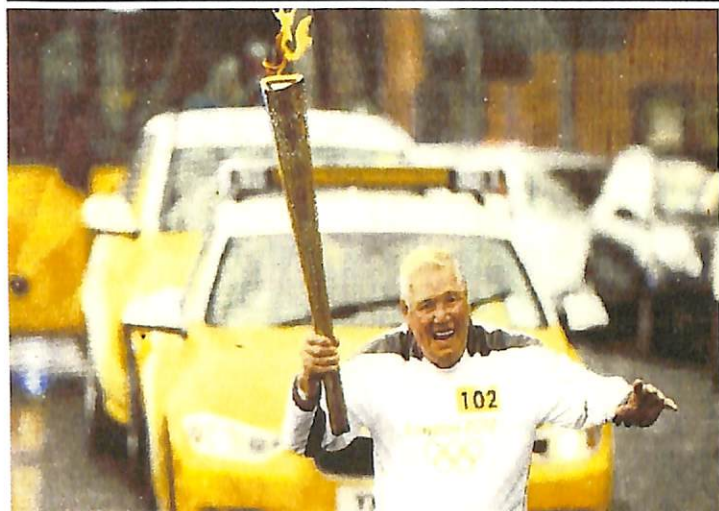
Paul Donaghy, School Sport Co-ordinator
Durham City Harriers and VAANEE

Congratulations on the latest edition.

I was especially delighted to read Alastair's item on Roy Fowler - one of my heroes!

On a different point, I was honoured to take part in the "Torch relay" in Swansea. By fortuitous chance I "ran" between two home sports venues; taking over from Colin Jackson by the entrance to Sketty Lane track and handing over to my long time colleague, Ken Bennett (Former Cardiff/Birchgrove middle distance runner & long serving Athletics Official & Archivist/Historian), just inside Singleton Park. A truly memorable event - "Flame at last!"

Regards –John H Collins.

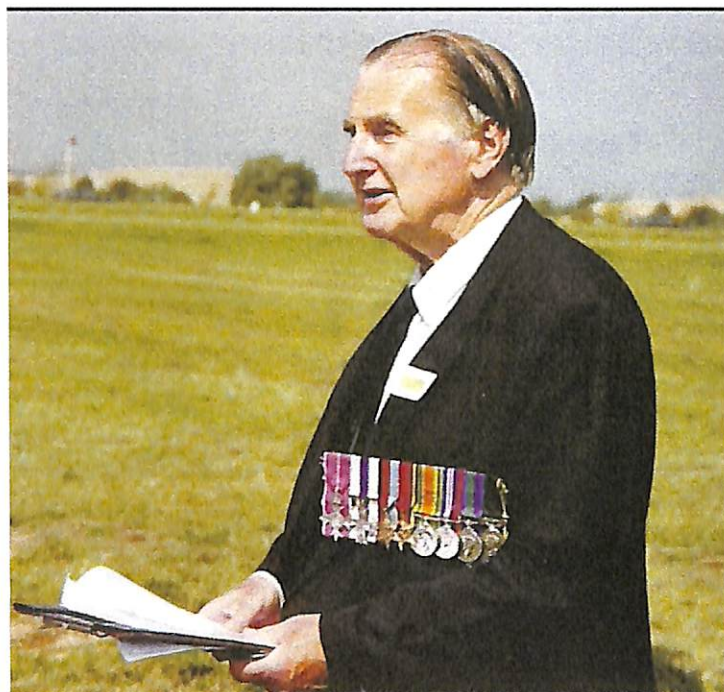


On reading issue 100. I saw you were interested in Olympic relay torch carriers, and although I count myself as an also ran. I thought I would like to express my pleasure in being asked to carry the torch at age 91, almost ten years since I was being asked to carry the Commonwealth Baton when the Games were held in Manchester.

JIM PURCELL



Dorothy Fraser and Ian Wilson, with Dorothy's Torch.



Our last issue carried an Obituary for the late Philip Malins, Eric Horwill has kindly supplied the picture.

Frank Copping died in hospital in July after a short illness. An M80, he loved his athletics and spoke fondly of the BMAF.

Joslyn Ross [18/4/1928-12/8/2012] was one of our most prominent female athletes, setting 65-plus age group records. She won several British, European and World titles but persistent foot problems caused her to retire some years ago.

We have also received the sad news of the Deaths of Carina Graham& Bill Aston.

The British Masters - Track and Field Meeting

My wife and I went to Derby for the weekend of The British Masters track and field meeting earlier this year. We had previously been to the Welsh and the British indoors meets, but this was our first time at the outdoor meeting. The weather was good (for 2012) and we really enjoyed our weekend. We chatted to friends old and new, whilst generally learning what's involved in competing and organising an event at this level. Some of the athletes we had come across previously, whilst

other we only knew through Power of 10!! As always with "Masters" they were all very friendly, sharing hints tips and sometimes even sharing their coach.

I thought a couple of things that I found strange might be worth sharing with others through the pages of the magazine....



In the Pole Vault, with the height at about 4 meters, the athlete rattled the bar but it stayed up. However, the officials discounted it as it had twisted and the bar was no longer resting on its flat edge, but on the curved area. They explained to the surprised athlete and spectators that it was invalid as the bar had rotated, even though it had not fallen off.

I thought how rare such an occurrence must be as I had never previously come across the rule. Not so rare maybe, as within weeks the same thing happened again! This time it was in the 2012 Olympics, in the Pole Vault element of the men's Decathlon. The athlete hit the bar in completing his vault; it twisted but stayed up, coming to rest on the curved area. The vault was deemed valid and the athlete collected a hatful of points to add to his tally.

UKA RULE 124: (6) It shall be recorded as a failure if: (a) after the vault the bar does not remain on the pegs because of the action of the competitor whilst vaulting; or (b) the competitor touches the ground, including the landing area beyond the vertical plane of the upper part of the box, with any part of the body or with the pole, without first clearing the bar; or (c) the competitor, at the moment of making a vault, or after leaving the ground, places the lower hand above the upper one, or moves the upper hand higher up on the pole; or (d) during the vault the competitor steadies or replaces the bar with a hand(s).

In the ladies Triple Jump, the athletes were required to jump from white tape, rather than a proper take-off board. Having practiced hitting the board at take-off, they were told there was no board and had to adjust to taking off directly from the runway. The vast majority of jumps were either invalid because they hit the tape, or athletes jumped from way before the tape, so underperformed – and this at The British Masters?

What also came to light during the competition was that the tapes were in the wrong place! OK, maybe the tape is only an indication, but as athletes were told there were 5mt, 6mt and 7mt tapes, they quite reasonably expected them to be at 5mt, 6mt and 7mt, but not so. This was really brought home when one of the athletes jumping from behind the 6mt tape and comfortable reaching the sandpit, had her jump measured at 5.92mt – and this at The British Masters?

UKA RULE 127: (4) The distance between the take-off boards and the leading edge of the landing area should normally be 13m, 11m, 9m and 7m. Where such a board has not been set into the runway and is required a white area of similar dimensions to those in Rule 127(1) should be drawn. It must be appreciated that suitable distances will vary according to the standard of the competition.

At the end of that competition and before the next set of athletes began their measuring / warm up, I had a quiet word with one of the officials, suggesting that the white tapes could be repositioned so they were closer to being 5, 6 and 7mt. Big mistake. I was told in no uncertain terms that the tapes would not be moved.

For an event of this standing, I was amazed that there were no suitable take-off boards meaning female athletes were disadvantaged, but to then put down sticky tape in the wrong positions – what's that about? Has it put us off, not at all. My wife continues to enjoy her Masters athletics and I continue to act as chauffeur, driver, photographer etc

Roger Garland

ZITAU THE RULES OF THE CAMP (and how get round them) by Glen Reddington

- 1 You will not park your vehicle in the official's car park. Unless of course you get there before the guards.
- 2 You will not park your vehicle in the officials' car park. Instead use the grass area where the buses stop or in the park it's a lot closer and not guarded.
- 3 You will not be allowed into the stadium if the sentry/guards on the gate cannot see your accreditation and challenge you. If they give you a hard time wait until they go for a smoke break.
- 4 You can only bring dogs into the stadium in the first week. This is because the guards need a week to make a decision on it.
- 5 You must show your accreditation to leave the mixed zone. This is regardless not showing it to get into the mixed zone, track, warm up area or stand.
- 6 If you have non athlete accreditation and want to use toilets next to the food tent you must wait until all the athletes have used them. Alternatively wait until the toilet monitor goes off for a chat with a friend.
- 7 The sentry stood next to the call up tent, will not let you exit the stadium by walking round the back of the stand, past the call up tent and the sign "Ausgang", unless you have athlete or official accreditation. You must walk through the seated area of the stand or walk on the track. Alternatively, just walk through behind a group of athletes.
- 8 You can exit the stadium through the call area if you have a bicycle regardless of accreditation.
- 9 To get past the sentry on the TIC entry you must have an athlete pass. Or you could go 15m to the right and go in through the unguarded entrance.
- 10 To get past the hastily built electronic scoreboard with the big hole beneath it, at the top of the stand, note there is no sentry or fencing around it, you will walk down into the stand area, along the stand, and then back up the stand.
- 11 If you want to go from the stadium to the Bahnhof (train station) you must take at least one 50 minute mystery tour by bus to realise it is quicker to walk the mile.
- 12 If you have accommodation outside Zittau and expect to compete early morning or late evening, book a taxi.
- 13 The camp lights will consist of temporary ground based halogen lights because there are no floodlights and the decathlon always takes place at midnight. You will have night vision goggles from previous championships.

14 When challenged by a guard who cannot see your accreditation and asks to see it the best thing to do is look him in the eyes, shrug your shoulders and walk round him. Say nothing that way he doesn't know what language to change to.
15 Finally keep your accreditation card, it looks just like the one from the previous champs you never know when you might need it again.

CHAIRMAN'S REPORT ARTHUR KIMBER

The weeks since the publication of Masters Athletics No. 100 have been very busy for track and field athletes. In July, after a series of wet weekends this summer, the BMAF Championships, in Derby this year, took place in warm, sunny weather. August saw the BMAF decathlon, heptathlon, and 10k. And 10k. walk held in Oxford, followed by the European Championships in Zittau (Germany), Zgorzelec (Poland) and Hradec (Czech Republic), where the British team kept up its consistently high standard, taking second place in the medals table behind Germany. Returning from Europe athletes selected to compete for their area clubs travelled to Solihull for the Inter Area match, again enjoying good weather.

The Road and Cross Country athletes will also be busy in the coming two months with three BMAF road championships, the half marathon, 10k. and 10 mile in October, while in November athletes travel to the magnificent Stormont venue in Belfast for the British and Irish Masters International Cross Country, followed only a week later by the BMAF Cross Country Relays, back in Derby.

I was very pleased to see that our President, Paul Dickenson, and all members of the Executive Committee were re-elected at the AGM in July. They had all worked very hard throughout the year and I value this continuity that allows them to keep up the good work.

England Athletics has again funded the Inter Area match and will be supporting the British and Irish Masters International Cross Country. Shortly after that event, Irene Nicholls and I will be meeting Andy Day from England Athletics to discuss funding for 2013 for these two fixtures and possibly for the proposed indoor Inter Area match.

I hope you have an injury free and successful winter's training and competition.

BRIGET CUSHEN SECRETARY'S REPORT

Annual General Meeting

The above Meeting was held at its traditional time at the conclusion of the first day's competition at our Track & Field Championships but attendees still represent a small percentage of our total membership. This can be interpreted as a vote of confidence in the current management, general apathy or that endurance athletes will not travel long distance for an AGM. Nonetheless, it was a lively and constructive meeting. The deaths of Danny Mullane, Treasurer of England Athletics Masters Association and the 300 Club, and Colin Simpson Treasurer of the MMAC, were recorded with deep regret.

The Chairman commented on the success of our members at the three major international Championships that had taken

place during the year – the World Masters Athletic Track & Field Championships in Sacramento; the British & Irish Masters International Cross Country held in Glasgow in atrocious weather and the WMA Indoor in Jyväskylä, Finland. In February 66 athletes entered the pentathlon at Sheffield and a combined BMAF/SoE/EVAC/VAC meeting at Lee Valley attracted over 300 entries. The BMAF Indoor in March had an entry of nearly 600 and produced two world records for Nancy Hitchmough, 2:37.67 for 800m and 5:17.93 for 1500m and one for Caroline Powell, 400m in 62.87. M75 Arthur Thomson set a 3000m WR Indoor walk. The Chairman reported that a new Contract has been agreed between the BMAF and CSE/ Track & Field Tours which is run by David Barnett, an active M50 athlete and an EVAC committee member.

The Honorary Secretary reported on another busy but successful year. She thanked the Clubs, the Race Organisers who incorporated our races, the Race Walking Association and Horwich Festival for their support during the year. The VAA-North East who hosted the 10 miles, the South West VAC the 10k and cross-country, Abingdon for promoting the 2011 and Tenby the 2012 BMAF Marathon, Scottish Veteran Harriers took on the International Cross-Country and the Midlands Masters AC do an excellent job on the Road Relays. Every effort is made to recruit more members and in publicising our sport to a larger audience. Press releases are sent out before major international Championships. Enquiries received from a national daily, Radio 5 and an amateur TV Producer made a documentary on our older members who were competing at the Indoor Championships at Picketts Lock in March. An ITV crew carried out a preliminary interview with some of our members for the "Let's Get Gold" show.

The Treasurer reported an increased in membership. Championships losses amounted to £5,331 including a £913 loss on the road relays by charges imposed retrospectively by Birmingham City Council. Overall, losses were reduced by nearly £2,400 on last year's figures. Surpluses more than doubled on some events. In total we almost broke even on our Championship events, recording a small net loss of only £104. Expenses were also less than last year, achieving a small net surplus of £533. Masters Athletics incurred a £2,869 loss including the significant increase in the printing and mailing costs of £1,735. The 300 club produced £500 more than last year and helped to keep the loss down on the Magazine Account. His Proposal to increase the Capitation Fee by 50p to £5 was loudly debated resulting in a deferment until 2013. The separate Overseas account received an Admin Fee from the international Organising Committee amounting to £684

Cross-country Secretary Mel James reported on the notable achievements of 11 athletes who successfully retained their Age Group titles in the 24th British and Irish Masters International in Glasgow in November run in appalling weather and noted that Mike Hagar, (England), has now won eleven individual Age Group titles. Angela Copson (England) has had four straight wins and Welshman Austin Davies obtained 3 straight titles, successfully winning the O/45 section. Individually, England won 9 gold's, Ireland 3 gold's, with 2 for Scotland and 1 for Wales.

Lucy Elliot and David Moorland were the overall Cross-Country champions at Bath University in March and just 4sec separated Malcolm Reynard and Martin Ford for the M65 race and Scotland's Walter McCaskey won the M75 title. Team titles went to Westbury Harriers (W35), Winchester & District AC (W45), Les Croupiers RC (W55), Thames Hare & Hounds (M35 and M45) and North Belfast Harriers the (M55). Mel confirmed that he is reviving the Cross-Country relays after a 3 year absence.

John Hall reported on the Surrey Walking Club's 100 mile race at Lingfield race course that attracts very strong Dutch representation - just over 50% of the finishers. Best British

MASTERS ATHLETICS AUTUMN 2012.

performers were Sandra Brown (W60 – 20 hours 18:23), who beat all but one male walkers; Ian Statter (M50 – 21:12:25); and Roger Michell (M60 – 21:36:17).

The 20k & 30k road Championships were combined because of a lack of available dates and organisers for separate events and were held with the Midland 30k at Warwick University Science Park, Coventry. Paul Evenett (M40) of Redcar won the 20k with 1:42:04 and the 30k, recording an excellent 2:34:50. Scott Davis (M35) of Ilford, was 2nd in the 20k (1:45:21) and 30k (2:37:14). Ian Richards (M60) was 3rd in the 20k (1:49:01) and 30k (2:49:37), in which he set a British age record by 8 minutes. Ilford won the team race. The women's 20k was won by Diane Bradley (W45) in 1:57:25. The only woman to complete the 30k was Maureen Noel (W45) in 3:15:45. The 10k road was held in conjunction with the Leicester Open; We had a second 20k championship within 12 months as the 2012 edition was held much earlier this year in June at Downham Market and the 5k road walk at Horwich a week later. The walkers picked up a clutch of medals at the World Indoors in Jyväskylä. Ian Richards (M60) took silver in both the 3,000m indoors (a British record) and the road 10k; John Hall (M60) took double bronze Ron Penfold 3rd in the outdoor 10k; Ann Wheeler (W55) bronze in both her races and Noel Blatchford (W60) 2nd in both races. There were two team gold medals and aW45 silver. John said this is his final year as Race Walking Secretary and asked for a volunteer to come forward next year.

Road Running Secretary, Walter Hill, reported that the Half Marathon was incorporated within the Leek race promoted by Staffordshire Moorlands AC. This friendly club did not let us down and he said he would not hesitate in recommending a return there. The 10 mile was well attended and with the assistance of Arthur Potter from the VAA-NE we had an excellent days racing over an interesting course. The 10k was an outstanding event and John Perratt (SWVAC) and his team must be thanked. The marathon was again held at Abingdon and provided perfect conditions; it was such a pity that entries closed so early depriving many members of a very fast time over this classic distance. The 2012 marathon was held in June incorporated within the Welsh Marathon at Tenby. Walter congratulated all the members who finishers this challenging course with physically demanding ascents and quad sapping descents. However, this was a Championship race and runners had an opportunity to compete in fine weather on an interesting traffic free one lap course with outstanding views. All refreshments stations provided adequate nutrition and the Marshals and locals encouraged all participants. Runners were safe at all times which must be seen as a priority over this distance. The Welsh Marathon is a unique race and all aspiring Marathon Runners should travel to Tenby to experience the Welsh hospitality, the beautiful Pembrokeshire countryside and compete in a very well organised race. The Horwich Festival once again hosted the BMAF 5K Championship and attracted a field of good quality at the sharp end of each age group. The well organised, traffic free race generates a great atmosphere, with a three lap, gently undulating course that is completely closed to traffic. Walter thanked Horwich Festival for an enjoyable day and great competitive running and Martin Duff for presenting the BMAF medals. He commends this race to anyone who has not yet tried it.

Track & Field Secretary, Maurice Doogan, noted that entries were down which he feels is due to the recession, international Championships, travel costs etc. The meeting here had finished on time thanks to the super Officials. Andrew Webb from the VAA-NE proposed a vote of thanks to Maurice for his hard work. Mike Clerihew, SVHAC, referred to the discussion at last year's AGM about paper entries. Maurice replied that athletes who are unable to enter On-Line should have sent him 2 SAEs and he would have sent entry forms. There were applause too for the Editor of Masters Athletics, Brian Owen, who had just produced the 100th edition. Brian

reported that postage costs have increased from 60p before March to £1 per copy now. We have three regular Photographers, Tom Phillips does not charge for his photos. Contributors do not charge for their reports. He would like to hear from more members, particularly those who may have interesting stories. A member has offered to carry out interviews with some of our members on a regular basis.

All outgoing Officers were re-elected.

Sorry Mate, but this bus is for athletes only!

Glued to the TV during the Olympics I spotted quite a number of Over 35-ies competing and even winning Olympic gold, but the message that competitive sport is not just the prerogative of the young has yet to gain universal acceptance and certainly amongst the non-sporting public. When equestrians most famous rider, 56-year old New Zealander Mark Todd, tried to board the athletes' bus in the village to take him to compete in the 3-Day event in Greenwich Park, the double gold medallist and former World champion was confronted by the wide-eyed cherubic faced driver with "sorry mate, but this bus is for athletes only"! Todd went on to win a team bronze medal.

New Legislation

If you coach or are involved with children or vulnerable adults you may wish to be aware that a new Definition of Regulated Activity came into force in September. The Independent Safeguarding Authority will merge with the CRB in December and 16 is now the minimum age at which someone can apply for a CRB check. Further information is available on www.sportandleisure.org.uk, click on Protection of Freedom Act page.



The greatest collection of athletics memorabilia ever assembled will go on display in Barcelona later this year to mark the International Association of Athletics Federations (IAAF) Centenary – with the eight main displays being shown in eight separate lanes on a specially laid Mondo track.

The IAAF Centenary Historic Exhibition will take place in the Museu Olímpic i de l'Esport Joan Antoni Samaranch – next to the 1992 Olympic Stadium on Montjuïc Hill – from October 13 to November 25.

It will involve a mixture of text, photographs and video illustrating the world governing body's progress since it began in Stockholm 100 years ago – as the International Amateur Athletic Association – and evolved into its current incarnation.

In lane one the exhibition opens with 100 Years of IAAF, which presents the history of the organisation and its founding members set against a general historical timeline of the past century.

Lane two deals with World Championships highlights, a vast four metre-high display which details the greatest athletes of the Olympic Games and IAAF World Athletics Series.

The Museu Olímpic i de l'Esport Joan Antoni Samaranch in Barcelona will host the IAAF Centenary Historic Exhibition

Lane three is about IAAF competitions and concerns the general development of the body's competition programme.

Lane four called IAAF Areas, highlights the athletics achievements of the world's six continental areas.

Lane five is entitled Women in Athletics and follows the struggle

MASTERS ATHLETICS AUTUMN 2012.

for equality and parity with men's athletics. Lane six, all about technical developments, tracks the myriad changes in facilities, equipment, clothing and rules. Lane seven, called Events Highlights, forms another huge display, and focuses on many of the greatest competition moments and stars of the last 100 years.



Finally, lane eight is Building for the Future and brings the exhibition to a fitting close by looking forward at the next 100 years with an emphasis placed on the IAAF School/Youth programme and IAAF/Nestlé Kids' Athletics.



Fanny Blankers-Koen, winner of four London 1948 gold medals, will be among the legendary Olympic athletes featured in the exhibition

Linking these lane displays are numerous glass exhibition cabinets stacked with over 300 items of athletics memorabilia – including an historic athletics shoe display from IAAF partner adidas – loaned by athletes, museums and private collections from around the world.

The artefacts date from antiquity to the present day, with the oldest being coins and vases from 256BC and the newest competition numbers and clothing from London 2012 gold medallists.

Medals from every Olympics Games from 1896 to 2008, along with the 13 editions of the IAAF World Championships from 1983 to 2011, plus clothing, equipment, statues and programmes which celebrate past and present heroes including Paavo Nurmi, Jesse

Owens, Fanny Blankers-Koen, Sergey Bubka, Sebastian Coe, Carl Lewis, Usain Bolt and David Rudisha will undoubtedly prove popular. The unique exhibition will close on the weekend of the IAAF Centenary Gala, being held on November 24 also in Barcelona.

BMAF ROAD CHAMPIONSHIP DATES 2013, supplied by WALTER HILL.

You must enter two weeks before the race date to qualify for the BMAF Championships.

10 Miles.

Lytchett Manor Striders Near Poole 17/02/2013. SWVAC

Enter via the Lytchett Manor Striders web site.

Half Marathon

Lydd 10/03/2013 SCVAC

Location :The Banks Sports & Social Club,Dennes Lane,Lydd Romney Marsh Kent,TN29 7HG. 10-00am start. The race is now in its 6th year. Perfect for Spring marathon training and perfect for a fast time if weather permits.

I am hoping entry forms will be available at the Ashford 10K on the 14/10/2012.Details of online entry will be via the BMAF Website.

Road Relays

Sutton Park 18/05/2013 MMAC

5K

Horwich June probably the 2nd Weekend NVAC

10K

Pollok Country Park Glasgow 18/08/2013 SVHC

The race will be held on Sunday 18th August with an 11.00 am start. The race headquarters, registration etc will be at Cartha Rugby Club, 92 Dumbreck Road, Glasgow G41 4SN.

The race will be for Masters only with most of the course on roads within Pollok Country Park.

Marathon

Newcastle Town Marathon 27/10/13 VAA-NE

FURTHER INFORMATION WILL BE POSTED ON THE WEB SITE FOR ALL RACES .IF YOU ARE UNABLE TO ACCESS THE WEB SITE PLEASE CONTACT ME BY E-MAIL walterhelen@hotmail.co.uk OR VIA MY LANDLINE 01293862327.

Further to the Walking Results from the Horwich 5k, Eric has also supplied the following additional information.

Course Records were set by: Mark Williams (M45) 25:15, Patrick Murphy (M50) 26:14; Tony Taylor (M65) 27:57; and Andrea Lennon (W70) 38:26.

The Match between Ireland and England was won by England (Taylor, Boszko & Malone) with an age related score of 96.93%.

Lancashire Walking Club won the over 35 team with a time of 85m47sec, from Dudley and Stourbridge 108m57sec. Lancashire Walking Club also won the over 60 award with 87m40 sec.

MASTERS ATHLETICS AUTUMN 2012.

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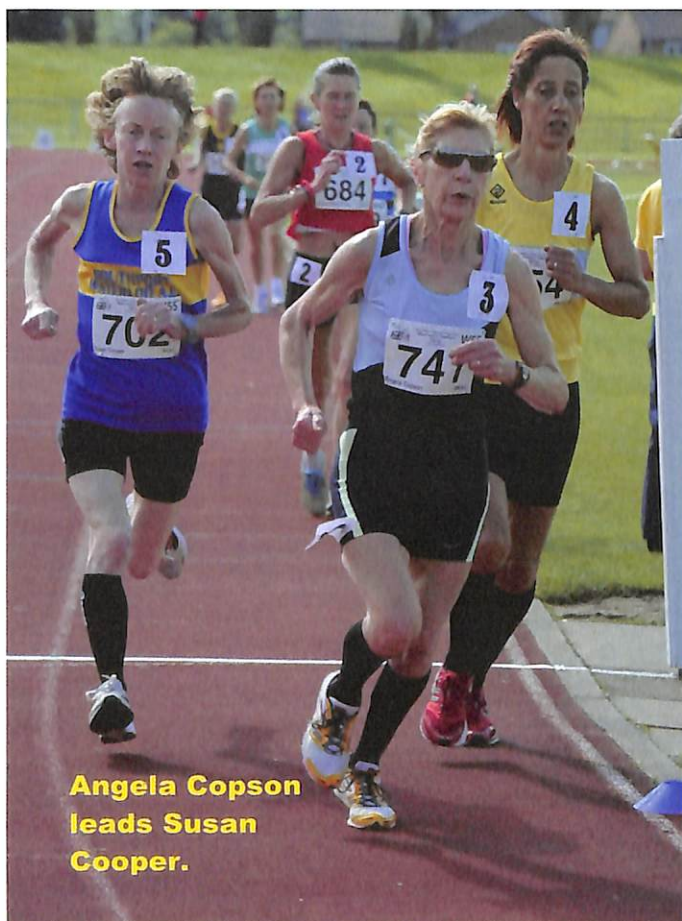
CHANGES OF ADDRESS TO THE EDITOR- IN WRITING OR BY EMAIL-NO PHONE CALLS PLEASE !

JULY 21/22
NATIONAL MASTERS T&F
CHAMPIONSHIPS
Moorfields Stadium, Derby

WORDS: Martin Duff of Athletics Weekly.

PICTURES: Tom Phillips.

The annual T&F championships returned to Moorfields Stadium, Derby and attracted an entry of more than 600 Masters from ages 35 to over-80 as the summer finally returned and the sun shone on a series of new World Record holders.



Angela Copson leads Susan Cooper.

Angela Copson led the way with two new marks, although in one, the 1500m she had already posted a faster time. Jane Horder, in the W55 300m hurdles; also set a new world record of 49.00.

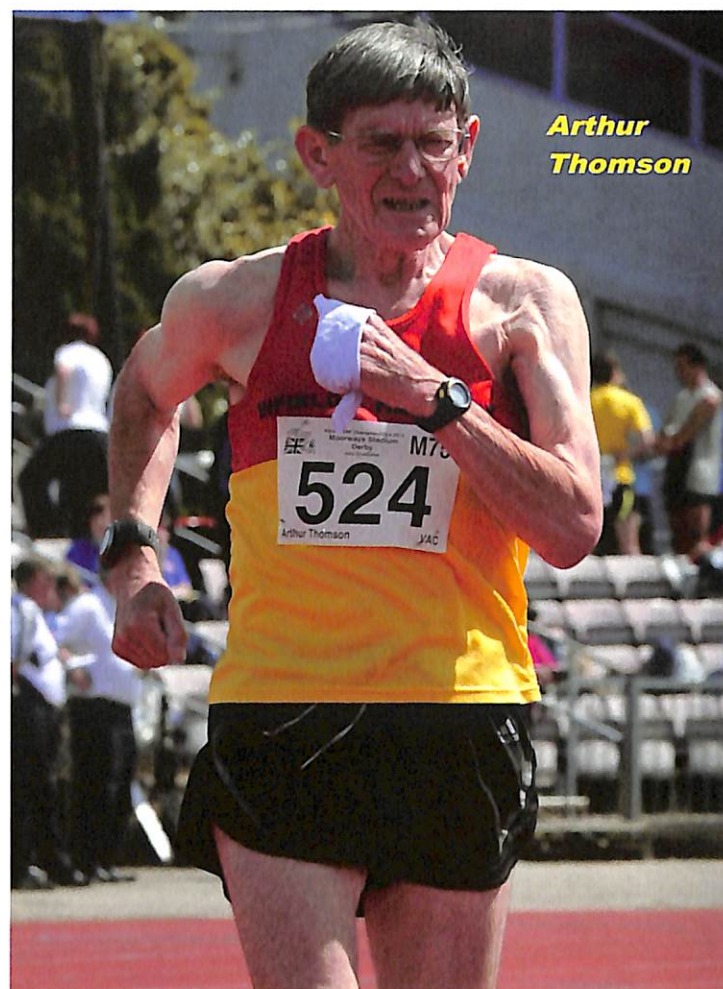
Horder, racing in one yellow and one blue spike, said: "I've done a European record in my last three races so I knew it was there," and hoped to improve further in the European championships.

W65 Copson posted a new mark at 1500m, with 5:35.18 as it is likely that her Midland League faster time of 5:30.7 may not get ratified as all of the requirements may not be met.

After her 1500m she said: "That's my warm up for the 400m."

There she finished just behind Brenda Fee's new British W65 record of 74.76., before returning on the second day to post her 5000m time of 20:13.23. The 5,000 metres on Sunday

almost ended in disaster, as Angela stepped off the track thinking she had finished. She in fact had one lap to complete, spectators called to her to get back on the track and several precious seconds were wasted, she then completed the remaining lap to finish with a new World Record. The track referee sensibly taking the view that no advantage had been gained by her leaving the track. Finally as her party trick, summed up her running philosophy: "I do it for the enjoyment of it."



Arthur Thomson

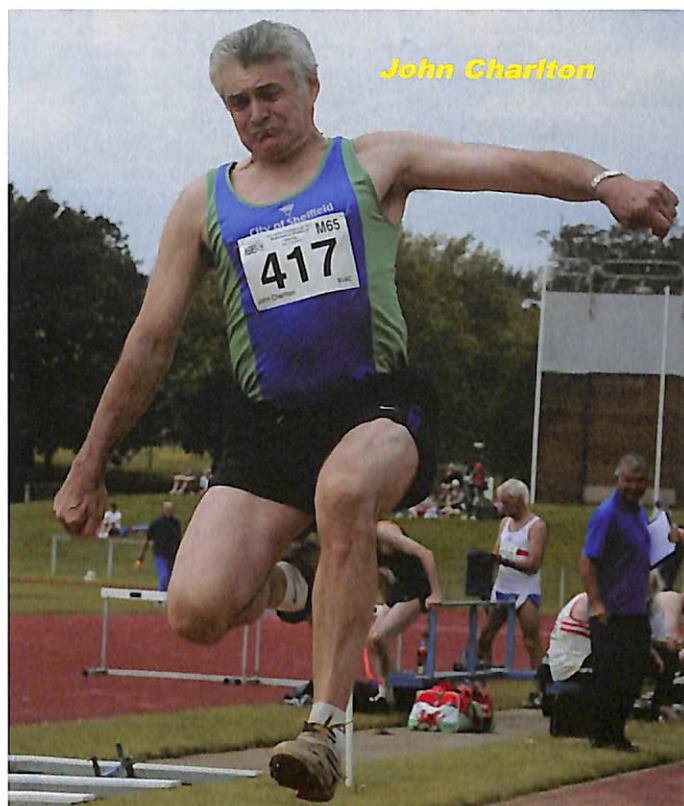
Walker Arthur Thomson also posted a new M75 world best over 3000m, at 16:16.83. "It was (only) just a world record but it was not bad at all today," he said before adding the 5000m event on the Sunday. Not to be outdone, Ian Richards set a British M60 5000 walk record of 24:12.77.

Rosemary Chrimes, now 79 and the former Commonwealth Games discus champion, won a series of gold medals and said of her elevation to the W80 group: "I'll have a go at a few things next year and then retire disgracefully." Her only loss came in the 100m as Dorothy Fraser posted a new British W75 record of 18.07.

British age group records fell throughout the weekend and Tony Bowman, who competed in more events than anyone else, set a new 80 hurdles mark of 14.36 before adding a series of gold medals. "I broke my own European record which wasn't bad considering I hit three hurdles," he said. The long hurdles saw a tight M40 race over 400m as Neal Edwards just held off Richard Holt in 56.68.

John Charlton has been winning championships medals for many years and added to his tally here with another British record, this time in the long jump, his first in the M65 group, with 5.02m. Talking about his age group record-breaking he said: "I've had about 20 over the years and have held the

decathlon record in all groups from M45 and hope to get the M65 this year."



He put his good jump here down to being accused by the officials of stepping back on an earlier jump when he didn't and said: "the controversy fired me up." He also took the 100m hurdles in 16.96.

Janice Pryce set a new British Record for the fourth time this year, the first being indoors at the National Indoor arena, and the outdoor on Sunday with 9.92. The other occasions no wind gauge being available.

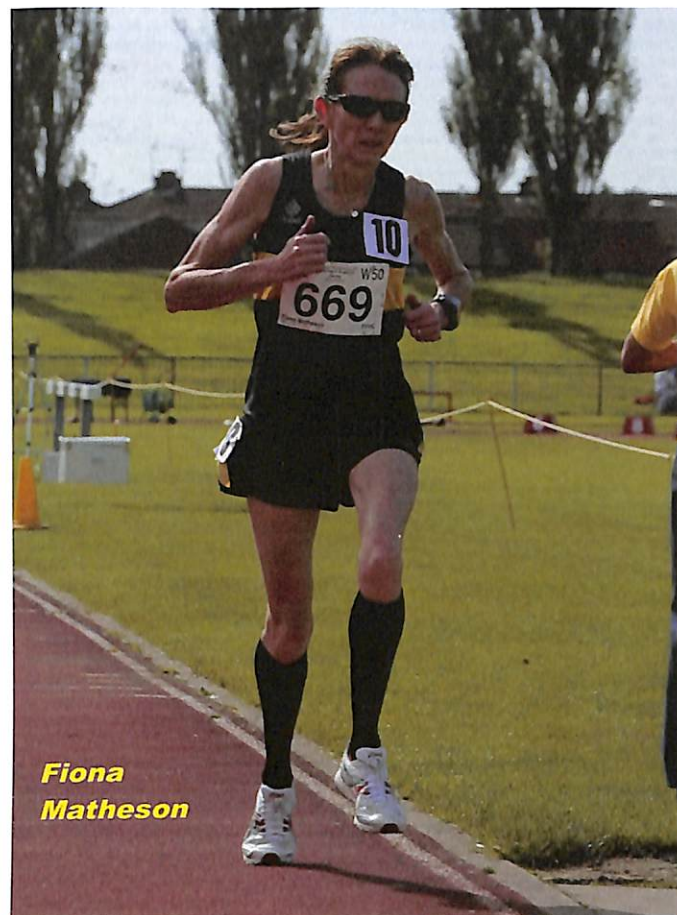
Neil Tunstall equalled the M50 100m hurdles British best mark with 14.47, while Greg Dunson ran a more than useful 15.70 over the longer 110m to win M45 hurdles gold, "off minimum training," he said.

Talking of the early first day start for the older 1500m men, M70 winner John Gardner said: it was "too early," but celebrated his return to the sport after 20 years out with his first British masters championship victory.

M55 1500m winner Kevin Archer retained his title and said: "that is a hat-trick of wins but I haven't been on a track and not put on spikes as we don't have one in Weymouth where I now live."

David Oxland notched up his 11th consecutive British M60 win by taking the 1500m with a 71 second final lap, then his 12th in the 5000m but then, like other runners, was frustrated by timetable changes.

He said: "the timetable for track races on Sunday afternoon had been marked as TBC. However a new factor was introduced at the last minute by the organisers, the so called 'interweaving' of 800m races with 5000m so that the events were not even run in the order given on the provisional timetable. This meant that those few athletes, like me, trying to win triple gold at 800m, 1500m and 5000m all failed this year in that goal. I managed the triple last year, but found myself with just 12 minutes to jog over from the end of the 5000m to the start of the 800m." His sequence came to an end, which was a pity as he was thwarted by the late programme changes.



Fiona Matheson added another new W50 British record this time for 1500m at 4:46.86 but said: "it was OK but I needed somebody in front of me to push me but you know in your head how to race." She then added the 5000m on Sunday in 17:21.31.

Nancy Hitchmough was not to be outshone as she added a new British 1500m W60 best at 5:16.08, then added the 800m the next day.

David Peters posted a sprightly M40 1500m victory, in 4:04.50, the best here for some time. "I haven't run for a few years but I did 3:50 in 2000," he said. Simon Anderson just headed Adrian Haines to take the M45 1500 in close race in 4:10.25 but Haines got gold the next day, in a tight 800m, in 2:03.37.

Michael Gardiner ran a useful 50.38 M40, while Tunstall looked good in the M50 race with his 54.7 manual time, as Caroline Marler set a new British record in the W60 class with 69.00.

Tracy Burrows had won 400m gold on the first day then came back on Sunday to add the W45 800 in 2:31.55. In the field, Carole Filer set a new W55 high jump record at 1.42m, while Chrimes' 1.15 was a W75 championship best. Jean Fail was also in British record form with 4.05m in the W60 long jump.

The throws saw Evaun Williams take a series of W70 gold medals in her final year in the age group. For the men, John Nicholls' M45 shot at 14.08 stood out, while in the same group John Pearson threw 60.13m in the hammer. Cliff Taylor's 9.24m shot was a new M80 record in a throws hat trick.

In the Weight competition Barry Hawkesworth M65, and Graham Roberts (M80) set new British records of 18.26 and 11.81.

MASTERS ATHLETICS AUTUMN 2012.

100:

M35 F/B (0.9): 1. Mark Collins EVAC 11.17; 2. Robert North MMAC 11.77; 3. Imam Qaz SWVAC 11.91; 4. Nigel Hayman EVAC 12.46; 5. Lee Bowker EVAC 12.66; **F/A (1.1):** 1. Joshua Wood SCVAC 11.27; 2. Stuart Channon VAC 11.72; 3. Andrew Gordon VAC 11.82; 4. Paul North MMAC 12.10; 5. James Danobrega EVAC 12.47; **1. Collins; 2. Wood; 3. Channon; M40: (-0.2):** 1. Michael Culshaw MMAC 11.61; 2. Martin White MMAC 11.91; 3. Brian Taylor OPEN 12.22; 4. David Swallow VAA-NE 12.26; 5. Giuseppe Minetti SCVAC 12.52; 6. James Morgan WMAA 12.67; 7. Ed Saunders MMAC 14.23; **M45: H1 (-0.3):** 1. Lincoln Campbell SCVAC 11.91; 2. Antony Leigh MMAC 11.92; 3. Carl Haley VAA-NE 12.30; 4. Neil Middleton SCVAC 12.67; 5. G Reddington SCVAC 12.79; 6. Alan Eassey VAC 13.03; **H2 (0.9):** 1. Rohan Samuel VAC 11.77; 2. Dalton Powell MMAC 11.87; 3. Raphael Smith MMAC 12.42; 4. Richard Buckingham VAC 12.56; 5. Christopher Ashmore MMAC 12.70; 6. Keith Palmer EVAC 12.94; **F (1.4):** 1. Dalton Powell MMAC 11.60; 2. Rohan Samuel VAC 11.67; 3. Antony Leigh MMAC 11.69; 4. Lincoln Campbell SCVAC 11.84; 5. Raphael Smith MMAC 12.21; 6. Carl Haley VAA-NE 12.38; 7. Richard Buckingham VAC 12.43; 8. Neil Middleton SCVAC 12.44; **M50 F/B (-2.2):** 1. Shane Sheridan IRL (G) 12.85; 2. Ty Holden SCVAC 13.20; 3. Michael Wilson EVAC 13.29; 4. Philip Clayton MMAC 13.53; 5. Ormond Williams OPEN 14.96; **F/A (-1.0):** 1. Pat Logan SCVAC 12.12; 2. Paul Guest SWVAC 12.49; 3. John Statham MMAC 12.54; 4. Tennyson James EVAC 12.58; 5. Dougie Donald MMAC 12.65; 6. Michael May VAC 14.95; **M55 F/B (-1.1):** 1. Dominic Browne MMAC 13.24; 2. Ian Scholes NVAC 13.25; 3. Ken Jackson SWVAC 13.58; 4. John Turner EVAC 13.74; 5. Jack McGuire OPEN 14.49; **F/A (-1.2):** 1. Peter Hickey NVAC 12.34; 2. Ray Watkins SCVAC 12.62; 3. Alastair Duncan SCVAC 12.69; 4. Tom Phillips SCVAC 13.04; 5. Robert Phin SVHC 13.83; **M60 F/B (-1.4):** 1. Christopher Monk MMAC 13.40; 2. John Moore EVAC 13.48; 3. John Steel MMAC 14.07; 4. Geoffrey Kitchener VAC 14.10; **F/A (0.1):** 1. Alasdair Ross SCVAC 12.83; 2. Geoffrey Walcott VAC 12.85; 3. Chris Padmore SCVAC 13.07; 4. John McGarry SVHC 13.18; 5. Mike Applegate SWVAC 13.82; **M65: (-1.3):** 1. Glyn Sutton WMAA 13.23; 2. Manohar Singh MMAC 13.87; 3. John Barrus MMAC 13.89; 4. Lawrie Dunn MMAC 14.87; 5. Ray Lewis SWVAC 16.19; **M70: (0.2):** 1. Patsy Forbes IRL (G) 14.22; 2. Charles Isett VAC 14.46; 3. David Cantrill AUS (G) 14.49; 4. John Howe WMAA 17.33; **M75 (-0.6):** 1. Tony Bowman NVAC 14.58; 2. Peter Matthews EVAC 14.94; 3. Donald Chambers AUS (G) 15.11; 4. Carter Alanbrian EVAC 15.18; 5. John Evans MMAC 16.74; **M80 (-0.9):** 1. George Cheetham MMAC 16.79; 2. Geoffrey Feast VAC 18.15; 3. Cliff Taylor VAC 18.50; 4. Hubert Daniels WMAA 19.33; **W35 (0.8):** 1. Elena Ruddock MMAC 12.33 (**CBP**); 2. Helen Channon VAC 12.65; 3. Julia Hubbard SWVAC 12.82; **W40 (-1.5):** 1. Louise Oliver MMAC 13.60; 2. Tamzin Gribble SWVAC 14.04; 3. Cathryn Williams MMAC 14.87; 4. Wendy Day EVAC 15.40; **W45 (-1.8):** 1. Lolita Byfield-Moore WMAA 13.58; 2. Julie Money NVAC 13.59; 3. Rachel Waters SCVAC 14.18; 4. Melanie Garland MMAC 15.03; 5. Amanda Rochester SCVAC 15.13; **W50 (-1.2):** 1. Averil McClelland NVAC 14.21; 2. Lesley Willis MMAC 14.75; 3. Sue Wisdom SCVAC 14.81; 4. Angela Kelly SVHC 14.91; 5. Pauline Gerner MMAC 15.15;



Tilly Jacobs ,Netherlands, ahead of Caroline Powell and Joan Trimble.

W55 (-0.9): 1. Tilly Jacobs NDL (G) 13.82; 2. Caroline Powell SWVAC 14.08; 3. Joan Trimble VAC 14.23; 4. Jan Lawson EVAC 15.41; 5. Sue Dassie SCVAC 15.76; 6. Cathy Lyon-Green MMAC 18.38; **W60 (-1.2):** 1. Emily McMahon VAC 15.82; 2. Sally Hine MMAC 15.87; 3. Anne Nelson SCVAC 16.06; 4. Lyn Ahmet SCVAC 16.92; **W65 (-1.2):** Brenda Fee VAC 15.59; **W75 (-1.2):** 1. Dorothy Fraser EVAC 18.07 (**BRITISH RECORD**); 2. Rosemary Chrimes MMAC 19.12;

200:

M35 F/B (0.4): 1. Adam Bellis OPEN 23.08; 2. Robert North MMAC 23.41; 3. Stuart Channon VAC 23.79; 4. Paul North MMAC 24.47; **F/A (0.7):** 1. Brian Darby MMAC 22.87; 2. Philip Ellershaw NVAC 22.95; 3. Joshua Wood SCVAC 22.99; 4. Mark Collins EVAC 23.05; 5. Matthew Muggeridge SWVAC 23.26; **M40 (0.2):** 1. Martin White MMAC 23.74; 2. Michael Culshaw NVAC 23.83; 3. David Swallow VAA-NE 24.71; 4. Brian Taylor OPEN 24.86; 5. Nathan Baker SWVAC 25.24; 6. James Morgan WMAA 25.59; 7. Martin Maynard MMAC 25.68; 8. David MckeownWebster SCVAC 27.16; **M45 H1 (-0.7):** 1. Dalton Powell MMAC 24.52; 2. Graeme Hogg SCVAC 24.54; 3. Stephen Lightfoot NVAC 24.65; 4. Neil Middleton SCVAC 25.55; 5. Christopher Ashmore MMAC 25.64; 6. Clive Trussan MMAC 26.13; 7. **H2 (1.0):** 1. Steve Beak SCVAC 24.23; 2. Lincoln Campbell SCVAC 24.71; 3. Leeroy Golding NVAC 25.57; 4. Raphael Smith MMAC 25.64; 5. G Reddington SCVAC 25.68; 6. Keith Palmer EVAC 26.00; **F (1.4):** 1. Dalton Powell MMAC 23.86; 2. Steve Beak SCVAC 23.99; 3. Stephen Lightfoot NVAC 24.22; 4. Lincoln Campbell SCVAC 24.25; 5. Graeme Hogg SCVAC 24.41; 6. Neil Middleton SCVAC 24.92; 7. Raphael Smith MMAC 25.72; 8. Leeroy Golding NVAC 26.18; **M50 FB (-1.2):** 1. Phil McWilliam NVAC 25.45; 2. Shane Sheridan IRL (G) 25.79; 3. Nick Wragg EVAC 27.46; 4. Michael May VAC 30.69; 5. Ormond Williams OPEN 30.71; **F/A (-0.3):** 1. Pat Logan SCVAC 24.17; 2. Neil Tunstall SWVAC 24.44; 3. Dougie Donald MMAC 25.49; 4. Paul Guest SWVAC 25.67; **M55 F/B (-0.6):** 1. Ian Scholes NVAC 26.08; 2. Ivars Licietis EVAC 26.12; 3. Tom Phillips SCVAC 26.37; 4. Dominic Browne MMAC 26.96; **FINAL A (b) w/s +0.4:** 1. Peter Hickey NVAC 24.32; 2. Ray Watkins SCVAC 24.88; 3. Alastair Duncan SCVAC 25.08; 4. Eric Smart VAA-NE 25.15; 5. Ian Broadhurst WMAA 25.50; **M60 F/B (0.0):** 1. John Moore EVAC 27.43; 2. Geoffrey Kitchener VAC 28.47; 3. Mike Applegate SWVAC 28.53; 4. Andrew Webb VAA-NE 30.53; 5. Bruce Hendrie MMAC 40.44; **F/A (-0.2):** 1. Geoffrey Walcott VAC 26.21; 2. Alasdair Ross SCVAC 26.45; 3. Chris Padmore SCVAC 26.70; 4. John McGarry SVHC 27.19; 5. John Steel MMAC 28.85; **M65 (1.0):** 1. Glyn Sutton WMAA 26.99; 2. Derek Wardle VAC 27.95; 3. Richard Somers VAC 29.27; 4. Ray Lewis SWVAC 32.73; **M70 (-0.1):** 1. Patsy Forbes IRL (G) 29.26; 2. Charles Isett VAC 29.64; 3. Michael Dugan SWVAC 29.75; 4. Terry Faulkner MMAC 29.81; 5. David Cantrill AUS (G) 29.84; **M75 (1.8):** 1. Tony Bowman NVAC 30.33; 2. Carter Alanbrian EVAC 30.75; 3. Peter Matthews EVAC 31.36; 4. Donald Chambers AUS (G) 33.09; 5. Rodney Mills NVAC 39.68; 6. Richard PitcairnKnowle VAC 40.92; **M80 (-0.1):** 1. George Cheetham MMAC 35.38; 2. Hubert Daniels WMAA 38.53; **W35 (1.0):** 1. Elena Ruddock MMAC 25.11 (**CBP**); 2. Julia Hubbard SWVAC 25.99; 3. Susan Young SVHC 26.00; **W40 (-0.5):** 1. Fiona Palmer MMAC 27.57; 2. Jacqui Hodgson VAA-NE 27.90; 3. Mel Brown EVAC 28.23; 4. Amanda Wale WMAA 28.70; 5. Cathryn Williams MMAC 30.43; 6. Wendy Day EVAC 31.65; 7. Jacqueline Breslin SCVAC 32.02; **W45 (0.4):** 1. Lolita Byfield-Moore WMAA 27.71; 2. Julie Money NVAC 28.01; 3. Tracy Burrows SCVAC 28.40; 4. Rachel Waters SCVAC 28.85; 5. Melanie Garland MMAC 31.53; **W50 (-2.2):** 1. Averil McClelland

NVAC 28.61; 2. Gaye Clarke EVAC 29.59; 3. Sue Hooper WMAA 30.03; 4. Sue Wisdom SCVAC 30.64; 5. Katherine Winrow NVAC 32.88; 6. Isabel McMillan NVAC 33.23; **W55 (-0.6):** 1. Tilly Jacobs NDL (G) 28.22; 2. Caroline Powell SWVAC 28.39; 3. Jane Horder MMAC 28.88; 4. Joan Trimble VAC 29.61; 5. Carol Alker OPEN 31.30; 6. Jan Lawson EVAC 32.54; 7. Cathy Lyon-Green MMAC 39.73; **W60 (1.0):** 1. Sally Hine MMAC 32.26; 2. Anne Nelson SCVAC 33.25; 3. Lyn Ahmet SCVAC 34.41; 4. Sue James SCVAC 36.36; **W65 (-0.1):** Brenda Fee VAC 31.82; **W75 (-0.1):** Dorothy Fraser EVAC 38.99 (**CBP**);

400:

M35: 1. Brian Darby MMAC 50.10 (**CBP**); 2. Matthew Muggeridge SWVAC 51.60; 3. Adam Bellis OPEN 51.95; 4. Martin Aspley-Davis MMAC 52.85; 5. Mark Giraud EVAC 54.12; 6. Peter Davey SCVAC 54.56; 7. Lee Bowker EVAC 56.68; 8. James Danobrega EVAC 56.82; **M40:** 1. Michael Gardiner MMAC 50.38; 2. Peter Benedickter EVAC 53.97; 3. Richard Holt OPEN 55.23; 4. Richard Bowers MMAC 55.88; 5. David MckeownWebster SCVAC 59.28; **M45:** 1. Jonathan Tilt SCVAC 52.96; 2. Steve Beak SCVAC 53.41; 3. Stephen Lightfoot NVAC 54.25; 4. William McKeever OPEN 55.93; 5. Leeroy Golding NVAC 57.42; 6. Clive Trussan MMAC 58.28; 7. Keith Palmer EVAC 58.78; 8. Paul Dempsey OPEN 63.42;



Kelly Sutton wins W35 400 metres.

M50: 1. Neil Tunstall SWVAC 54.70; 2. Bob Lewis SCVAC 55.48; 3. Tennyson James EVAC 57.19; 4. Michael Aylwin MMAC 58.04; 5. Iain Moody MMAC 61.95; 6. Ormond Williams OPEN 76.09; **M55:** 1. Ray Watkins SCVAC 56.98; 2. Nigel Wilson OPEN 57.56; 3. Alastair Duncan SCVAC 57.59; 4. Ivars Licietis EVAC 58.08; 5. Dominic Browne MMAC 63.11; 6. Jack Rutherford VAC 67.82; **M60:** 1. Geoffrey Walcott VAC 58.46 (**CBP**); 2. Chris Padmore SCVAC 60.70; 3. John Moore EVAC 62.93; 4. Bruce Hendrie MMAC 66.60; 5. Andrew Webb VAA-NE 74.95; **M65:** 1. Derek Wardle VAC 63.19; 2. John McDermott IRL (G) 63.99; 3. John Charlton NVAC 65.60; 4. Richard Somers VAC 67.14; 5. Lawrie Dunn MMAC 69.63; 6. Peter Giles VAC 72.61; 7. Ray Lewis SWVAC 75.06; **M70:** Terry Faulkner MMAC 73.56; **M75:** 1. Rodney Mills NVAC 73.48; 2. Tony Bowman NVAC 74.12; 3. Arthur Kimber SCVAC 83.36; 4. Richard PitcairnKnowle VAC 96.53; **M80:** Tom Clowry MMAC 103.62; **W35:** 1. Kelly Sutton EVAC 58.48; 2. Susan Young SVHC 58.97; 3. Stacy McGivern EVAC 62.00; 4. Beatrix Lafreniere OPEN 64.50; **W40:** 1. Denise Morley EVAC 61.85; 2. Jacqui Hodgson VAA-NE 62.00; 3. Fiona Palmer MMAC 62.23; 4. Amanda Wale WMAA 64.74; **W45:** 1. Tracy Burrows SCVAC 62.77; 2. Amanda Rochester SCVAC 67.92; 3. Karen Loughney VAA-NE 68.05; **W50:** 1. Mary Brown OPEN 68.48; 2. Katherine Winrow NVAC 71.42; 3. Lesley Willis MMAC 72.55; 4. Isabel McMillan NVAC 74.64; **W55:** Caroline Powell SWVAC 62.51 (**CBP**); **W60:** 1. Caroline Marler NVAC 69.00 (**BRITISH RECORD**); 2. Sue James SCVAC 82.97; 3. Rebecca Hambrook WMAA 91.72; **W65:** 1. Brenda Fee VAC 74.76 (**BRITISH RECORD**); 2. Angela Copson MMAC 74.82; 3. Angela Copson MMAC 74.82; **W70:** Iris Hornsey EVAC 91.18; **W75:** 1. Dorothy Fraser EVAC 93.41; 2. Mary Holmes EVAC 94.90;

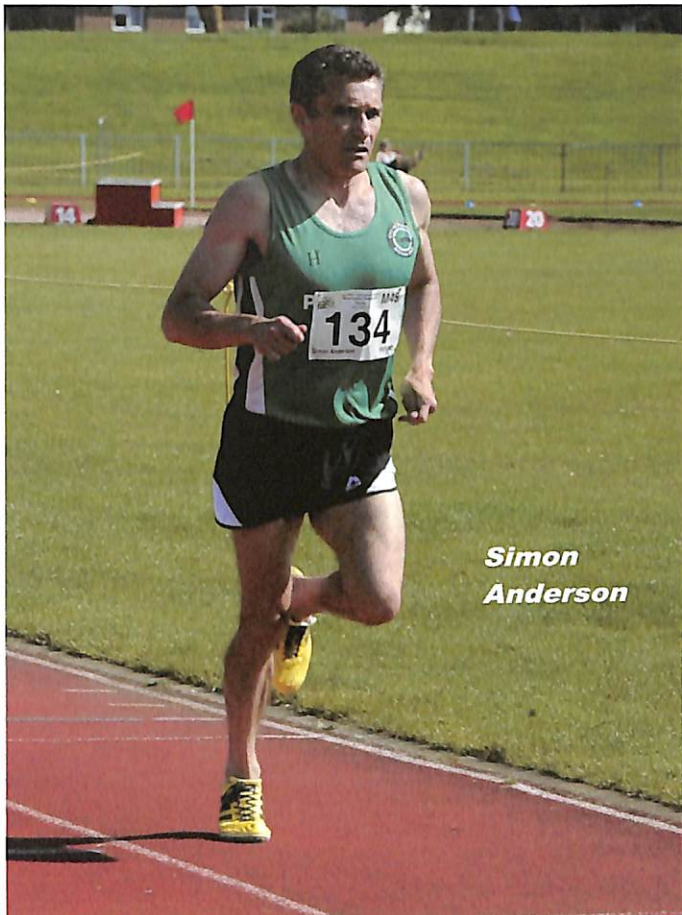
800:

M35: 1. Matt Pyatt EVAC 2-07.88; 2. Stuart Hicks OPEN 2-08.38; 3. Sam Chatwin MMAC 2-09.59; 4. Rob Sage WMAA 2-11.83; **M40:** 1. Matthew Thompson OPEN 2-06.07; 2. Mike Toal NVAC 2-06.57; 3. Andrew Ronald SVHC 2-07.34; 4. Brian Thursby-Pelham OPEN 2-08.63; 5. Andy Coleman OPEN 2-08.79; 6. Thomas Brannon VAA-NE 2-16.03; 7. David MckeownWebster SCVAC 2-21.37; **M45:** 1. Adrian Haines SCVAC 2-03.37; 2. David Blackman SCVAC 2-04.01; 3. Rob Andrew MMAC 2-04.50; 4. Les Ball EVAC 2-06.41; 5. Simon Anderson SWVAC 2-08.47; 6. Jim Garland OPEN 2-08.92; 7. Brett Davis WMAA 2-12.58; 8. Norman de Bruin VAA-NE 2-13.13; 9. Graham Marsland OPEN 2-13.48; 10. Russell Parkin MMAC 2-14.42; 11. Glenn Hardy NVAC 2-15.28; 12. Paul Dempsey OPEN 2-34.52; **M50:** 1. Lud Ramsey SVHC 2-12.93; 2. Paul Hallas OPEN 2-13.53; 3. Malcolm Down EVAC 2-14.80; 4. Mark Ashby SCVAC 2-16.43; 5. Kevin Pye MMAC 2-18.93; 6. Steven Dooxey NVAC 2-23.32; 7. Ormond Williams OPEN 3-09.07; **M55:** David Priestley NIMAC 2-25.66; **M60:** Peter Kennedy VAC 2-21.56; 2. David Oxlund MMAC 2-22.54; 3. Ian Snow SWVAC 2-25.06; 4. Ed Connolly VAC 2-29.38; 5. Ian Reeve EVAC 2-36.62; 6. Stewart Thorp SCVAC 2-40.67; 7. William Scott MMAC 3-03.13; **M65:** 1. George Hunter SVHC 2-29.82; 2. Malcolm Renyard SWVAC 2-30.66; 3. Rod Scholes NVAC 2-35.86; 4. Stewart McCrae SVHC 2-38.06; 5. Peter Giles VAC 2-43.19; 6. Barrie Roberts WMAA 2-54.37; 7. John Charlton NVAC 2-58.61; **M70:** 1. Richard Harvey VAA-NE 2-56.24; 2. Roger Head EVAC 3-05.76; 3. Mike Duggan IRL (G) 3-16.78; **M75:** 1. Rodney Mills NVAC 3-03.66; 2. Arthur Kimber SCVAC 3-

MASTERS ATHLETICS AUTUMN 2012.

06.10; 3. Edmond Simpson VAC 3-24.73; **M80:** William Davies WMAA 3-36.72; **W35:** 1. Louise Rudd NVAC 2-15.39; 2. Lisa Palmer MMAC 2-19.98; 3. Joanne Locker VAC 2-23.90; 4. Sarah Davies OPEN 2-24.55; 5. Beatrix Lafreniere OPEN 2-26.05; 6. Stephanie Spencer MMAC 2-35.58; **W40:** 1. Denise Morley EVAC 2-21.44; 2. Nicola Neill EVAC 2-24.97; 3. Kate Ramsey MMAC 2-32.75; **W45:** 1. Tracy Burrows SCVAC 2-31.55; 2. Jenny Phillips WMAA 2-36.96; 3. Karen Loughney VAA-NE 2-40.48; 4. Susan Kneill-Boxley MMAC 2-48.80; 5. Sharyn Ramage SVHC 3-17.38; **W50:** 1. Karen Brooks MMAC 2-41.20; 2. Katherine Winrow NVAC 2-44.96; 3. Yasmine Giles VAC 3-42.44; **W60:** 1. Nancy Hitchmough MMAC 2-36.16; 2. Caroline Marler NVAC 2-44.38; 3. Sue James SCVAC 3-14.51; 4. Rebecca Hambrook WMAA 3-27.27; **W65:** Angela Copson MMAC 2-57.70; **W70:** Iris Hornsey EVAC 3-30.05; **W75:** 1. Mary Holmes EVAC 3-36.72 (**BRITISH RECORD**); NB: ran 3:33.4 Peterborough 9th May) 2. Anne Martin EVAC 3-43.79;

1500:



**Simon
Anderson**

M35: 1. Anthony Glover SWVAC 4-10.25; 2. Nick Corker MMAC 4-13.38; 3. Paul Thompson MMAC 4-20.51; 4. Matt Pyatt EVAC 4-21.75; 5. Sam Chatwin MMAC 4-31.77; **M40:** 1. David Peters VAC 4-04.50; 2. Brian Thursby-Pelham OPEN 4-24.71; 3. Jez Mancer EVAC 4-25.96; 4. Andrew Ronald SVHC 4-27.22; 5. Anthony Devlin EVAC 4-30.39; 6. Carson Tweedie MMAC 4-52.07; **M45:** 1. Simon Anderson SWVAC 4-10.69; 2. Adrian Haines SCVAC 4-11.11; 3. Rob Andrew MMAC 4-12.27; 4. Les Ball EVAC 4-13.37; 5. John Knibb MMAC 4-26.66; 6. Russell Parkin MMAC 4-32.78; 7. Jonathan Earnshaw SCVAC 4-36.74; **M50:** 1. Guy Bracken VAA-NE 4-23.32; 2. Chris Ireland NVAC 4-23.49; 3. Chris Harry SWVAC 4-26.07; 4. Philip Crane WMAA 4-28.46; 5. Andrew Wetherill MMAC 4-30.42; 6. Robert Fox MMAC 4-38.10; 7. Mark Ashby SCVAC 4-42.59; 8. Steven Dooxey NVAC 4-46.44; 9. Philip York SWVAC 4-49.67; **M55:** 1. Kevin Archer SWVAC 4-47.80; 2. Barrie Moss MMAC 4-51.68; 3. Henry Heaviesides NVAC 4-58.55; 4. Alan Newman SCVAC 5-18.36; **M60:** 1. David Oxland MMAC 4-48.24; 2. Peter Kennedy VAC 4-50.14; 3. Richard Marks WMAA 4-51.84; 4. Ian Snow SWVAC 4-54.66; 5. Michael Mann VAC 5-04.11; 6. Mick Smedley MMAC 5-35.59; 7. Peter Duhig EVAC 5-41.89; 8. Archie Jenkins SVHC 5-46.35; 9. William Scott MMAC 6-26.65; **M65:** 1. Malcolm Renyard SWVAC 5-06.37; 2. Stewart McCrae SVHC 5-13.94; 3. Peter Giles VAC 5-21.77; 4. Bob Chapman SWVAC DISQ; **M70:** 1. John Gardener WMAA 6-08.56; 2. Roger Head EVAC 6-16.83; 3. Raymond Clayton MMAC 6-17.17; 4. Mike Duggan IRL (G) 6-34.47; 5. M Sawyer VAC 6-35.95; **M75:** 1. Rodney Mills NVAC 6-19.96; 2. Edmond Simpson VAC 6-38.05; 3. Arthur Kimber SCVAC 6-38.64; 4. Richard PitcairnKnowle VAC 7-22.60; 5. Bryan Rogers NVAC 7-57.96; **W35:** 1. Sarah Harris MMAC 4-36.82; 2. Louise Rudd NVAC 4-42.24; 3. Lisa Palmer MMAC 4-47.07; 4. Joanne Locker VAC 4-47.68; 5. Sarah Davies OPEN 4-56.77; 6. Michelle Buckle MMAC 5-05.87; 7. Stephanie Spencer MMAC 5-21.33; **W40:** 1. Kate Ramsey MMAC 4-55.62; 2. Audrey Wilson MMAC 4-58.73; 3. Sharon Elder SCVAC 5-03.17; 4. Michelle Kruger MMAC 5-22.00; 5. Candy Hawkins SCVAC 5-40.68; **W45:** 1. Lisa Webb VAC 5-06.64; 2. Sharyn Ramage SVHC 5-48.81; **W50:** 1. Fiona Matheson SVHC 4-46.86 (**BRITISH RECORD**); 2. Karen Brooks MMAC 5-22.31; 3. Diane Farmer EVAC 5-47.47; 4. Yasmine Giles VAC 7-03.11; **W60 (a):** 1. Nancy Hitchmough MMAC 5-16.08 (**EUROPEAN RECORD**); 2. Sue James SCVAC 6-24.38; 3. Rebecca Hambrook WMAA 6-50.07; **W65:** Angela Copson MMAC 5-35.18 (**WORLD RECORD**); **W70:** 1. Iris Hornsey EVAC 7-19.24; 2. Betty Tracey EVAC 7-49.27; **W75:** Anne Martin EVAC 7-30.93;

5000:

M35: 1. Jon Archer VAA-NE 15-43.46; 2. Stuart Nelson MMAC 15-55.01; 3. Orlando Corea OPEN 16-03.70; 4. Steve Hallas NVAC 16-26.05; **M40:** 1. Andy Morgan-lee SWVAC 15-33.48; 2. Ian Johnston SVHC 16-14.72; 3. Ken Harker VAA-NE 17-11.59; 4. Adrian Copp EVAC 17-18.17; **M45:** 1. Gordon Lee MMAC 15-31.47; 2. Simon Wright NVAC 16-15.94; 3. Roger Alsop NVAC 16-19.68; 4. Simon Anderson SWVAC 16-50.30; 5. John Scott SWVAC 17-42.38; 6. John Knibb MMAC 17-49.59; 7. Andy Del nevo SCVAC 18-45.09; **M50:** 1. Guy Bracken VAA-NE 16-17.65; 2. Andrew Wetherill MMAC 16-50.55; 3. Rob Hand VAA-NE 17-00.29; 4. Michael Bridgeland EVAC 17-11.33; 5. Robert Sheen WMAA 17-22.45; 6. Len Reilly VAC 17-33.31; 7. Robert Fox MMAC 17-50.44; 8. Colin Oxlade SCVAC 18-57.60; **M55:** 1. David Butler EVAC 17-04.86; 2. Robert Cheverton EVAC 17-27.98; 3. Brian Gardner SVHC 17-46.13; 4. Brian Green MMAC 18-01.37; 5. Henry Heaviesides NVAC 18-37.65; 6. Alan Newman SCVAC 19-48.86; **M60:** 1. David Oxland MMAC 18-01.98; 2. Richard Marks WMAA 18-05.65; 3. Stewart Thorp SCVAC 18-38.87; 4. Desmond Michael

SCVAC 18-46.19; 5. Michael Mann VAC 18-54.04; 6. Francis Day NVAC 19-35.64; 7. Paul Williams MMAC 19-40.63; 8. Peter Hamilton SWVAC 19-49.17; 9. Anthony Lintern SCVAC 20-15.73; 10. William Ward NVAC 20-39.12; 11. Mick Smedley MMAC 20-49.42; 12. Arnold Bradshaw NVAC 20-58.79; **M65:** 1. Malcolm Renyard SWVAC 19-01.73; 2. Martin Ford MMAC 19-02.39; 3. Peter Young SWVAC 19-03.53; 4. Ron McCullough EVAC 19-48.89; 5. David Beattie SCVAC 20-00.93; 6. Gordon Orme MMAC 20-07.58; 7. Stewart McCrae SVHC 20-14.87; 8. William Allan NVAC 20-30.93; 9. Geoff Newton SCVAC 20-49.34; 10. Paul Wright SWVAC 21-08.99; **M70:** 1. John Batchelor VAC 20-19.54; 2. Fred Gibbs NVAC 20-46.85; 3. Roger Wilson MMAC 21-19.81; 4. John Gardener WMAA 21-48.66; 5. Kenneth Buckle WMAA 23-25.24; **M75:** 1. Edmond Simpson VAC 24-02.56; 2. Richard PitcairnKnowle VAC 29-30.74; 3. Brian Shave VAC 29-39.78; 4. John Cullingham VAC 30-26.25; **M80:** 1. Brian Ashwell MMAC 24-10.61 (**CBP**); 2. Bill Riigby NVAC 30-44.77; **W35 (b):** 1. Miranda Heathcote SWVAC 17-08.70; 2. Louise Peters EVAC 17-56.41; 3. Jo Coates EVAC 19-08.42; **W40:** 1. Kate Ramsey MMAC 18-47.86; 2. Satu Haikala WMAA 19-05.79; 3. Stephanie Martin SWVAC 19-09.06; 4. Candy Hawkins SCVAC 21-16.15; **W45:** 1. Jayne Baldwin EVAC 19-19.38; 2. Helen Grant EVAC 20-10.70; **W50:** 1. Fiona Matheson SVHC 17-21.31 (**CBP**); 2. Jill Burke MMAC 19-44.07; 3. Karen Brooks MMAC 20-05.78; 4. Diane Farmer EVAC 21-03.04; 5. Victoria Talbot Rosner SCVAC 21-13.08; **W55:** 1. Susan Cooper NVAC 20-23.30; 2. Christine Kilkenny MMAC 21-40.76; **W60:** 1. Jane Morley NVAC 21-34.00; **W65:** 1. Angela Copson MMAC 20-13.23 (**WORLD RECORD**); 2. June Johnson MMAC 23-51.72;

3000W:

M45 (a): Carl Thomson VAC 14-37.05; **M55:** Steve Allen SCVAC 15-29.75; **M60:** 1. John Hall VAC 15-42.09; 2. Peter Boszko MMAC 16-23.17; **M65:** 1. John McMullin IRL (G) 16-31.58; 2. Peter Hannell VAC 17-54.12; **M75:** 1. Arthur Thomson VAC 16-16.83 (**WORLD RECORD**); 2. Eric Horwill MMAC 22-49.22; **W55:** Cath Duhig EVAC 17-34.52;

5000m Walk

M45 FINAL (b): Carl Thomson VAC 24-45.19; **M55:** Steve Allen SCVAC 27-06.27; **M60:** 1. Ian Richards VAC 24-12.77 (**British Record**); 2. John Hall VAC 27-09.70; **M75:** 1. Arthur Thomson VAC 28-01.61; 2. Eric Horwill MMAC 39-20.74; **W55:** Cath Duhig EVAC 30-21.09;

3000S/C

M35: 1. David Thompson NVAC 10-26.78; 2. Paul Rudkin NVAC 12-55.93; **M40:** 1. Brian Thursby-Pelham OPEN 10-33.81; 2. Darren Newbould NVAC 10-39.49; 3. Michael Tanner SVHC 10-41.38; 4. Anthony Devlin EVAC 11-15.83; **M45:** 1. Andrew Rolt OPEN 10-48.21; 2. Paul Lemmon VAC 11-13.59; 3. Don Lawless OPEN 12-16.93; **M50:** 1. Philip York SWVAC 11-20.93; 2. Colin Oxlade SCVAC 12-16.40;

2000S/C

M60: 1. Ian Snow SWVAC 7-39.98; 2. Peter Duhig EVAC 8-59.18; 3. William Ward NVAC 9-01.33; **M65:** John Oldfield MMAC 9-58.04; **W35:** Joanne Locker VAC 7-29.94;

110H:

M35(1.0): 1. Nigel Hayman EVAC 15.86; 2. Peter Davey SCVAC 16.73; **M40 (1.0):** Nathan Baker SWVAC 17.90; **M45 (1.0):** 1. Greg Dunson MMAC 15.70; 2. G Reddington SCVAC 18.20;

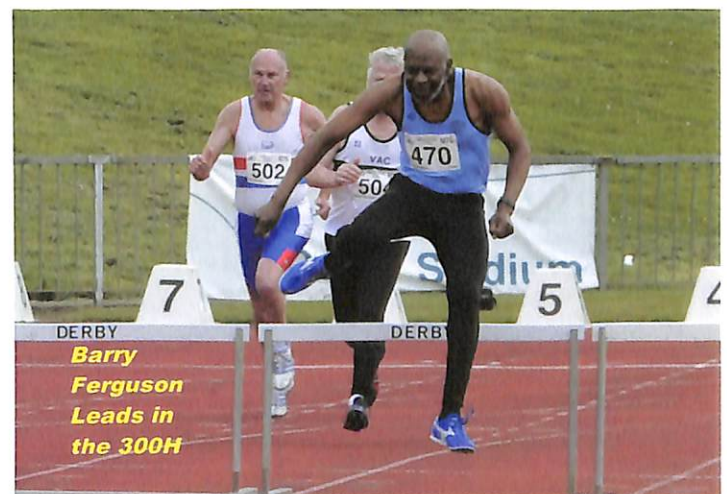
100H:

M50(0.8): 1. Neil Tunstall SWVAC 14.47 (= **BRITISH RECORD**); 2. Tennyson James EVAC 14.95; 3. Allan Leiper SCVAC 15.80; 4. Paul Edwards MMAC 15.98; 5. Ken Moncrieff SVHC 17.88; 6. Pete Stepney SCVAC 18.60; **M60 (1.0):** 1. Ian Reeve EVAC 16.21; 2. David Robinson VAC 18.64; 3. Rashpal Singh MMAC 21.24; **M65 (1.0):** John Charlton NVAC 16.96; **W35 (1.0):** Nicola Baker OPEN 17.22;

80H:

M70 (0.9): Barry Ferguson VAC 13.85; **M75 (0.9):** 1. Tony Bowman NVAC 14.36 (**EUROPEAN RECORD**); 2. Donald Chambers AUS (G) 15.51; **W40 (1.1):** 1. Tamzin Gribble SWVAC 13.13; 2. Amanda Wale WMAA 13.21; **W45 (1.1):** Wendy Laing NVAC 12.79; **W50 (1.1):** 1. Gaye Clarke EVAC 13.55; 2. Lesley Willis MMAC 15.57; **W55 (1.1):** Carole Filer EVAC 13.64; **W60 (1.1):** 1. Jean Filer MMAC 14.45; 2. Emily McMahon VAC 15.43; 3. Sally Hine MMAC 16.11;

400H:



**Barry
Ferguson
Leads in
the 300H**

M35: 1. Martin Aspley-Davis MMAC 60.45; 2. Nigel Hayman EVAC 62.77; **M40:** 1. Neal Edwards SWVAC 56.68; 2. Richard Holt OPEN 56.86; 3. Peter Benedickter EVAC 58.57; 4. Nathan Baker SWVAC 64.73; **M45:** Alan Easey VAC 75.42; **M50:** 1. Neil Tunstall SWVAC 58.83; 2. Iain Moody MMAC 65.73; 3. Paul Edwards MMAC 68.64; 4. Philip Clayton MMAC 72.13; **M55:** Ian Broadhurst WMAA 67.12; **W35:** 1. Kelly Sutton EVAC 63.88; 2. Susan McLoughlin VAC 63.93; 3. Andrea Lock SWVAC 75.08; **W40:** Tamzin Gribble SWVAC 73.46;

300H:

M60: 1. Ian Reeve EVAC 46.79; 2. Geoffrey Kitchener VAC 51.92; 3. David Robinson NVAC 53.59; 4. Andrew Webb VAA-NE 54.83; **M65:** 1. John MacDermott IRL (G) 49.98; 2. Derek Wardle VAC 53.96; **M70:** Barry Ferguson VAC 57.20; **M75:** 1. Tony Bowman NVAC 59.36; 2. Donald Chambers AUS (G) 59.43; **W50:** 1. Gaye Clarke EVAC 52.58; 2. Lesley Willis MMAC 54.95; **W55:** 1. Jane Horder MMAC 49.00 (**WORLD RECORD**); 2. Carole Filer EVAC 52.65; **W60:** 1. Emily McMahon VAC 59.28 (**CBP**); 2. Sally Hine MMAC 62.09;

Long Jump

MASTERS ATHLETICS AUTUMN 2012.

M35: 1. Stephen Lake SCVAC 5.75; 2. Stuart Channon VAC 5.51; 3. James Danobrega EVAC 5.41; **M40:** 1. Mark Lawrence MMAC 6.31; 2. Neil Lincoln SCVAC 6.13; 3. Alec Taylor EVAC 4.65; 4. Ed Saunders MMAC 4.17; **M45** (a) 1. Ian Allen SWVAC 6.09 (0.0); 2. Christopher Ashmore MMAC 5.31 (0.1); 3. G Reddington SCVAC 5.06 (0.0); 4. Alan Easey VAC 5.02 (-1.5); 5. Alan Hough NVAC 4.34w; **M50:** 1. Paul Guest SWVAC 5.63; 2. Ian Worrall OPEN 5.35; 3. Kenneth Lyon SVHC 5.21; 4. Stephen Langford SCVAC 5.09; 5. Allan Leiper SCVAC 4.91; 6. Keith Powell WMAA 4.67; 7. Ken Moncrieff SVHC 4.57; 8. Pete Stepany SCVAC 4.28; **M55:** 1. Trevor Wade SCVAC 5.11; 2. Ken Jackson SWVAC 4.79; **M60** (a) 1. David Robinson NVAC 4.58w; 2. Rashpal Singh MMAC 4.48 (1.1); 3. William Lonsdale SVHC 4.44w; **M65:** 1. John Charlton NVAC 5.02(1.4) (**BRITISH RECORD**); 2. Derek Wardle VAC 4.37 (0.0); 3. Lawrie Dunn MMAC 4.18 (0.6); **M70:** 1. Michael Dugan SWVAC 4.10 (1.6); 2. Padraig Maye IRL (G) 3.84 (1.0); 3. Jim O'Shea IRL (G) 3.82 (1.3); 4. Collin Green MMAC 3.67 (0.9); 5. John Howe WMAA 3.24 (1.5); 6. Jhalman Singh MMAC 2.98 (2.0); **M75:** 1. Donald Chambers AUS (G) 3.76 (0.0); 2. John Evans MMAC 3.49 (0.1); 3. Gerald Wilkinson VAC 3.25 (1.0); 4. Trevor Driver NVAC 3.18w; **M80:** 1. Geoffrey Feast VAC 2.94 (1.0); 2. Cliff Taylor VAC 2.63 (-0.3); **W35:** 1. Helen Channon VAC 5.48 (0.0); 2. Stacy McGovern EVAC 5.19 (0.0); 3. Fiona Davidson SVHC 4.78 (1.4); 4. Natasha Brunning OPEN 4.70 (0.0); 5. Lana Gillard EVAC 4.53 (1.5); **W45:** 1. Wendy Laing NVAC 4.68 (0.0); 2. Melanie Garland MMAC 4.34 (0.0); 3. Alison Duke SCVAC 4.11 (0.8); **W50:** 1. Averil McClelland NVAC 4.41 (1.9); 2. Gaye Clarke EVAC 4.21 (0.2); 3. Janice Hardcastle EVAC 4.12 (1.4); 4. Mandy Rowley-Jones SCVAC 4.06 (0.3); 5. Clare St John Coleman WMAA 3.61 (1.3); **W55:** 1. Tilly Jacobs NDL (G) 4.70 (0.0); 2. Carole Filer EVAC 4.56 (0.0); 3. Cathy Lyon-Green MMAC 2.77 (1.5); **W60:** 1. Jean Fail MMAC 4.05 (**BRITISH RECORD**); 2. Lyn Ahmet SCVAC 3.28; 3. Sally Hine MMAC 3.15; 4. Linda Harrison SCVAC 2.54; **W75:** Anne Martin EVAC 2.71 (0.0) (**CBP**);

Triple Jump

M35: Stephen Lake SCVAC 12.72 (1.3); **M40:** 1. Neil Lincoln SCVAC 12.14 (0.0); **M45:** 1. Ian Allen SWVAC 12.57 (0.8); 2. Christopher Ashmore MMAC 10.55 (0.0); 3. Leeroy Golding NVAC 10.39 (-0.6); **M50:** 1. Albert Earle MMAC 11.36 (0.0); 2. Paul Guest SWVAC 10.79 (-0.6); 3. Kenneth Lyon SVHC 10.69 (0.8); 4. Dave Shields WMAA 9.64 (0.0); **M55:** Trevor Wade SCVAC 10.04 (0.8); **M60:** 1. David Folgate EVAC 10.90 (1.0); 2. Ian Reeve EVAC 9.88 (1.3); 3. William Lonsdale SVHC 9.35 (0.3); 4. David Robinson NVAC 9.13 (0.0); 5. Rashpal Singh MMAC 8.46w; **M65:** 1. Allan Cheers WMAA 9.01w; 2. Brian Loten SWVAC 6.09 (0.0); **M70:** 1. Padraig Maye IRL (G) 8.43 (1.9); 2. Collin Green MMAC 7.86 (-1.1); **M75:** 1. Tony Crocker MMAC 7.94 (1.3); 2. Donald Chambers AUS (G) 7.76 (-0.3); 3. John Evans MMAC 7.42 (0.3); 4. Trevor Driver NVAC 7.24 (0.0); **W35:** Fiona Davidson SVHC 10.74 (0.0); **W40:** Jacqueline Breslin SCVAC 8.00w; **W45:** Melanie Garland MMAC 8.26 (-0.4); **W50:** 1. Janice Pryce MMAC 9.92 (-0.7) (**BRITISH RECORD**); 2. Mandy Rowley-Jones SCVAC 8.68 (0.4); 3. Janice Hardcastle EVAC 8.02 (-0.4); 4. Clare St John Coleman WMAA 7.59w; **W55:** 1. Lucy Moore-Fox IRL (G) 8.13w; 2. Cathy Lyon-Green MMAC 6.26 (0.1); **W60:** 1. Jean Fail MMAC 8.33 (0.0); (**CBP**); 2. Lyn Ahmet SCVAC 7.37 (1.9); 3. Linda Harrison SCVAC 5.42 (-0.10); **W65:** Marlene Simmonds EVAC 7.85 (0.0); **W75:** Anne Martin EVAC 6.13 (-0.5) (**CBP**);

High Jump

M40: 1. Andrew England NVAC 1.75; 2. Ian Gidley MMAC 1.70; 3. Julian Freeman EVAC 1.55; 4. Alec Taylor EVAC 1.50; **M45:** 1. Ian Allen SWVAC 1.78; 2. Steve Linsell NVAC 1.78; 3. Mark Roach SWVAC 1.60; 4. Alan Hough NVAC 1.50; **M50:** 1. Ken Moncrieff SVHC 1.55; 2. Allan Leiper SCVAC 1.50; **M55:** 1. Martyn Jones SWVAC 1.50; 2. Duncan Talbot SCVAC & Trevor Wade SCVAC 1.45; 4. David Blunt SCVAC 1.45; 5. Paul Askew MMAC 1.40; 6. Colin Hague SWVAC 1.40; **M60:** 1. Ian Reeve EVAC 1.44; 2. William Lonsdale SVHC 1.38; 3. Michael Goodall VAC 1.35; 4. Geoffrey Kitchener VAC 1.30; **M65:** 1. Edward Wagner NVAC 1.24; 2. Allan Cheers WMAA 1.21; **M70:** 1. Jim O'Shea IRL (G) 1.30; 2. Collin Green MMAC 1.24; 3. James Sloan SVHC 1.21; **M75:** 1. Tony Crocker MMAC 1.32 (**CBP**); 2. Collin Shafto NVAC 1.24; 3. Trevor Driver NVAC 1.12; 4. Donald Chambers AUS (G) 1.03; **M80:** Cliff Taylor VAC 1.03; **W45:** 1. Wendy Laing NVAC 1.55; 2. Melanie Garland MMAC 1.35; 3. Carol Iggleden SCVAC 1.30; **W50:** 1. Gaye Clarke EVAC 1.39 (**CBP**); 2. Hazel Barker NVAC 1.30; 3. Janice Hardcastle EVAC 1.27; 4. Mandy Rowley-Jones SCVAC 1.24; **W55:** Carole Filer EVAC 1.42 (**BRITISH RECORD**); **W60:** Pam Garvey MMAC 1.21; **W75:** Rosemary Chimes MMAC 1.15 (**CBP**);

Pole Vault

M35: 1. Chris Mills SCVAC 4.51 (**CBP**); 2. Greg Conlon OPEN 4.00; 3. Stuart Richards SWVAC 3.00; **M40:** Craig Timmings VAC 3.00; **M45:** 1. Mark Johnson NVAC 4.20; 2. John Andrews SCVAC 3.90; 3. Alan Easey VAC 3.20; 4. Andrew Wilkinson MMAC 3.20; 5. Andy Del nevo SCVAC 2.80; **M50:** 1. Allan Leiper SCVAC 3.20; 2. Wayne Martin SCVAC 2.90; **M55:** David Blunt SCVAC 3.20; **M60:** Michael Goodall VAC 2.90; **M65:** 1. John Charlton NVAC 2.60; 2. John Bradley MMAC 2.50; 3. Brian Loten SWVAC 2.00; **M70:** 1. John Howe WMAA 2.40; 2. Brian Harlick SCVAC 2.20; **M75:** Donald Chambers AUS (G) 1.90; **W35:** 1. Elizabeth Hughes SCVAC 3.20; 2. Natasha Brunning OPEN 2.90; **W45:** 1. Alison Duke SCVAC 2.50; 2. Carol Iggleden SCVAC 1.90; **W50:** 1. Janet Lyon SVHC 2.60; 2. Debbie Singleton VAC 2.30; **W55:** 1. Sue Yeomans SCVAC 2.60; 2. Jennifer Ibbitson NVAC 2.60;

Shot Putt

M35: 1. Steve Timmings SCVAC 13.67; 2. Ken Baker EVAC 13.14; 3. Stuart Thurgood EVAC 12.43; 4. Graeme Ferguson OPEN 12.35; **M40:** 1. Gintas Degutis LIT (G) 16.02 (**CBP**); 2. John Twiddle NVAC 12.38; 3. David Locke MMAC 11.88; **M45:** 1. John Nicholls NVAC 14.08; 2. Steve Whyte EVAC 13.77; 3. David Burrell EVAC 12.36; 4. Alan Hough NVAC 10.44; 5. Dave Brown NVAC 10.29; 6. Dave Bauer EVAC 9.91; **M50:** 1. Bob Broadbridge SWVAC 13.28; 2. Allan Leiper SCVAC 12.21; 3. John Moreland MMAC 11.98; 4. Glyndwr Pugh WMAA 11.23; **M55:** 1. David Abernethy NVAC 12.96; 2. Robert Hanbury-Brown AUS (G) 11.03; 3. Malcolm Pell MMAC 10.41; 4. Andrew AtkinsonHowatt AUS (G) 9.96; 5. John Birkett SVHC 9.65; 6. Tim SaundersMullin SCVAC 9.49; 7. Andrew Mitchell OPEN 8.94; **M60:** 1. Anthony Richards VAC 12.81; 2. Neil Griffin SCVAC 12.73; 3. Ron Jones MMAC 10.52; 4. John Wild VAA-NE 9.71; 5. Philip Bramford EVAC 9.46; 6. Allan Webb SWVAC 8.24; **M65:** 1. Mike Hazlewood NVAC 11.55; 2. Barry Hawksworth MMAC 10.51; 3. Richard Jegou MMAC 9.87; 4. Edward Wagner NVAC 9.20; 5. Bob Richards EVAC 9.05; 6. David Kuester VAC 8.53; **M70:** 1. Garry Negus SCVAC 12.49 (**CBP**); 2. Eric Barker SCVAC 10.93; 3. James Sloan SVHC 10.72; 4. Michael Draycott NVAC 10.45; 5. John Iddon NVAC 9.95; 6. Jack Kee EVAC 9.75; 7. Brian Harlick SCVAC 8.95; 8. Jhalman Singh MMAC 7.90; **M75:** 1. Ian Miller EVAC 10.26; 2. Brian Sumner MMAC 8.88; 3. Donald Chambers AUS (G) 8.80; 4. Trevor Driver NVAC 8.40; 5. Michael McGarry IRL (G) 7.92; 6. Brian Webb WMAA 7.06; **M80:** Cliff Taylor VAC 9.24 (**BRITISH RECORD**); **W35:** 1. Nicola Baker OPEN 10.19; 2. Sarah Hewitt SCVAC 9.29; 3. Catherine Alford WMAA 8.81; 4. Nicola Long MMAC 5.96; **W40** (a) 1. Louise Oliver MMAC 10.31; 2. Sue Lawrence SCVAC 9.93; 3. Amanda Wale WMAA 9.00; **W45:** 1. Joanne Davison SCVAC 9.87; 2. Wendy Laing NVAC 9.66; 3. Julie Wilson SCVAC 8.85; **W50:** 1. Ingrid Van dijk NDL (G) 11.13; 2. Claire Cameron SVHC 10.37; 3. Hazel Barker NVAC 9.95; 4. Deborah Murch MMAC 9.73; 5. Wendy Dunsford SCVAC 8.98; 6. Angela Morgan SCVAC 8.03; 7. Dorothy Rubery EVAC 5.62; **W55** (a) 1. Jennifer Ibbitson NVAC 11.06; 2. Sue Dassie SCVAC 8.64; 3. Fiona Crompton NVAC 8.40; 4. Lucy Moore-Fox IRL (G) 8.18; **W60:** 1. Mo Pearson SWVAC

8.92; 2. Anthea Bramford EVAC 6.59; **W65:** Liz Sissons SCVAC 9.44; **W75:** 1. Rosemary Chimes MMAC 9.31; 2. Anne Martin EVAC 7.59;



Neil Griffin

Discus

M35 (a) 1. Steve Timmings SCVAC 38.03; 2. Andrew Rutland VAA-NE 36.84; **M40** 1. Perriss Wilkins MMAC 44.43; 2. Paul Smith MMAC 23.55; 3. Ed Saunders MMAC 23.05; **M45:** 1. Dave Bauer EVAC 37.87; 2. Richard Buckingham VAC 35.32; 3. Dave Brown NVAC 30.19; 4. Alan Hough NVAC 27.85; **M50:** 1. John Moreland MMAC 47.43; 2. Bob Broadbridge SWVAC 42.29; 3. J.J. Drzewiecki SCVAC 40.04; 4. Allan Leiper SCVAC 37.29; 5. Graham Middleton MMAC 37.19; 6. Dave Stokes WMAA 35.95; 7. Glyndwr Pugh WMAA 33.75; 8. Brian Slaughter VAC 33.51; 9. Peter Wishart SCVAC 32.20; **M55:** 1. David Abernethy NVAC 44.43; 2. Robert Hanbury-Brown AUS (G) 37.02; 3. Andrew AtkinsonHowatt AUS (G) 35.38; 4. Malcolm Pell MMAC 32.74; 5. John Turner EVAC 32.32; 6. Michael Bale SCVAC 27.86; 7. Tim SaundersMullin SCVAC 24.15; 8. John Birkett SVHC 23.58; **M60:** 1. Neil Griffin SCVAC 47.38; 2. Michael Ferne SCVAC 43.15; 3. John Wild VAA-NE 39.72; 4. Anthony Richards VAC 39.12; 5. Ron Jones MMAC 35.76; 6. Philip Bramford EVAC 32.64; 7. Allan Webb SWVAC 29.11; 8. John Davies WMAA 27.95; 9. Surjit Singh MMAC 21.88; **M65:** 1. Barry Hawksworth MMAC 43.17; 2. Mike Hazlewood NVAC 41.68; 3. Ian Bowles MMAC 38.15; 4. Bob Richards EVAC 35.02; 5. Richard Jegou MMAC 32.07; 6. David Kuester VAC 31.24; **M70:** 1. John Watts NVAC 39.33 (**CBP**); 2. Swaran Singh IND (G) 39.01; 3. Grayham Smith NVAC 34.51; 4. James Sloan SVHC 34.11; 5. Brian Harlick SCVAC 31.66; 6. Patsy Conboy IRL (G) 24.99; 7. John Iddon NVAC 24.87; **M75:** 1. Colin Brand SCVAC 30.27; 2. Michael McGarry IRL (G) 25.33; 3. Trevor Driver NVAC 24.90; 4. Hamilton Thomas VAC 24.06; 5. Donald Chambers AUS (G) 20.65; **M80:** 1. Cliff Taylor VAC 17.84; **W35:** 1. Andrea Jenkins EVAC 39.73; 2. Sarah Hewitt SCVAC 36.38; 3. Nicola Baker OPEN 36.33; 4. Jacqueline Cherry SCVAC 29.62; 5. Sarah Wilkins NVAC 27.64; **W40:** Sue Lawrence SCVAC 33.14; **W45:** 1. Maureen Glanton IRL (G) 33.81; 2. Julie Wilson SCVAC 32.46; **W50:** 1. Ingrid Van dijk NDL (G) 35.32; 2. Claire Cameron SVHC 33.73; 3. Debbie Singleton VAC 24.42; 4. Wendy Dunsford SCVAC 23.86; 5. Julie Wakelam MMAC 22.31; **W55:** Fiona Crompton NVAC 19.55; **W60:** 1. Mo Pearson SWVAC 23.80; 2. Linda Riddale NVAC 16.57; 3. Anthea Bramford EVAC 15.44; **W65:** Liz Sissons SCVAC 21.81; **W70:** Evaun Williams SCVAC 24.67; **W75:** Rosemary Chimes MMAC 26.60;

Javelin

M35: 1. Dave Sketchley EVAC 60.76 (**CBP**); 2. Simon Bennett SWVAC 58.68; 3. Steve Timmings SCVAC 42.00; 4. Stuart Richards SWVAC 37.22; **M40:** 1. Mike van den Dobbeld NDL (G) 50.40; 2. Ed Saunders MMAC 35.43; **M45:** 1. Jose Phillips OPEN 47.19; 2. Alan Hough NVAC 42.97; 3. Dave Brown NVAC 39.47; 4. Steve Barnett EVAC 38.29; **M50:** 1. Kevin Murch MMAC 56.40 (**CBP**); 2. Stephen Langdon SCVAC 47.82; 3. Allan Leiper SCVAC 40.70; **M55:** 1. John Fenton SCVAC 46.51; 2. Andrew AtkinsonHowatt AUS (G) 45.12; 3. Robert Hanbury-Brown AUS (G) 41.45; 4. Malcolm Pell MMAC 39.88; 5. Peter Cote MMAC 30.67; **M60:** 1. Anthony Richards VAC 36.37; 2. Chris Arnold SCVAC 35.61; 3. Philip Bramford EVAC 32.81; 4. John Davies WMAA 32.16; 5. John Wild VAA-NE 30.85; 6. Allan Webb SWVAC 24.57; **M65:** 1. Mike Hazlewood NVAC 40.08; 2. Barry Hawksworth MMAC 38.41; 3. Bob Richards EVAC 35.00; 4. David Kuester VAC 33.67; 5. Peter Daw SWVAC 29.45; **M70:** 1. James Sloan SVHC 32.90; 2. Grayham Smith NVAC 32.74; 3. David Price MMAC 29.94; 4. John Iddon NVAC 24.07; 5. Brian Harlick SCVAC 19.82; **M75:** 1. Colin Brand SCVAC 29.32; 2. Trevor Driver NVAC 27.42; 3. Brian Webb WMAA 20.63; 4. Donald Chambers AUS (G) 18.88; **M80:** Cliff Taylor VAC 20.37; **W40:** 1. Louise Oliver MMAC 31.38; 2. Sue Lawrence SCVAC 28.95; 3. Karen Addis MMAC 26.41; **W45:** 1. Caroline Garratt VAC 37.14 (**CBP**); 2. Julie Wilson SCVAC 24.94; **W50:** 1. Julie Wakelam MMAC 24.59; 2. Mandy Rowley-Jones SCVAC 20.86; **W55:** Fiona Crompton NVAC 18.69; **W60:** 1. Jean Fail MMAC 17.86; 2. Linda Harrison SCVAC 14.71; 3. Anthea Bramford EVAC 9.95; **W65:** Liz Sissons SCVAC 24.69; **W70:** Evaun Williams SCVAC 28.70;

Hammer

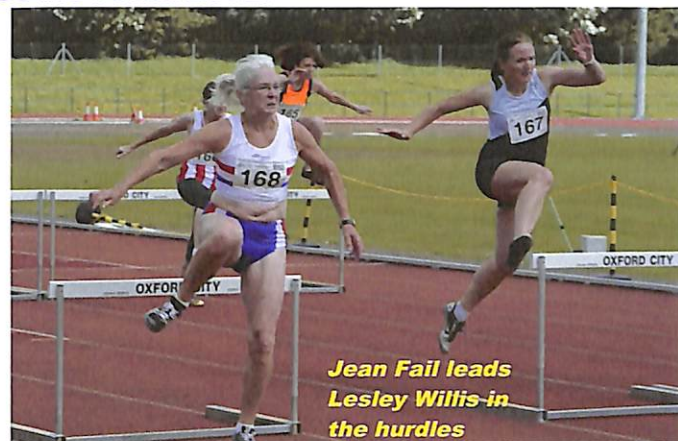
M35: 1. Simon Bown EVAC 61.87 (**CBP**); 2. Stuart Thurgood EVAC 56.59; 3. Steve Timmings SCVAC 47.08; **M40:** 1. Graham Holder WMAA 55.11; 2. Matthew Spicer OPEN 46.45; 3. John Twiddle NVAC 38.36; **M45:** 1. John Pearson MMAC 60.13 (**CBP**); 2. Steve Whyte EVAC 51.18; 3. David Burrell EVAC 49.98; 4. Dave Bauer EVAC 32.47; 5. Dave Brown NVAC 29.52; **M50:** 1. Martin Roberts MMAC 50.88; 2. Bob Broadbridge SWVAC 49.49; 3. Chris Privett SCVAC 48.19; 4. John Moreland MMAC 41.23; 5. Darren Gibson NVAC 40.86; 6. Graham Middleton MMAC 40.55; 7. Glyndwr Pugh WMAA 39.48; **M55:** 1. Malcolm Fenton EVAC 47.08; 2. David Maggs VAA-NE 44.02; 3. David Abernethy NVAC 40.02; 4. Robert Hanbury-Brown AUS (G) 38.47; 5. Clive Howell MMAC 36.43; 6. Ian Cooley VAC 36.20; 7. Andrew Mitchell OPEN 34.86; 8. Andrew AtkinsonHowatt AUS (G) 31.44; 9. Michael Bale SCVAC 30.47; 10. Tim SaundersMullin SCVAC 28.64; **M60:** 1. Neil Griffin SCVAC 41.83; 2. John Wild VAA-NE 38.72; 3. Clive Thomson SCVAC 37.03; 4. Ron Jones MMAC 30.38; 5. Philip Bramford EVAC 28.12; 6. Allan Webb SWVAC 25.65; **M65:** 1. Barry Hawksworth MMAC 44.13; 2. Mike Hazlewood NVAC 39.96; 3. David Kuester VAC 30.08; 4. Richard Jegou MMAC 27.23; **M70:** 1. Bill Gentleman NVAC 46.90; 2. Jack Kee EVAC 46.37; 3. Eric Barker SCVAC 41.86; 4. Garry Negus SCVAC 35.34; 5. Patsy Conboy IRL (G) 33.55; 6. Brian Harlick SCVAC 31.98; **M75:** 1. Ian Miller EVAC 31.61; 2. Brian Sumner MMAC 30.72; 3. Hamilton Thomas VAC 29.61; **M80:** 1. Cliff Taylor VAC 28.93 (**CBP**); 2. Graham Roberts MMAC 25.38; **W35:** 1. Andrea Jenkins EVAC 51.20 (**CBP**); 2. Krisztina Black SCVAC 34.85; 3. Sarah Hewitt SCVAC 32.30; 4. Catherine Alford WMAA 31.20; 5. Odette McHenry VAC 29.55; 6. Nicola Long MMAC 22.56; **W40:** 1. Sue Lawrence SCVAC 35.93; **W45:** 1. Joanne Davison SCVAC 44.36 (**CBP**); 2. Marion Loveridge MMAC 37.34; 3. Maureen Glanton IRL (G) 36.16; 4. Julie Wilson SCVAC 31.72; **W50:** 1. Ingrid Van dijk

MASTERS ATHLETICS AUTUMN 2012.

NDL (G) 47.68 (CBP): 2.Diane Smith NVAC 41.98; 3.Deborah Murch MMAC 33.70; 4.Claire Cameron SVHC 31.66; 5.Jacqueline Porter MMAC 30.82; 6.Julie Wakelam MMAC 29.65; 7.Wendy Dunsford SCVAC 29.41; 8.Karen Jones SWVAC 29.21; 9.Brenda Russell EVAC 27.60; 10.Angela Morgan SCVAC 27.48; 11.Dorothy Rubery EVAC 26.79; **W55**: 1.Jennifer Ibbitson NVAC 39.11; 2.Lucy Moore-Fox IRL (G) 29.40; 3.Renate Prells WMAA 27.03; 4.Pat Higgins MMAC 27.03; 5.Fiona Crompton NVAC 23.68; **W60**: 1.Linda Ridsdale NVAC 27.22; 2.Anthea Bramford EVAC 27.13; 3.Linda Harrison SCVAC 18.79; **W65**: 1.Rosemary Hutton SWVAC 28.37; 2.Liz Sissons SCVAC 27.40; **W70**: Evaun Williams SCVAC 33.07; **W75**: Rosemary Chirnes MMAC 23.91;

Weight

M35: 1.Simon Bown EVAC 16.87; 2.Stuart Thurgood EVAC 16.21; 3.Steve Timmins SCVAC 13.04; 4.Graeme Ferguson OPEN 9.74; **M40**: 1.Graham Holder WMAA 15.40; 2.John Twiddle NVAC 10.43; 3.Paul Smith MMAC 6.89; **M45**: 1.John Pearson MMAC 17.43; 2.Steve Whyte EVAC 15.99; 3.David Burrell EVAC 15.02; 4.Dave Bauer EVAC 10.28; 5.Dave Brown NVAC 9.35; **M50**: 1.Bob Broadbridge SWVAC 17.21; 2.Chris Privett SCVAC 16.42; 3.John Moreland MMAC 15.17; 4.Martin Roberts MMAC 14.81; 5.Glyndwr Pugh WMAA 12.26; 6.Mike Burling EVAC 11.56; **M55**: 1.Robert Hanbury-Brown AUS (G) 14.66; 2.David Maggs VAA-NE 13.73; 3.Clive Howell MMAC 13.70; 4.Ian Cooley NVAC 12.50; 5.Michael Bale SCVAC 12.00; 6.Tim Saunders Mullin SCVAC 11.26; 7.Andrew Atkinson Howatt AUS (G) 10.33; **M60**: 1.Neil Griffin SCVAC 15.31; 2.Clive Thomson SCVAC 13.93; 3.John Wild VAA-NE 12.59; 4.Philip Bramford EVAC 9.63; 5.Allan Webb SWVAC 8.57; **M65**: 1.Barry Hawksworth MMAC 18.26 (**BRITISH RECORD**); 2.Mike Hazlewood NVAC 17.02; 3.David Kuester VAC 12.97; 4.Richard Jegou MMAC 10.34; **M70**: 1.Bill Gentleman NVAC 16.97; 2.Jack Kee EVAC 16.91; 3.Garry Negus SCVAC 15.82; 4.Eric Barker SCVAC 15.37; 5.Patsy Conboy IRL (G) 12.99; 6.Brian Harlick SCVAC 10.90; **M75**: 1.Ian Miller EVAC 12.77; 2.Hamilton Thomas VAC 12.02; 3.Donald Chambers AUS (G) 11.09; **M80**: Graham Roberts MMAC 11.81 (**BRITISH RECORD**); **W35**: 1.Andrea Jenkins EVAC 15.78 (CBP); 2.Sarah Hewitt SCVAC 10.32; 3.Krisztina Black SCVAC 9.78; 4.Catherine Alford WMAA 9.20; 5.Nicola Long MMAC 6.13; **W40**: Sue Lawrence SCVAC 12.56; **W45**: 1.Joanne Davison SCVAC 12.62; 2.Maureen Glanton IRL (G) 10.75; 3.Julie Wilson SCVAC 10.08; **W50**: 1.Ingrid Van dijk NDL (G) 15.30 (CBP); 2.Claire Cameron SVHC 11.04; 3.Wendy Dunsford SCVAC 9.97; 4.Brenda Russell EVAC 9.15; 5.Angela Morgan SCVAC 8.83; **W55**: 1.Jennifer Ibbitson NVAC 12.07 (CBP); 2.Renate Prells WMAA 10.40; 3.Lucy Moore-Fox IRL (G) 10.30; 4.Pat Higgins MMAC 9.17; 5.Fiona Crompton NVAC 8.50; **W60**: 1.Anthea Bramford EVAC 8.92; 2.Linda Harrison SCVAC 8.50; **W65**: 1.Liz Sissons SCVAC 11.50; 2.Rosemary Hutton SWVAC 10.96;



**Jean Fail leads
Lesley Willis in
the hurdles**

Jean Fail (W60) in the Heptathlon won with by far the highest Heptathlon score with 4557 points thereby retaining the Tony Rawlins trophy.

In M50 Brian Slaughter and Noel Ruebel (USA) had a great battle for gold with Brian prevailing with 6438 to 6226 points.

Cliff Taylor now competing in M80 narrowly missed the UK record with an excellent score of 4525.

BMAF Decathlon/Heptathlon Championship 4/5th August (Incorporating the GB/USA Combined Events Challenge) Words: Bruce Charles. Pictures: Tom Phillips.

It was great once more to welcome to Oxford ten American athletes to compete in the Challenge and the bonus was winning back the Transatlantic Trophy by a margin of 5000 points.

Day 1 saw better than expected weather whilst Day 2 was made difficult for both athletes and particularly the officials by repeated torrential downpours. The Pole Vault in particular affected.



Despite the weather there were some excellent performances particularly from Ian Reeve in winning M60 with 6767 points which also won him the John Clark cup. At the end of Day 1 John Charlton (M65) had run up a massive score of 3937 points but then had to retire through injury at the start of Day 2.



**Alison
Wood
(USA)
leads
Jess
Collins &
Ruth
Bird**

We had four ladies competing in the Decathlon and the outstanding performance came from Alison Wood (USA) who in scoring 4875 in W35 set a new US record. This included an impressive 1.60cm High Jump.



**Richard
Buckingham**

Our US visitors were delighted with the meeting and even more impressed with the hospitality of the Host Families and our thanks must go out to the Host Families who worked so hard to make this happen.

In the Women's 10,000 metres Angela Copson set a new World Record of 41:40.27 for the 25 lap race.

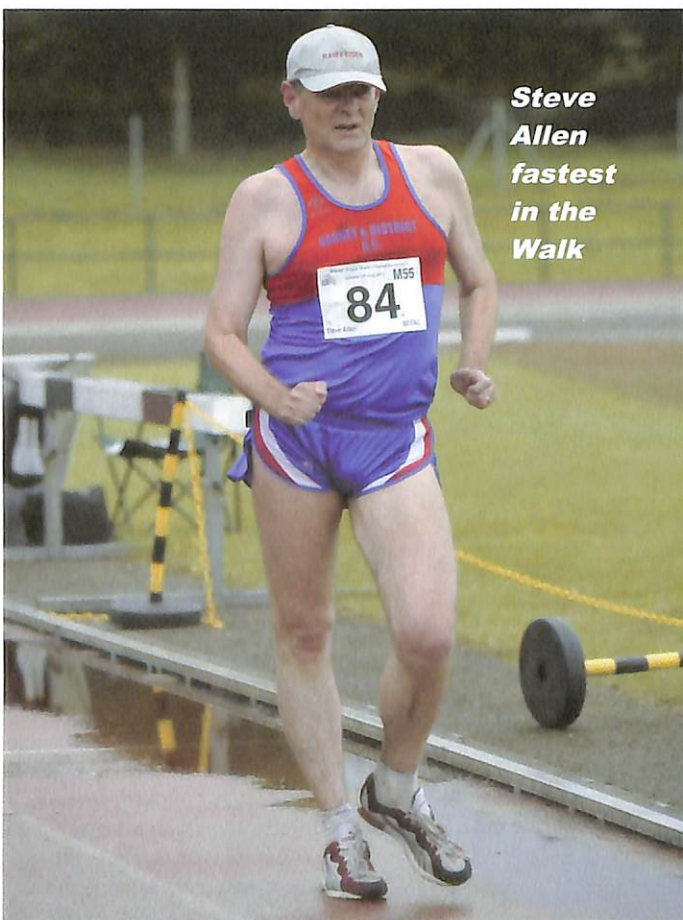
10000 metres

Mike Aldridge & Andy Peet in the 10,000.



M35: 1. Michael Aldridge MMAC 32-42.73 (CBP); 2. David Thompson NVAC 33-31.64; 3. Mark Dowson OPEN 37-03.83; **M40:** 1. Ian Johnston SVHC 33-35.52; 2. Huw Evans WMAA 34-01.05; 3. Tim Topper EVAC 34-23.50; 4. Grant Ramsay SVHC 34-48.52; 5. Andy Peet WMAA 35-49.64; 6. Adrian Copp EVAC 36-13.47; 7. Paul Lester MMAC 37-06.43; 8. Martyn Brunt MMAC 37-29.08; **M45:** 1. Simon Wright NVAC 33-26.28; 2. Julian Richardson SCVAC 34-09.47; 3. Stuart McVay VAC 34-11.51; 4. Alan Turnbull EVAC 35-39.80; **M50:** 1. Guy Bracken VAA-NE 33-37.48; 2. Tony Tuohy VAC 35-11.05; 3. Robert Sheen MMAC 35-19.03; 4. Michael Bridgeland EVAC 35-35.34; 5. Colin Ridley EVAC 35-55.09; 6. Robert Fox MMAC 37-05.34; 7. Howard Andersen MMAC 37-07.52; 8. Ronald Robinson MMAC 37-27.45; **M55:** 1. David Butler EVAC 34-53.21; 2. Brian Green MMAC 36-34.64; 3. Kevin Newman NVAC 36-42.53; 4. Mick Page NVAC 39-16.09; 5. Michael Ede MMAC 40-12.69; 6. Ian Wright SWVAC 41-21.66; 7. Keith Donald MMAC 41-45.58; **M60:** 1. David Oxland MMAC 37-16.53; 2. Stewart Thorp SCVAC 38-16.85; 3. Anthony Lintern SCVAC 39-47.58; 4. Ian Snow SWVAC 40-21.00; 5. Peter Hamilton SWVAC 40-28.73; 6. Adrian Lloyd MMAC 45-45.70; **M65:** 1. Martin Ford MMAC 39-12.74; 2. Peter Young SWVAC 39-15.01; 3. Geoff Newton SCVAC 41-03.50; 4. David Beattie SCVAC 41-26.34; 5. Peter Giles VAC 42-21.06; 6. Alan Davidson VAC 47-48.41; **M70:** 1. John Batchelor VAC 42-48.09; 2. Roger Wilson MMAC 45-02.62; 3. George Tunnell VAC 48-12.96; **M75:** Edmond Simpson VAC 48-07.90; **W35:** Kaeti Mackenzie EVAC 38-09.04; **W40:** Wendy King EVAC 39-27.47; **W45:** 1. Jayne Baldwin NVAC 40-07.20; 2. Sharon Hawkins SCVAC 40-12.33; 3. Helen Grant EVAC 41-53.52; 4. Christine Anthony EVAC 42-35.57; 5. Nichola Atkins VAC 49-15.62; **W50:** 1. Joanna Thompson SWVAC 37-51.35; 2. Monica Williamson MMAC 40-12.72; 3. Diane Farmer EVAC 43-09.51; 4. Victoria Talbot SCVAC 43-44.65; 5. Yasmine Giles VAC 52-59.06; **W55:** Diane Baldwin EVAC 42-24.03; **W60:** Jane Georgiou VAC 44-12.23; **W65:** 1. Angela Copson MMAC 41-40.27 (WORLD RECORD) 2. June Johnson MMAC 49-26.79;

10000m Walk



Steve Allen fastest in the Walk

M45: Martin Slevin MMAC 63-29.40; **M50:** 1. David Bowker EVAC 66-48.30; 2. Stephen Whelan SCVAC 70-17.50; **M55:** 1. Steve Allen SCVAC 54-41.40; 2. Sean Pender VAC 66-00.30; **M60:** 1. John Hall VAC 55-29.60; 2. Ian Richards VAC 50-44.30; **M65:** Ken Bobbett

WMAA 61-41.10; **M70:** 1. Edmund Shillabeer SWVAC 61-50.10; 2. Jurgen Spencer OPEN 63-38.40; **M75:** 1. Arthur Thomson VAC 57-39.30; 2. Ron Powell SCVAC 69-24.60; 3. Bernard Hercock VAC 79-33.60; **W45:** Helen Middleton EVAC 59-39.10; **W55:** 1. Cath Duhig EVAC 62-07.90; 2. Judy Howard SCVAC 65-04.70; **W60:** Noel Blatchford SCVAC 63-54.50;

DECATHLON:

M35-39: 1. Jefferson Souza USA (12.26-6.63-12.47-1.69-53.02-15.58-36.83-3.2-40.62-5.02.10) 6249; 2. Ian Paget (12.53-6.44-10.63-1.57-58.2-17.21-29.98-3.4-33.76-5.18.50) 5272; 3. Steven Davey SCVAC (12.72-5.48-11.84-1.51-58.82-18.26-33.2-9.40-5.5-17.80) 4952; 4. Nathan Kitchen SWVAC (14.32-4.34-8.79-1.45-63.34-23.21-24.83-1.5-28.58-5.11.00) 3136; Stuart Richards SWVAC (14.17-4.75-8.31-1.45-75.13-21.48-26.32-2.6-34.46) RETD.; **M40-44:** 1. Mark Roberts SCVAC (13.15-5.68-10.81-1.6-57.81-17.5-32.76-3.3-40.36-5-23.90) 5680; 2. Lee Faulkner USA (12.98-5.32-9.05-1.6-61.45-18.49-28.1-3.3-37.22-5-42.00) 5032; 3. Andrew England NVAC (13.43-5.52-10.19-1.69-67.45-20.03-30.63-2-7-36.99-6-53.10) 4447; Nathan Baker SWVAC (13.25-5.25-8.68-1.45-0-) RETD. **M45-49:** 1. Rich Buckingham VAC (12.54-5.48-10.16-1.57-58.37-18.72-33.95-2.23-23.6-33.30) 5489; 2. Colin Christie SVHC (13.3-5.4-7.15-1.51-59.46-18.71-22.44-2.8-25.87-5-30.60) 5056; 3. Paul Flavell (13.3-4.62-8.91-1.42-58.95-19.89-21.14-2.8-29.42-5-08.80) 4975; 4. Derek Osborne WMAA (13.96-5.16-8.42-1.45-60.98-20.03-24.03-2.7-32.21-5-12.30) 4965; 5. Alan Easey VAC (13.09-5.3-7-1.18-60.54-20.58-19.62-3-1.22.35-5-42.20) 4501; 6. Derek Warm SCVAC (15.84-3-9-7.91-1.27-99.09- dnf -23.59-2.4-28.34-7-47.20) 2408; Glyn Price WMAA (13.74-4.75-9.29-1.48-66.24-19.27-24.81- nbc) RETD; Alan Hough NVAC (14-4.25-10.77- nbc -0) RETD; Mark Gray EVAC (13.95-4.63-6.69-1.39-69.1) RETD; **M50-54:** 1. Ken Moncrieff SVHC (13.56-4.72-10.14-1.51-65.01-17.82-30.36-2.5-31.4-5-57.20) 5244; 2. John Dickinson SCVAC (13.55-5.02-7.72-1.36-61.02-19.82-21.9-2.6-25.22-5-45.70) 4779; 3. Wayne Martin SCVAC (15.33-3.97-8.28-1.24-81.61-21.05-28.16-2-22.5-5-8-31.00) 3020; **M55-59:** 1. Brian Slaughter VAC (13.54-5.11-11.01-1.42-61.92-19.16-35.36-2-7-31.42-5-15.50) 6438; 2. Noel Ruebel USA (14.21-4.89-11.12-1.48-68.31-16.89-36.43-3-33.07-6-08.80) 6226; 3. Russell Jacquet USA (14.21-4.49-7.8-1.36-64.92-17.95-24.95-2-9-27.4-5-56.70) 5398; 4. Clement Leon SCVAC (13.36-4.79-8.4-1.51-61.3-20.57-22.07-2-20.55-5-49.80) 5263; 5. Brian Matthews VAC (13.55-4.62-8.36-1.33-62.58-21.72-22.03-1.9-26.36-5-38.20) 5001; 6. Robert H-Brown AUS (17.24-3.71-10.82-1.24- dnf -24.38-33.53-3-38.91- dnf) 3684; Alastair Duncan SCVAC (12.79-4.39-8.71-1.42-57.38) RETD; **M60-64:** 1. Ian Reeve EVAC (13.78-4.74-8.89-1.42-61.13-16.54-30.47-2.9-30.28-5-37.20) 6767; 2. Adrian Essex SCVAC (13.59-4.33-8.72-1.33-61.6-21.01-24.63-1.5-25.55-5-55.90) 5217; 3. Stefan Waltherman USA (15.03-4.15-9.5-1.21-71.43-22.01-31.88-1.9-31.98-6-38.10) 4772; 4. Kristian Lundby MMAC (15.46-4.33-9.03-1.27-73.87-24.27-29.35-1.8-30.95-6-44.10) 4445; 5. Rashpal Singh MMAC (14.97-4.57-7-1.1-3-77.19-21.31-19.08-17.2-20.64-6-37.50) 4168; 6. Brian Williamson WMAA (14.41-4.19-37.7-1.21-69.79-22.65-22.08-17-21.48-7-14.70) 4103; 7. William Bradley EVAC (15.46-4.3-7.9-1.1-15-71.16-22.16-25.36-1.5-24.22- dnf) 3598; 8. Harry McDonald USA (17.15-3.69-10.7-1.24-142.83- dnf -36.5-2-30.42-11-32.20) 3278; Nick Phipps SCVAC (15.3-4.15) RETD; **M65-69:** 1. John McDermott IRL (14.33-4.22-8.12-1.24-64.12-20.4-23.54-2-23.91-6-11.90) 5818; 2. Lawrie Dunn MMAC (14.81-4.4-8-27-1.24-71.13-19.97-28.3-2-26.74-6-37.00) 5679; 3. Jim Shoemaker USA (16.18-3.12-8.28-1.12-81.77-25.65-24.47-1.6-25.45-7-53.60) 3636; 4. Brian Loten SWVAC (17.97-3.33-7.58-1.06-87.75-26.03-27.13-2-24.83-7-47.80) 3436; 5. Grant Lamothe CAN (16.57-3.52-8.49-1.09-82.96- dnf -24.99-1.6-27.91-8-32.80) 3422; 6. Tom Thorne USA (19.79-3.13-7.87-1.18-210.14- dnf -23.08-1.8-26.16-32.50) 2607; John Charlton (13.82-4.96-10.67-1.3-64.39) RETD; **M70-74:** 1. David Haines SCVAC (16.28-3.95-8.56-1.24-76.36-17.34-22.11-2-21.01- dnf) 4783; **M75-79:** 1. Donald Chambers AUS (15.58-3.64-8.82-1.09-87.16-55-21.05-2-20.09- dnf) 5204; **M80-84:** 1. Cliff Taylor VAC (18.52-2.71-8.89-1.09-106.82-21.41-21.81-1.4-19.26-10-45.60) 4525; **W35-39:** Alison Wood USA (14.1-4.9-8.05-1.6-63.83-19.82-22.08-1.8-19.42-5-34.10) 4875; **W45-49:** Ruth Bird MMAC (17.17-3.7-8.4-1.18-83.49-17.52-23.63-2-21.33-7-33.30) 3811; **W65-64:** Margaret Coombe SCVAC (21.95-2.93-6.01-0.93-151.24-22.55-14.01-1.5-20.01-12-17.70) 3213;

HEPTATHLON

W45-49: 1. Sue vanHuysteen (16.16-1.27-6.8-29.4-4.06-15.3-2-31.70) 3900; 2. Monica Brown EVAC (17.05-1.3-6.87-29.91-4.03-17.6-3.18.10) 3356; 3. Jenny Phillips WMAA (18.39-1.18-6.41-32.54-3.85-13.42-2-38.00) 3124; **W50-54:** 1. Lesley Willis MMAC (15.39-1.21-8.18-31.41-4.08-13.6-2-56.10) 3952; 2. Christine Feely EVAC (19.69-1.12-6-2-32.16-3.69-14.74-2-50.90) 3147; 3. Vicky Garumukanw (17.35-1.09-5-2-34.99-3.26-6.58-3-20.90) 2424; **M60-64:** Jean Fail MMAC (14.98-1.21-7.57-33.96-4-18.53-3-55.40) 4557;

MASTERS INTER AREA CHALLENGE, SOLIHULL.

9TH SEPTEMBER 2012.

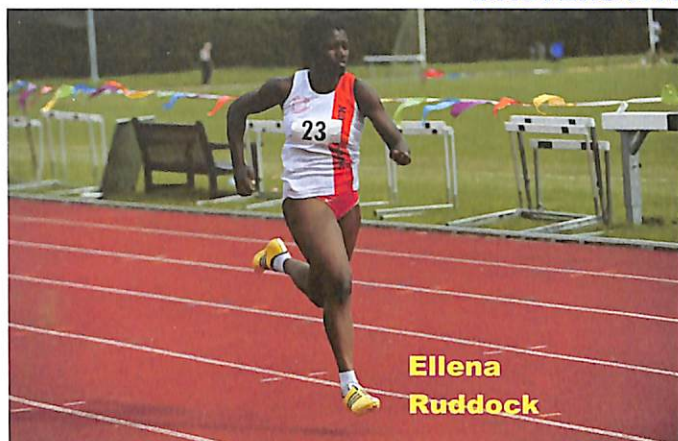
Words: Arthur Kimber

Pictures: Jeremy Hemming

This year's match took place on September 9th at Solihull, in almost ideal conditions, warm and sunny, but with some wind.

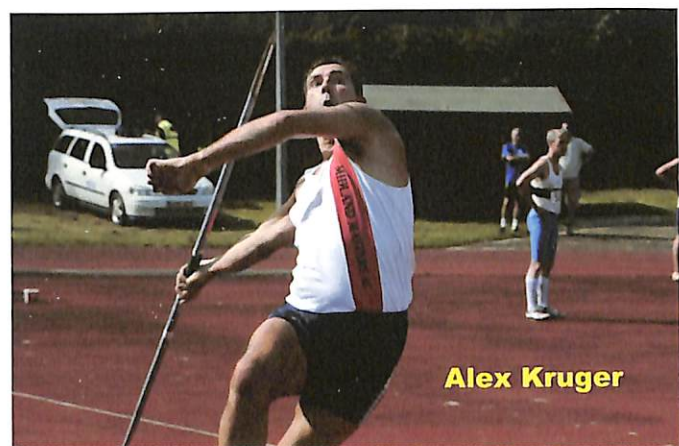
In the men's match Eastern Veterans, EVAC, Midland Masters, MMAC, and last year's winners Southern Counties Veterans, SCVAC, were all contesting top spot until in the final stages MMAC pulled away to amass 232 points, with EVAC on 213.5 and SCVAC on 201. For MMAC M60 Dave Oxland took a fine double in winning the 800m. in 2:26.4 and 1500m. in 4:53.9. He had good support from the sprinters as M35 Michael Gardiner took the 400m. in a fast 50.70 with Terry Faulkner, M70, winning the same event in 75.3 and Tony Crocker, M70, the 200m. in 32.3. MMAC took two of the 3000m. races, M35 Richard Taylor in 9:12.4 and M50 Andrew Weatherill in 9:47.7.

MASTERS ATHLETICS AUTUMN 2012.



**Ellena
Ruddock**

In the field Alex Kruger, M35, scored 18 points in the four throws, including winning the shot with 12.31 and M50 Robert Earle won long and triple jumps, 4.96 and 11.14. For EVAC M60 Ian Reeve took a high, long and sprint hurdles triple with 1.35, 4.90 and 16.6 and Rod Earle an M50 throws double, shot 13.39 and hammer an impressive 52.49. SCVAC were at their strongest in the 100m. and 200m. events with three double winners, European double champion Pat Logan, M50, predictably in 12.2 and 25.3, M35 BMAF double champion Joshua Wood in 11.2 and 22.9 and M60 Wally Franklyn in 13.1 and 26.9. M70 John Batchelor ran a very fast 5:30.1 to win the 1500m, M50 Allan Leiper also scored 18 points in four events, winning the pole vault with 3.30 and M70 Roger Bruck won both high and long jumps, 1.25 and 3.56.



Alex Kruger

In the women's match MMAC shook off the challenge from last year's winners EVAC to score 201 points to EVAC'S 177. MMAC were particularly dominant on the track where athletes from other clubs had to face W60 and W65 world record holders Nancy Hitchmough and Angela Copson. As expected Nancy easily won the 400m. and 800m., 75.2 and 3:00.2 and Angela took the 1500m. in a very fast 5:33.7. W35 Paula Richardson and W50 Karen Brooks completed the 1500m triple for MMAC with 5:00.6 and 5:17.5 and Karen added an 800m. win in 2:38.4. World Indoor double champion Ellena Ruddock, W35, sprinted to 100m. and 200m. wins, 12.4 and 25.6, while W35 Wendy Bennett and W50 Ann Wheeler took both 3000m. walks, 11:04.4 for Wendy and Ann in a faster 10:54.3. In the throws W35 Carol Parker won the shot/discus double, 11.74 and 33.78. The best efforts in the EVAC fight back came from W50 Carole Filer who scored 21.5 points in four events, including a win in the 80m. hurdles in 14.1, W50 Alison Slatcher's 200m./400m. wins, 28.3 and 64.1 and W35 Dawn Jones with a triple jump of 9.53 and high jump of 1.45. For SCVAC sprinters W50 Joan Trimble and W60 Moira West took the 100m. 14.5 and 200m. 32.2, European record holder Sue Yeomans vaulted to an expected easy victory with 2.60 while Linda Harrison, five events, Julie Wilson, Jackie Breslin and

Lyn Ahmet, each with three, all worked hard to amass the points, with Lyn winning the W60 long jump with 3.30. For Welsh Masters, WMAA, Alison Hourihan won all three W50 throws, shot 11.29, discus 31.90 and javelin 28.54.

Combining the men's and women's points MMAC were well clear of the other clubs and took home all three trophies.

POINTS	1	2	3	4	5	6
MEN	MMAC 232	EVAC 213½	SCVAC 201	WMAA 161½	VAC 89	SWVAC 72
WOMEN	MMAC 201	EVAC 177	SCVAC 146	WMAA 136	VAC 24	SWVAC 16
COMBINED	MMAC 433	EVAC 390½	SCVAC 347	WMAA 297½	VAC 113	SWVAC 88

Women 35:

100: 1 Ellena Ruddock MM 12.4 (MR); 2 Alana Slater EV 13.8; 3 Amanda Wale WM 14.4; 200: 1 Ruddock 25.6; 2 Slater 28.6; 3 Michelle Wakefield SC 30.2; 400: 1 Kelly Sutton EV 60.4; 2 Tracy Burrows SC 62.2; 3 Fiona Palmer MM 63.5; 800: 1 Lisa Palmer MM 2:24.7; 2 Sutton 2:27.9; 3 Helen Jessop WM 2:38.4; 1500: 1 Paula Richardson MM 5:00.6; 2 Sarah Davies SC 5:05.0; 3 Lisa Webb 5:07.0; 3000: 1 Louise Peters EV 11:11.5; 2 Lisa Cleary WM 12:31.3; 5000: 1 Wale 13.4; 2 Christine Taylor 15.1; 2KW: 1 Wendy Bennett MM 11:04.4; 2 Helen Middleton EV 11:14.0; 3 Suzanne Beardsmore SC 12:13.4; HJ: 1 Dawn Jones EV & Ruth Jansen WM 1.45; 3 Mel Garland MM 1.30; PV: 1 Judith Buckley MM 2.40; 2 Jackie Breslin SC 1.70; LJ: 1 Garland MM 4.44; 2 Wale 4.43; 3 Breslin 3.50; TJ: 1 Jones 9.53; 2 Christine Taylor MM 8.66; 3 Jenny Phillips WM 7.90; SP: 1 Carol Parker MM 11.74 (MR); 2 Ruth Johnson WM 9.77; 3 Julie Wilson SC 8.95; HT: 1 Marion Loveridge MM 34.76; 2 Wilson 32.50; 3 Odette McHenry VAC 28.54; DT: 1 Parker 33.78; 2 Wilson 30.63; 3 Karen Llewellyn WM 23.98; JT: 1 Jansen 30.69; 2 Karen Addis MM 24.73; 3 Jan Lawson EV 13.94; Medley: 1 MMAC 4:23.7; 2 WMAA 4:52.6; 3 EVAC 4:55.3;

Women 50:

100: 1 Joan Trimble SC 14.5; 2 Viv Bonner MM 14.6; 3 Denise Timmis EV 14.8; 200: 1 Allison Slatcher EV 28.3 (MR); 2 Jane Horder MM 29.3; 3 Sue Hooper WM 30.1; 400: 1 Slatcher EV 64.1; 2 Hooper 69.7; 800: 1 Karen Brooks MM 2:38.4; 2 Diane Baldwin EV 2:40.3; 3 A Sanders-Reece VAC 2:51.0; 1500: 1 Brooks 5:17.5; 2 Maureen McCarthy EV 5:27.3; 3 Marilyn Blair SW 5:44.2; 3000: 1 Monica Williamson MM 11:13.6; 2 Jane Coker WM 11:19.6; 3 McCarthy 11:48.9; 5000: 1 Carole Filer EV 14.1 (MR); 2KW: 1 Ann Wheeler MM 10:54.3; 2 Cath Duhig EV 11:45.8; 3 Noel Blatchford SC 12:04.0; HJ: 1 Susan Filsby MM 1.35; 2 Filer 1.30; 3 Linda Harrison SC 1.00; PV: 1 Sue Yeomans SC 2.60; 2 Filer 1.50; 3 Clare St.John-Coleman WM 1.50; LJ: 1 Timmis 4.35; 2 Yeomans 3.93; 3 St.John-Coleman 3.91; TJ: 1 Filer 8.40; 2 St.John-Coleman 7.75; SP: 1 Alison Hourihan WM 11.29 (MR); 2 Wendy Dunsford EV 8.74; 4 Karen Jones SW 7.23; DT: 1 Hourihan 31.90; 2 Julie Wakelam MM 22.89; 3 Dunsford 22.06; JT: 1 Hourihan 28.54 (MR); 2 Sandra Ingram EV 24.41; 3 Wakelam 20.19; Medley: 1 MMAC 4:44.5; 2 EVAC 4:56.7; 3 WMAA 5:58.2;

Women 60:

100: 1 Moira West SC 32.2 (MR); 2 Sally Hines MM 34.7; 3 Eva Osborne EV 44.7; 400: 1 Nancy Hitchmough 75.2; 2 Lyn Ahmet SC 85.8; 3 Rebecca Hambrook WM 1:34.0; 800: 1 Hitchmough 3:00.2; 2 Sue James 3:19.5; 3 Hambrook 3:31.2; 1500: 1 Angela Copson MM 5:33.7 (World Record W65); 2 James 6:40.1; 3 Hambrook 6:47.2; HJ: 1 Hine 1.10; Ahmet SC 1.05; LJ: 1 Ahmet 3.30; 2 Hine 3.11; 3 Ann Martin 2.70; HT: 1 Romana Martin EV 26.67 (MR); 2 Liz Sissons SC 26.89; 3 Viv Kirkland MM 20.89; SP: 1 Sissons 9.20; 2 Martin 8.74; 3 Kirkland 6.30; Medley: 1 MMAC 5:29.2; 2 SCVAC 6:12.1; 3 EVAC 7:15.9;

M35:

100: 1 Joshua Wood SC 11.2 (MR); 2 Mark Collins EV 11.3; 3 Rohan Samuel VAC 11.6; 200: 1 Wood 22.9; 2 Brian Darby MM 23.1; 3 Collins 23.2; 400: 1 Michael Gardiner MM 50.70; 2 Peter Davey SC 54.7; 3 Peter Benedickter EV 55.4; 800: 1 Matt Pyatt EV 2:07.2; 2 Brett Davis WM 2:14.9; 3 Paul Tasker 2:18.1; 1500: 1 Matt Gormin WM 4:23.2; 2 Pyatt 4:25.7; 3000: 1 Richard Taylor MM 9:12.4; 2 Steve Herring EV 10:01.6; 5000: 1 AN Other VAC 10:47.9; 110H: 1 Greg Dunson 15.8; 2 Davey 16.1; 3 Benedickter 18.6; 2KW: 1 Mark Williams MM 9:16.0; 2 Martin Ive EV 11:19.9; 3 Peter Hannell VAC 11:34.4; PV: 1 Simon eastwood EV 3.50; 2 Alex Kruger 3.30; 4 Nick Walker SW 3.30; LJ: 1 Donovan Davenport MM 5.97; 2 Keith Newton SC 5.77; 3 Ian Allen SW 5.70; HJ: 1 Allen 1.70; 2 Ian Gidley MM 1.70; 3 Davey 1.50; SP: 1 Kruger 12.31; 2 David Burrell EV 11.93; 3 Graham Holder WM 10.71; TJ: 1 Newton 12.81; 2 Davenport 11.72; 3 Paul Harrison EV 10.07; HT: 1 Holder 53.47; 2 Burrell 45.97; 3 Walker 29.03; DT: 1 Holder 38.20; 2 Burrell 37.21; 3 Kruger 36.95; JT: 1 Mark Van-der-Dobbelstee SC 50.83; 2 Burrell 43.37; 3 Jonathan Powell WM 43.26; Medley: 1 WMAA 4:10.0; 2 EVAC 4:16.7; 3 MMAC 4:29.1;

M50:

100: 1 Pat Logan SC 12.2; 2 John Browne EV 12.4; 3 Robert Allen VAC 12.7; 200: 1 Logan 25.3; 2 Browne 25.7; 3 Allen 26.0; 400: 1 Alistair Duncan SC 56.9; 2 Ray Watkins SW 57.4; 3 Ian Broadhurst WM 57.9; 800: 1 Paul Bevan WM 2:13.5; 2 John Metcalf EV 2:14.0; 3 Kevin Pye MM 2:20.2; 1500: 1 Phil Crane WM 4:23.2; 2 David Butler EV 4:35.3; 3 Robert Fox MM 4:36.9; 3000: 1 Andrew Wetherill MM 9:47.7; 2 Rob Sheen WM 9:52.8; 3 Mick Bridgeland EV 9:57.3; 5000: 1 Tennyson James EV 15.5; 2 Paul Edwards MM 15.8; 3 Allan Leiper SC 18.3; 2KW: 1 Steve Allen SC 10:14.2; 2 Glyn Jones MM 11:42.1; 3 John Taylor EV 11:53.3; HJ: 1 Mark Flannery 1.50; 2 Richard Phelan EV 1.50; 3 Leiper 1.50; PV: 1 Leiper 3.30 (MR); 2 Martin Davies WM 3.10; 3 Flannery 2.20; LJ: 1 Albert Earle MM 4.96; 2 Steve Langford SC 4.83; 3 Phelan 4.67; TJ: 1 Earle 11.14; 2 Langford SC 10.44; 3 Phelan 10.02; SP: 1 Rob Earle EV 13.39; 2 Leiper 12.39; 3 John Moorland MM 11.65; HT: 1 Earle 52.49 (MR); 2 Martin Roberts MM 47.58; 3 Leiper 29.89; DT: 1 Moreland 46.27 (MR); 2 Earle EV 45.92; 3 Dave Stokes WM 34.72; Medley: 1 WMAA 4:09.7; 2 MMAC 4:20.4; 3 EVAC 4:25.4;

M60:

100: 1 Wally Franklyn 13.1 (MR); 2 Chris Monk MM 13.5; 3 John Moore EV 13.9; 200: 1 Franklyn 26.9; 2 Moore 27.9; 3 Derek Wardle VAC 28.6; 400: 1 Chris Padmore SC 60.0; 2 Ian Reeve 61.8; 3 Wardle 63.2; 800: 1 Dave Oxland MM 2:26.4; 2 Peter Kennedy VAC 2:27.2; 3 Stewart Thorp SC 2:37.2; 1500: 1 Oxland 4:53.9; 2 Kennedy 4:55.6; 3 Thorp 5:12.6; 3000: 1 Kennedy 10:57.6; 2 Des Michael SC 11:15.2; 3 Peter Hamilton SW 11:26.6; 5000: 1 Reeve 16.6 (MR); 2 Dave Cowley MM 20.0; 2KW: 1 Shaun Lightman VAC 11:00.5; 2 Keith Richards MM 11:37.1; 3 Ken Bobbett WM 11:47.1; HJ: 1 Reeve 1.35; 2 Cowley 1.25; 3 Alan Cheers WM 1.25; LJ: 1 Reeve 4.90; 2 Franklyn 4.73; 3 Cowley 4.43; SP: 1 Tony Richards EV 12.41; 2 Barry Hawksworth MM 10.41; 3 David Kuester VAC 9.28; JT: 1 Richards 37.71; 2 Hawksworth 36.87; 3 Jon Davies WM 32.73; Medley: 1 MMAC 4:38.8; 2 SCVAC 4:59.3; 3 EVAC 5:20.2;

M70:

200: 1 Tony Crocker MM 32.3 (MR); 2 Colin Field SC 34.3; 3 John Garber EV 35.5; 400: 1 Terry Faulkner MM 75.3; 2 Bob Carter SC 88.8; 3 Richard Pitcairn-Knowles VAC 98.3; 800: 1 Garber 2:56.9; 2 Arthur Kimber SC 3:09.8; 3 Geoff Hudson SC 3:19.2; 1500: 1 John Batchelor SC 5:30.1 (MR); 2 Garber 5:58.2; 3 Louis Satterthwaite MM 6:10.1; HJ: 1 Roger Bruck 1.25; 2 Crocker 1.25; 3 Trevor Pugh WM 1.15; LJ: 1 Bruck 3.56; 2 Crocker 3.46; 3 John Evans WM 3.32; SP: 1 Bill Rees WM 7.37; 2 Bob Cater SC 5.55; Medley: 1 MMAC 5:55.3; 2 SCVAC 6:02.0;

THROWS PENTATHLON

Janet Smith, Liz Sissons and
Neil Griffin (pictures by Tom
Phillips)



Hammer, Shot, Discus, Javelin, Weight, Total

W35: 1 Catherine Alford WMAA 31.82- 597, 9.30- 506, 29.36- 471, 14.60- 206, 9.86- 539- 2319; 2 Krisztina Black SCVAC 32.54- 615, 8.42- 446, 20.91- 308, 14.00- 194, 10.22- 564, 2127; 3 Mary Davies SCVAC 28.34- 515, 7.24- 367, 20.37- 298, 16.84- 250, 9.23- 498, 1928; 4 Odette McHenry VAC 29.83-550, 6.75- 334, 23.17- 351, 7.95- 78, 9.31- 503, 1816;

W40: 1 Camilla Thrush SCVAC 32.62- 675, 10.15- 612, 29.54- 518, 21.73- 381, 10.97- 677, 2863; 2 Sue Lawrence SCVAC 29.44- 594, 9.94- 597, 27.70- 479, 25.45- 461, 11.02- 681, 2812;

W45: 1 Janet Smith SCVAC 39.58- 940, 8.16- 512, 28.57- 547, 19.04- 359, 11.29- 778, 3136; 2 Julie Wilson SCVAC 29.53- 657, 9.15- 590, 29.81- 576, 21.48- 416, 10.55- 718, 2957; 3 Joanne Davison SCVAC 0.00- 0, 9.34- 605, 31.42- 613, 23.96- 475, 12.66- 889, 2582; 4 Calarina Hallden SWVAC 31.28- 706, 7.96- 497, 23.97- 442, 14.44- 252, 9.91- 667, 2564; 5 Karen Llewellyn WMAA 26.37- 570, 8.26- 520, 24.15- 446, 19.04- 359, 8.59- 561, 2456;

W50: 1 Ingrid van Dijk **NED (Gst)** 48.89- 1218, 11.33- 813, 36.11- 800, 25.85- 552, 15.44- 1005, 4388; 2 Claire Cameron SVHC 29.98- 678, 9.85- 688, 31.92- 691, 13.88- 256, 11.15- 688, 3001; 3 Wendy Dunsford SCVAC 30.83- 702, 8.88- 608, 23.94- 489, 10.70- 179, 9.56- 572, 2550; 4 Brenda Russell EVAC 29.78- 672, 6.57- 417, 21.79- 436, 9.24- 145; 9.77- 588, 2258;

W55: 1 Lucy Moore-Fox **IRL (GST)** 28.33- 703, 8.08- 600, 14.79- 301, 18.96- 428, 10.52- 713, 2745; 2 Fiona Cromplon NVAC 22.65- 529, 8.02- 594, 18.83- 408, 18.97- 429, 8.41- 545, 2505; 3 Renale Prells **GER (GST)** 24.85- 596, 7.48- 546, 20.02- 441, 12.64- 257, 9.46- 629, 2469;

W60: 1 Anthea Bramford EVAC 24.94- 674, 6.02- 466, 14.16- 325, 11.49- 246, 7.02- 401, 2112; 2 Linda Harrison SCVAC 18.22- 449, 5.13- 380, 11.33- 243, 12.91- 287, 8.80- 532, 1891;

W65: 1 Liz Sissons SCVAC 27.63-867, 9.11-869, 19.99-573, 23.15-667, 10.80-759, 3735; 2 Barbara Terry SCVAC 21.92-653, 7.19-656, 18.39- 519, 16.25-440, 0.00-0, 2268;

W70: 1 Carole Derrien SWVAC 21.40-733, 6.06-611, 17.60-580, 12.63- 379, 8.63-655, 2958;

M35: 1 Slev Timmins SCVAC 46.13-635, 12.90-690, 39.53-666, 42.76- 490, 13.84-685, 3166; 2 Stuart Thurgood EVAC 57.41-828, 11.91-628, 35.78-590, 24.50-227, 16.25-825, 3098; 3 Neil Fitzpatrick GUEST 33.49- 423, 9.36-468, 29.55-464, 33.77-359, 11.45-546, 2260; 4 Steven Davey SCVAC 18.44-177, 11.48-600, 35.08-575, 43.29-498, 8.76-392, 2242;

M40: 1 Graham Holder WMAA 55.62-886, 10.23-569, 37.10-682, 28.97- 320, 15.00-812, 3269; 2 Darren Kerr EVAC 45.78-701, 10.17-565, 31.02- 547, 32.94-381, 14.11-756, 2950;

M45: 1 Dave Brown NVAC 29.94-465, 10.69-658, 29.22-568, 36.90- 489, 10.70-593, 2773; 2 Samuel Moylan SCVAC 28.11-428, 8.95- 531, 21.40-382, 33.80-436, 9.39-507, 2284; 3 Slev Whyte EVAC 49.81- 872, 11.89-746, 0.00-0, 0.00-0, 0.00-0, 1618;

M50: 1 Bob Broadbridge SWVAC 47.33-779, 13.46-837, 45.75-803, 35.59- 496, 17.49-927, 3842; 2 Chris Privett SCVAC 48.10-794, 11.12-669, 31.66-511, 37.79-535, 16.39-860, 3369; 3 Slev Woolley MMAC 38.36- 602, 11.76-715, 35.73-594, 34.00-467, 14.33-736, 3114; 4 Tony Tipping SCVAC 41.98-673, 12.44-764, 40.93-702, 42.46-620, 0.00-0, 2759; 5 Kim Pullen SCVAC 36.27-562, 10.48-623, 34.24-563, 26.66-338, 11.47- 566, 2652; 6 Glyndwr Pugh WMAA 39.29-621, 11.10-668, 32.26- 523, 25.34-315, 0.00-0, 2127; 7 Mike Burling EVAC 31.28-465, 7.64- 423, 21.25-304, 25.99-326, 11.54-570, 2088;

M55: 1 Malcolm Fenlon EVAC 49.60-930, 10.06-654, 34.25-624, 21.42- 280, 15.19-853, 3341; 2 Robert Hanbury-Brown **AUS (GST)** 37.79- 671, 10.66-700, 36.17-668, 34.93-540, 13.44-740, 3319; 2 David Maggs VAANE 41.25-746, 8.41- 527, 33.49-607, 29.24-429, 14.03-777, 3086; 3 Clive Howell MMAC 35.37-619, 8.27-516, 22.91-375, 20.36-261, 13.01- 712, 2483; 4 Tim Saunders-Mullins SCVAC 34.97-610, 9.02-574, 23.63- 391, 22.66-304, 10.58-557, 2436; 5 Jim Lawrence EVAC 20.97-311, 6.23- 361, 14.36-197, 17.36-205, 7.59-369, 1443; 6 Michael Bale SCVAC 30.05-504, 7.78-478, 26.49-453, 0.00-0, 0.00-0, 1435;

M60: 1 Neil Griffin SCVAC 41.75-753, 12.72-843, 50.01-936, 35.08- 583, 16.06-835, 3950; 2 John Wild VAANE 38.53-683, 10.18-649, 40.83- 734, 31.58-510, 12.99-652, 3228; 3 Ron Jones MMAC 34.82-603, 10.97- 709, 29.64-494, 30.20-481, 12.07-597, 2884; 4 John Stevens SCVAC 31.39-530, 11.21-728, 31.16-526, 30.06-478, 11.69-575, 2837; 5 John Blackwell EVAC 30.17-503, 9.61-606, 27.44-448, 24.82-371, 12.99-652, 2580; 6 Philip Bramford EVAC 26.13-418, 9.40-590, 31.77-539, 28.76-452, 10.83- 524, 2523; 7 Mick Shortland EVAC 21.37-318, 9.86-625, 28.45-469, 26.04- 396, 9.09-422, 2230; GUEST Karlis Bricis **LAT** 31.08 523 9.67 611 32.86 562 0.00 0 0.00 0 1696

M65: 1 Barry Hawksworth MMAC 40.18-824, 10.77-768, 44.72-913, 37.41- 714, 16.73-945, 4164; 2 Mike Hazlewood NVAC 38.86-792, 11.67-843, 40.44- 809, 36.63-696, 16.35-921, 4061; 3 David Kuester VAC 32.00-625, 9.51-664, 30.73-579, 30.63-557, 13.21-720, 3145; 4 Richard Jegou MMAC 25.61- 472, 9.76-684, 31.93-607, 18.18-277, 9.58-490, 2530;

M70: 1 Jack Kee EVAC 43.89-949, 9.86-684, 30.79-651, 23.62-437, 16.92- 983, 3704; 2 Brian Harlick SCVAC 32.50-662, 9.36-643, 32.69-701, 27.14-524, 12.60-699, 3229;

M75: 1 Ian Miller EVAC 33.01-793, 10.25-799, 25.31-589, 22.64- 484, 13.32- 813, 3478; 2 Colin Brand SCVAC 26.18-597, 9.85-763, 29.53-712, 29.22- 668, 7.70-422, 3162; 3 Gordon Hickey VAC 22.35-489, 8.94-681, 20.88-463, 21.24-445, 8.80-497, 2575;

18th EUROPEAN VETERANS TRACK & FIELD CHAMPIONSHIPS. 16th-25th AUGUST 2012.

Words: **Bridget Cushen.**

Pictures: **Dawn Daley-James, Louise Oliver, Alex Rotas, Zitta Press Office plus earlier pictures from Tom Phillips.**

If there is one feature that distinguishes us from other World and Regional Athletic Championships as participation rather than a mass spectator sport, it is the opportunity to compete away from the concrete jungle of major cities and travel to such varied and interesting places. The European Council made a brave decision to accept a joint bid from the tri-border cities of Zittau in Germany, Bogatynia in Poland and Hrádek nad Nisou in the Czech Republic, an area where the three countries' borders taper down so unobtrusively to a point where your dog on his extended lead could walk in all three. But would it work? Yes it did, save for transport. The EVAA President, Dieter Massin, and his team are to be congratulated on their diplomatic negotiations with the three cities' Leaders whose inhabitants had grown up under a totally different culture.

Flooding in 2010 devastated the whole area causing over €100m of damage; the Zittau track remained under water for weeks and had to be rebuilt, Bogatynia where the 5/10k races were scheduled, had not recovered. These events had to be transferred to another Polish city, Zgorzelec, a 35-minute bus ride away on the Eastern side of the Neisse river. I wonder how many competitors were aware as they circled the arena that they were on the 15th Meridian as the beautiful city of Gorlitz across the river is exact Central European Time.

Trains and buses ran on time but finished early, athletes competing late had to rely on a shuttle bus to take them back to the centre of Zittau. The Athletes Passes were remarkably generous covering free travel up to a 100km radius. Accommodation was also an issue; early birds grabbed the limited city centre hotels, the Alpine-like boutique hotels nestling in the beautiful mountains and forests offered good value for money. Car drivers spoke of driving home at night along isolated road through the forests with only trees and the teeming wild life in sight. A 5,000m runner mused that his German taxi driver would only take him to the foot of the Neisse river bridge, he had to get out and walk over - a la Glienicke Bridge - to Zgorzelec. Athletes billeted across the borders in Poland or Czech Republic had no difficulty getting taxis to go wherever they wanted to go! Team Manager, Maurice Doogan had to make a daily trip of 40km each way and attend the 09.00 Team Managers meeting.

Our team of 227 competitors was much smaller than normal and reflected in some other countries teams. 3,837 competitors actually started in 7,823 competitions, 33 nations

shared the medals. The host nation's athletes turned out in their thousands. Many of their Olympic athletes entered or were present at the Championships representing a Who Who's of Olympians. In Germany all ages are integrated, well organised and well informed; the Veterans obviously enjoy a high profile.



Zittau offered first class throwing and warm-up facilities. The field events held outside the main track were a pleasure to watch, well marshalled, offered great competition with a large knowledgeable and appreciative crowd. Nine different countries shared the men's weight pentathlon titles. The current Olympic champion, Barbara Spotkova, turned up to wish her mother, Ludmila, good luck in her shot and weight pentathlon competitions before rushing off to the IAAF meeting in Lausanne. The multi events retain their popularity however as competitors grasp the few opportunity available to them. 18 started in the M35 decathlon, Darren Dodds notched up 5888pts for 4th, Alan Leiper 4th in the M50 group, Brian Slaughter 5th M55 and Amanda Wale started her heavy Championships schedule with 6th in the W40 category.

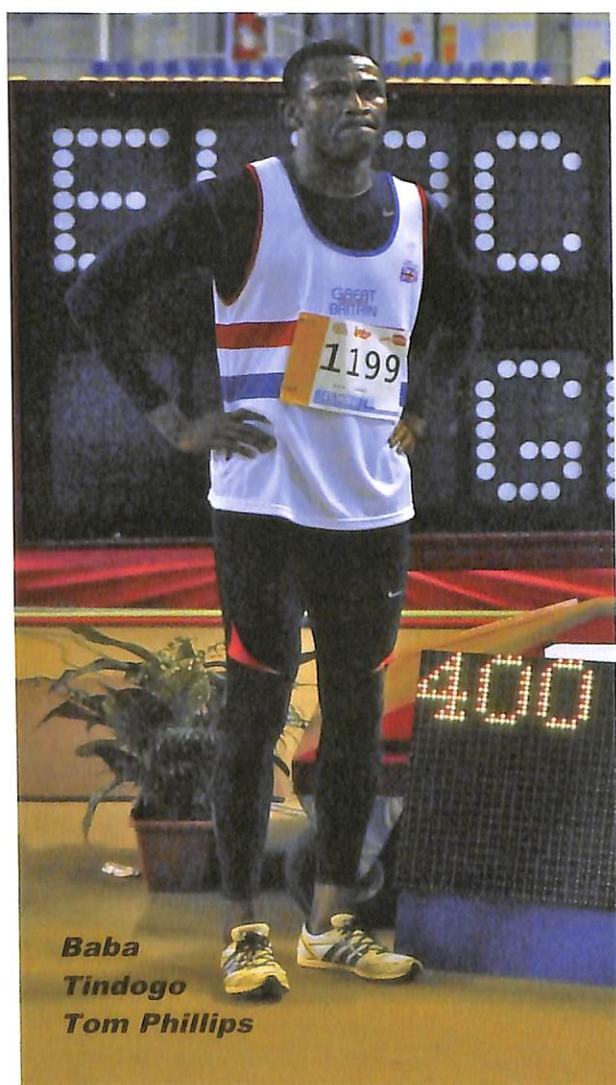
On the track some races were straight finals but with such variations in the weather from severe fork lightning and torrential rain that delayed competitions by one hour on 22nd, to 32nd and high humidity or a head wind suddenly whipping up, many sprinters found they could not reproduce their heat or semi times in the final. The new faces in the W35 and M35 Age Group made quite an impact, Susan McLoughlin lead a clean British sweep in the 400m as Kelly Sutton and Dundee's Susan Young chased her home in a straight final. The Walton AC athlete strutted into the hurdles in the 400mH where her speed took her to the silver medal; she picked up her second gold in the 4 x 100m. It was also a busy schedule for Kelly Sutton, the EVAC sprinter returned home with gold, 2 silver and a bronze medal. Susan Young got a complete set. Surrey sprinter Helen Channon collected her first EVAA Championships medals, gold in the long jump and bronze in the 100m. Leon Braithwaite reached the final of the 100m but Stuart Channon exited early. Four of our M35-ies got through to a fast 200m final.

In the other age groups, after a false start the M40 100m, the finalists settled down. With just 10m to the line the tall figure of Mattias Sunneborn started to nudge ahead to take the title in 11.07 from Mark Dunwell drawn in lane 6 beside him. The Swede, who placed 8th in the 1996 Atlanta Olympics long jump and has a PB of 8.21m, said afterwards that he was surprised to win but delighted with the time. For Dunwell it was his second EVAA outdoor 100m silver medal as he was also 2nd in Hungary two years ago. Jim Tipper and Will Macgee got 4th and 5th but went on to take 2nd and 3rd in their 200m. Both Mike Culshaw and Michael Osunsami went out in the 200m semis. In the absence of Enrico Saraceni, Italy's other top sprinter, Scarponi, mopped up the M45 sprints as did the great German, Guido Mueller, in the M70

MASTERS ATHLETICS AUTUMN 2012.

group. Pat Logan was in cracking form here flying through his heats, semis, winning the M50 100/200m finals with ease.

Your age on the first day of competition dictates your age category. Wally Franklyn turned 60 during the Championships but had to compete against 55-year olds. He clocked 12.56sec/25.66sec in his 100/200m semis, not good enough to see him through to the final but the Reading man shrugged his shoulders as he sat in the stands watching the M60 titles go to the Italians, Rossi (12.57sec) and Felicetti (26.33sec). "I'll be fine for next year" he added as he later pocketed a relay medal. – That's the spirit of Masters Athletics! Vladimir Rybostock of Slovakia set a M65 WR in the 100m (12.37) and won the 200m in 26.25. Alan Carter picked up two bronze medals in the M75 group as an injured Tony Bowman limped in 4th. West Country sprinter Caroline Powell kicked off another medal winning spree – 2nd W55 100m behind Tilly Jacobs of the Netherlands and ahead of the 1976 Olympian Dagmar Fuhrmann. Caroline went on to successfully defend her European 200/400 titles and strike gold in the 4 x 100m and W50 4 x 400m. Joan Trimble must be pleased with her 5th placing in both sprints in such company. Caroline Marler added to her considerable international collection taking the W60 400/800m double. In the older categories Mollie Mills had a courageous run in her M70 sprints and Dorothy Frazer held on well for two silver and a bronze in the W75 races.



**Baba
Tindogo
Tom Phillips**

The 400m was again a happy hunting ground with four M35 finalist led home by the Woodford Green star, Baba Tindogo, in a sub-50sec clocking from Brian Darby, Richard Rubenis 6th, Matthew Muggeridge 7th. Michael Gardiner also ducked under 50sec to win the M40 title. Jonathan Tilt won the M45

400mH title two years ago from Neil Tunstall, here he entered the M50 400m and 400mH, won both with Tunstall, who had earlier won the 110mH, getting 2nd again. Geoff Walcott's M60 winning time was a British 400m Record. Nina Anderson again got a European 400/800m double, this time in the W40 group. 14 were allowed in 800m straight finals. Nancy Hichmough won the W60 800m in 2:39.95 with six seconds to spare over her Danish pursuer, and the 1500m by a wider gap. After her record breaking season, great things were expected of Angela Copson. The Northampton star did not disappoint, obliterating the W65 field in races from 400 up to and including the 5,000 plus a European Record in the W60 4 x 400m. What a performance, what a year!

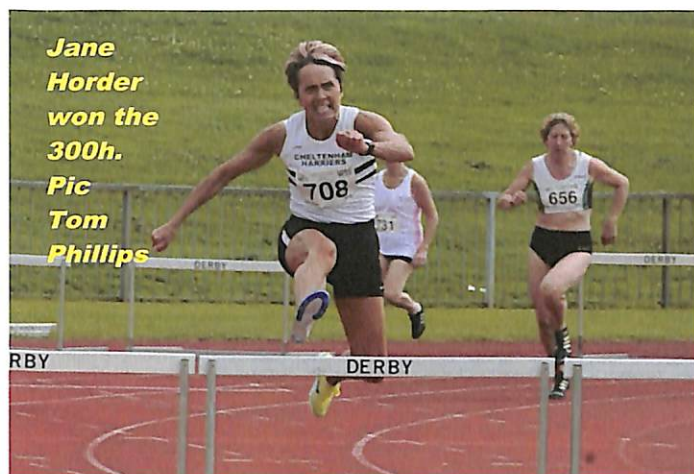


On the Zgorzelec track the 10,000m turned into a bit of a slog as the heat and high humidity took its toll, fortunately it was well organised with water and refreshments provided. Team Manager Archie Jenkins is to be applauded for remaining there and at the marathon, till the last member crossed the finish line. He also managed to run in the 5000m! Some top Spanish and Belgians men may have been missing but a good entry from Poland and the Ukraine provided strong opposition. Kathrin Dörre-Heinig, whose long and distinguished career took her to 3rd, 4th, 5th in three successive Olympic marathons, 3rd and 6th in IAAF World Championships plus two victories in the London, had to concede victory here in the W50 race to her team colleague Silke Schmidt - 37.11.58 to 38.31.45. Henrik Joergensen of Denmark, the 1988 London marathon winner, got clear of newcomer Guy Ruddick-Bracken by 10sec in the M50 race. W60 Jane Georgiou also got on the rostrum and all the other BMAF members completed their race. BMAF Cross-Country Champion, David Moorland, had a comfortable win in the 5,000m a few days later in slightly cooler conditions, W60 Ros Tabor struck silver and there were bronze medals for M65 Peter Young and M80 Derek Howard. Jane Pidgeon won the W45 2000m steeplechase on the same track.

There was no virtuoso performance this time from Tony Wells, the great stalwart of the BMAF team is plagued with an knee injury, he went on to take 3rd in the short, 6th in long hurdles and a few relay medals. At 65 the superlative German, Rolf Geese, is as fluent and stylish as ever, skimming over the 100mH in 16.48sec and 2nd in the PV. Alan Carter and a heavily strapped Tony Bowman wrapped up the M75 300/80mH titles. Joe Appiah's winning time of 14.86sec in the M40 110mH would have placed him in the medals in the younger group and such was his margin of victory that he would have won it. Neil Edwards and Ian Broadhurst raced to M40 and M55 bronze over the 400mH. Glen Reddington had to give way to the tall Belgian Serge Beckers in the M45 110mH and for evergreen Barry Ferguson it was a silver over the 300m and bronze in the 80mH. Jane Horder got pulled to a British W55 80mH record by the defending Spanish champion, Maria Sanguos, but

MASTERS ATHLETICS AUTUMN 2012.

after setting a World Record at the BMAF Championships in Derby, Jane got the better of her opponent over the 300mH. Jean Fail was in record breaking form getting a BR (14.23sec) in the W65 80mH, long jump (4.14m) and 3rd in the triple jump.



**Jane
Horder
won the
300mH.
Pic
Tom
Phillips**

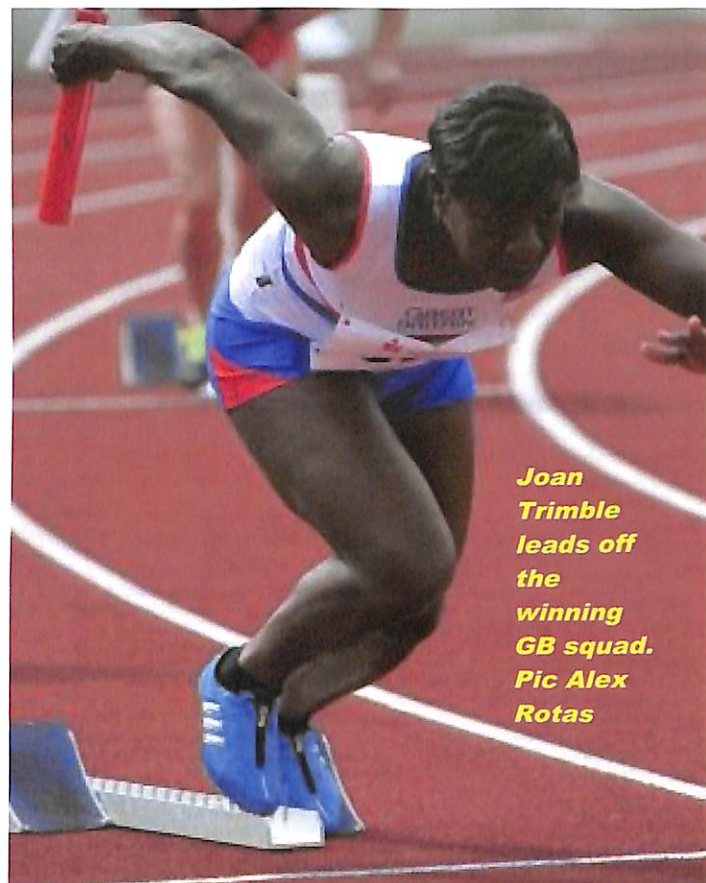
Supporters packing the stands were also able to enjoy watching many excellent jumps. Chris Mills soared over 4.50m for a M35 victory in the pole vault, Mark Johnson retained his M40 European title, clearing 4.40m again, with Alan Anderson-Easey placing 11th. The biggest crown-puller however was the German Wolfgang Ritte who still holds the European M45 (4.80m), M50 (4.73m) Records and the World M55 (4.60m) Record, he turns 60 in January and clearing 4.10m here looked so easy. The distaff side were also very much in the vanguard, Irie Hill retained her W40 title with a British Record 3.90m, Sue Yeomans had to find another 0.10cm to retain her W55 crown, the popular Dorothy McLennan made a golden move into the W75 group and Alison Duke just missed out on the medals in the W45 category. Defending M45 high jumper Steve Linsell was well out of contention here finishing 12th, but there were some excellent performances in the older categories. New WRs were set in the M60 when the Russian Kuntsevich raised the bar to an amazing 1.81m, hardy perennial Carl-Erik Sarndal cleared 1.47m for the M75 title. Keith Newton finished 3rd in the M45 triple jump and the return of the former German international, Wolfgang Knabe, ensured an M50 victory for the host country.

The outfields were a hive of activity with a big entry including many ex-internationals, some events started at 07.00! It was a golden depute for Newham & Essex Beagles Simon Brown, winning the M35 hammer (60.75m) and weight. Mark Robertson got 3rd in both. Rob Earle succeeded in the M50 hammer and weight titles. Barry Hawsworth had a British Record, 18.59m, in the M65 weight and 7th in the discus and Mike Hazlewood 6th in the javelin. As the M45 shot got under way it was noticeable the number of Eastern European field event athletes who were obviously attending their first Masters championships, closely observing John Nicholls' perfect rotational technique. Shorter in stature than his über opponents, John went on to take the bronze medal in an excellent competition.

Not for the first time have reigning World field events champions come to a European only to find stronger opposition. W35 Andrea Jenkins found herself up against it here and had to settle for 2nd in the weight and 3rd in the hammer.

John Hall takes on the role of Team Manager for the walks but he also managed to heel-toe it, or should it be straight-knee it, to 4th place in the M60 20km road walk over the border in Hrádek followed home by David Kates, 13th.

Francisco Reis won the M50 walk after getting a silver medal in the track 5000m. For M70 Ed Shillabeer it was another international championships and another medal, 2nd in the road walk, 5th on the track and M75 Eric Horwill completed the 20km 8th overall. 72 men started the 20k, six were disqualified, 94 women started, 2 got disqualified. Three times 50km Olympian, Gerhard Weidner, pulled on a German vest once more to finish 7th in the M75 track walk. Only four British women entered the walks, Ann Wheeler and Cath Duhig got in the W55 medals and with Fiona Bishop and Maureen Noel they just missed out on a W45 team award.



**Joan
Trimble
leads off
the
winning
GB squad.
Pic Alex
Rotas**

Organising the marathon at these championships is a nightmare for the Organising Committee, an early morning start limits but does not solve traffic and road closure problems. This race was unique as it embraced running through three different countries on each of the 4 x 10km circuits. Shuttle buses picked up competitors from their hotels from 04.30, athletes who chose a few extra hours in bed were in for a shock when they arrived at Zittau station for the short train journey to Hrádek only to find the station closed and a large Security presence. A Dresden-bound passenger left an unmarked holdall on the main platform! The first three to finish the marathon were from the host country and all in the M45 group, led by Mike Poch in 2.32.33, a respectable time on a hot and humid day. Grant Ramsey, 5th M40 (2.51.39), led the team to 3rd place. Steve Smith 8th M50 (2.55.24), Mike Bradley's 2.58.59 time took him to an M55 silver medal, M65 Dave Beattie had a good run (3.27.54) for 5th. Andy Murray and Alan Roberts completed the British entries in this memorable race. The M75 race was won in 3.31.47sec. Maureen Noel closed in for 6th W45 group. When it comes to team loyalty you can always rely on Fiona Bishop to fill in and this she did in style, coming home 8th W50 followed by Heather Stuart. Their cumulative times took them to team silver.



With a low overall entry and many sprinters already gone home, the five top countries dominated the relays. Nonetheless, they provided an exciting climax to the Championships and certainly boosted our medal coffers.

Athletes could buy a filling lunch and drinks in tents provided by the Organising Committee for as little as €2-4. 180 Officials plus 300 volunteers turned up daily and on time: the Red Cross handed out 1,000 litres of free water and 500 litres of free iced tea daily. With good facilities, Bus Passes and a friendly atmosphere, our Teutonic friends have set an organisational standard that few countries will be able to replicate.

M35:

100 (-0.4): 1-GIPPERT Jochen GER 10.94; 2-ZAITCEV Ivan RUS 11.04; 3-ALAIMO Aldo Marco ITA 11.10; 7-BRAITHWAITE Leon GBR 11.65 (11.51/-0.6qr) QR: Stuart Channon 11.93(-0.6); **200(0.7):** 1-ZAITCEV Ivan RUS 22.25; 2-TINDOGO Baba GBR 22.37; 3-ED White GBR 22.49; 3-GULINO Alessandro ITA 22.49; 6-DARBY Brian GBR 23.04; 7-COLLINS Mark GBR 23.04; (QR): MUGGERIDGE Matthew-GBR 23.44/2.8; BRAITHWAITE Leon GBR 23.83/+0.9; CHANNON Stuart GBR 24.10/+1.3; **400:** 1-TINDOGO Baba GBR 49.22; 2-DARBY Brian GBR 50.17; 3-SPRIDONOV Anton RUS 50.31; 6-RUBENIS Richard GBR 52.09; 7-MUGGERIDGE Matthew GBR 52.68; (QR): ASPLEY-DAVIS Martin GBR 53.55; LOVE Alasdair GBR 56.50; **800:** 1-VAN DER PUTTEN Marjien NED 1:54.44; 2-CHEVAUX Christophe FRA 1:55.31; 3-AUST Martin CZE 1:56.84; 8-FUREY Eoghan IRL 2:01.51; 10-JUMELLE Patrice GBR 2:03.87; **1500:** 1-ZBLEWSKI Leszek POL 3:58.69; 2-LORENZO MARCOS Fernando ESP 3:59.69; 3-DALLA BRIDA Manuel ITA 4:02.76; **5000:** 1-ZBLEWSKI Leszek POL 15:42.80; 2-RUIZ Fidel Jorge ESP 15:43.66; 3-CELINSKI Robert POL 15:43.92; **10000:** 1-CASADO Antonio ESP 31:07.24; 2-RUIZ Fidel Jorge ESP 32:02.32; 3-BARTOS Dalibor CZE 33:11.37; **3000SC:** 1-GADALETA Sabino ITA 9:59.34; 2-SZASZ Mihaly HUN 10:01.79; 3-FRANKE Erik SWE 10:06.98; **110H (0.7):** 1-LONGONI Stefano ITA 14.75; 2-HASLBECK Martin GER 14.84; 3-KELLER Thomas SUI 14.89; **400H:** 1-PEREZ FUSTER Emilio-ESP 55.77; 2-JARA Antonio-BEL 56.89; 3-MILDE Nils-GER 57.73; 7-ASPLEY-DAVIS Martin-GBR 1:01.72; 8-LOVE Alasdair-GBR 1:01.76; **HJ:** 1-ARDUINI Francesco ITA 2.05; 2-REHAK Markus GER 1.91; 3-FRANEK Vladimir CZE 1.88; **PV:** 1-MILLS Chris GBR 4.50; 2-JEPPSSON Stefan SWE 4.30; 3-FIEDLER Pavel CZE 3.90; **LJ:** 1-FRANEK Vladimir-CZE 6.63/0.2; 2-GEWEKE Holger GER 6.50/0.3; 3-HAENZI Thomas SUI 6.39/0.3; 11-Stuart Channon GBR 5.50/-0.3 **TJ:** 1-ALBORE Francesco ITA 14.48/2.0; 2-IPINA PARIS Jose Angel ESP 13.81/0.1; 3-ALEXER Emmanuel FRA 13.58; **SP:** 1-DITTMAR Andy-GER 18.35; 2-RACORDON Anouck-SUI 14.55; 3-SCHWARZ Rene-GER 13.91; **DT:** 1-VOIGT Soeren GER 47.53; 2-PEETRAIN Filip-BEL 46.06; 3-SCHWARZ Rene-GER 44.79; 9-MAYFIELD Peter-GBR 33.61; **WT:** 1-BOWN Simon-GBR 17.21; 2-KRENZER Thomas-GER 14.62; 3-ROBERSON Mark-GBR 13.58; **HT:** 1-BOWN Simon-GBR 60.75; 2-KRENZER Thomas-GER 51.25; 3-ROBERSON Mark-GBR 45.25; **JT:** 1-PARELLADA Ricardo ESP 58.90; 2-SALO Sami FIN 57.87; 3-REY Alberto ESP 57.08; **5000W:** 1-BORSCH Steffen-GER 22:04.47; 2-BOULAY Emmanuel-FRA 22:19.47; 3-IVZANS Normunds-LAT 22:53.50; **20KW:** 1-BORSCH Steffen GER 1h39:10; 2-MEDERA Zdenko-SVK 1h43:50; 3-CROCI Ernesto-ITA 1h48:39; **DEC:** 1-FRANCOIS Justin-NED 6593; 2-MALKIEWICZ Krzysztof-POL 6209; 3-ROSO Eric FRA 6152; 4-DODS Darren-GBR 5888; **TP:** 1-TOURNUN Jari FIN 3332; 2-LESTERHUIS Brian NED 3315; 3-VOIGT Soeren-GER 3266; **MAR:** 1-SEBRANTKE Oliver GER 2h37:33; 2-KUEHNE Karsten AUT 2h40:23; 3-ESSO Andras HUN 2h42:10; **4x100:** 1 RUSSIA 43.29; 2 GBR 43.59; 3 ITALY 44.97; **4x400:** 1 GBR 3:23.50; 2 GERMANY 3:32.83; 3 ITALY 3:35.27;

M40:

100 (-1.1): 1-SUNNEBORN Mattias SWE 11.07; 2-DUNWELL Mark GBR 11.16; 3-BENATTI Andrea ITA 11.21; 4-TIPPER Jim GBR 11.31; 5-MACGEE Will GBR 11.47 (11.39/0.2qr); **200 (0.5):** 1-BENATTI Andrea ITA 22.43; 2-TIPPER Jim GBR 22.59; 3-MACGEE Will GBR 22.92; (QR): Mike Culshaw GBR 24.02/0.4; Michael Osumami GBR 25.21/1.0; **400:** 1-GARDINER Michael GBR 49.82; 2-SCHULZE Andreas GER 50.40; 3-POETA Massimiliano ITA 50.72; (QR): Mike Osumami GBR 55.37; Peter Benedickter GBR 55.39; **800:** 1-DESMEDT Frederic BEL 1:02.50; 2-HERNANDEZ Juan ESP 2:02.50; 3-ROSELLO Joaquin ESP 2:04.29; 12- RONALD Andrew GBR 2:07.15 (2:07.11qr); **1500:** 1-BARDAVIO ATIENZA Julio ESP 4:21.33; 2-HEHN German GER 4:21.80; 3-PICCIOLI CAPPELLI Ugo ITA 4:23.76; 6- RONALD Andrew GBR 4:29.25; **5000:** 1-MORWOOD David GBR 15:29.88; 2-PAPANDREPOPOULOS Panajot GER 15:33.79; 3-RIBEIRO Michel FRA FRANCE-15:49.27; 8-O'LEARY Ian IRL 16:55.62; **10000:** 1-DEL AGUILA Luis ESP SPAIN-31:45.60; 2-TE BOEKHORST Bernard NED 32:36.76; 3-GIL RODRIGUEZ Miguel AN ESP 32:39.95; **3000SC:** 1-DE LAURENTIS Walter ITA 10:26.28; 2-CIHLAR Jan CZE 10:28.06; 3-STOILOV Katerin- BUL 10:29.88; **110H (-0.7) 1-APPIAH Joe GBR 14.86;** 2-ZILLIG Peter SUI 15.58; 3-PETRIKIC Tomas CZE 15.62; **400H:** 1-SCHULZE Andreas GER 56.31; 2-JURICIC Darko CRO 56.85; 3-EDWARDS Neal GBR 58.24; 6-BENEDICKTER Peter GBR 59.43 (58.70qr); **HJ:** 1-MEKHONOSHIN Mikhail RUS

1.83; 2-SVINTSOV Igor RUS 1.80; 3-DZIUBA Mariusz POL 1.75; 6-GIDLEY Ian GBR 1.70; **PV:** 1-FUNKE Lars GER 4.40; 2-NAWOICKI Piotr POL 4.30; 3-JULIS Petr CZE 4.00; **LJ:** 1-SUNNEBORN Mattias SWE 7.18w (7.06/0.3); 2-LEPIK Stanislav RUS 6.47/1.1; 3-MBON Josue SUI 6.39/1.9; 11-GRIFFIN Tomas IRL IRELAND-5.61/0.9; **TJ:** 1-REMES Petr CZE 13.80/0.7; 2-LEPIK Stanislav- RUS 13.64/0.2; 3-NEWTON Keith GBR 13.14/1.5; **SP:** 1-NORTHOFF Tilman GER 16.56; 2-DEGUTIS Gintas LTU 16.22; 3-ROHWER Oliver GER 15.93; **DT:** 1-BOGNAR Szabolcs HUN 49.32; 2-NORTHOFF Tilman GER 46.32; 3-OLAIZOLA Aitor ESP 45.00; **WT:** 1-WALCZAK Mariusz POL 18.54; 2-PENAZ Pavel CZE 16.37; 3-KONTOS Antonios GER 15.47; **HT:** 1-FABIAN Zoltan HUN 66.03; 2-WALCZAK Mariusz POL 57.53; 3-HOFER Michael AUT 55.12; **JT:** 1-DAMSZEL Tomasz POL 64.29; 2-RUSCHITZKA Martin GER 59.64; 3-TERSEK Robert SLO 53.39; **5000W:** 1-BOULAY Emmanuel FRA 22:19.47; 2-IVZANS Normunds LAT 22:53.50; 3-DEGTYARENKO Viacheslav RUS 23:26.35; **20KW:** 1-PUPYSHEV Andrei RUS 1h38:21; 2-DEGTYARENKO Viacheslav RUS 1h39:27; 3-IVZANS Normunds LAT 1h44:20; **DEC:** 1-ILLIG Heiko GER 6295; 2-ANDRES Stephan GER 6091; 3-HORAK Jiri CZE 5904; **TP:** 1-PENAZ Pavel CZE 3713; 2-PAWELSKI Grzegorz POL 3685; 3-PIRNAT Jozko SLO 2925; **MAR:** 1-YILMAZ Muharrem TUR 2h39:20; 2-SEBESTYEN Zoltan HUN 2h43:48; 3-HAUPTMANN Stefan GER 2h47:09; 5-RAMSAY Grant GBR 2h51:39; **TEAM:** 1- TURKEY 8h42:27.00; 2-GERMANY 8h56:07.00; 3- GREAT BRITAIN & N. IRELAND 9h40:03.00; **4x100:** 1- ITALY-43.78; 2 GERMANY-44.25; 3 GBR (POWELL Dalton - MACGEE Will - APPIAH Joe - TIPPER Jim) 44.26; **4x400:** 1-GERMANY-3:27.23; 2-ITALY-3:36.81; 3-POLAND-3:44.19;

M45:

100(-1.2): 1-SCARPONI Massimiliano ITA 11.23; 2-MOELLER Meinert GER 11.71; 3-BARALLE Jean Luc FRA 11.79; (QR): Glen Reddington GBR 12.57/-0.3; **200(-0.2):** 1-SCARPONI Massimiliano ITA 22.57; 2-NAVARRO SANCHEZ Francis ESP 23.28; 3-BERNHARD Gunter GER 23.36; (QR): Dalton Powll GBR 24.22/1.0; Malachy Campbell IRL 25.55/-0.3; Glen Reddington GBR 26.33/1.0; **400:** 1-SCARPONI Massimiliano ITA 50.49; 2-SCHAEFER Joerg GER 51.79; 3- BERNHARD Gunter GER 51.93; (QR) Lance Croft GBR 58.80; **800:** 1-ZEH Florian AUT 2:01.28; 2-HAINES Adrian GBR 2:01.45; 3-OLIVEIRA Antonio POR 2:01.70; (QR): Lance Croft GBR 2:12.77; Alan Roberts GBR 2:38.21; **1500:** 1-ZEH Florian AUT 4:12.92; 2-SERAFIN Milan CZE 4:13.87; 3-OLIVEIRA Antonio POR 4:14.79; 5-ANDREW Robert GBR 4:15.88; 7-HAINES Adrian GBR 4:16.80; (QR): Alan Roberts GBR 5:30.50; **5000:** 1-PIETKA Wieslaw POL 15:12.78; 2-FONTANEDA Francisco Jav ESP 15:14.49; 3-POBLOCKI Piotr POL 15:31.88; 9-ALSOPO Roger GER 17:37.72; 15-ROBERTS Alan GBR 20:15.34; **10000:** 1-FONTANEDA Francisco Jav ESP 32:27.58; 2-POBLOCKI Piotr POL 32:31.60; 3-DE KUIJER Oskar NED 32:50.04; 8-COWHIE Paul IRL 34:53.99; 19-ROBERTS Alan GBR 42:04.56; **3000SC:** 1-PIETKA Wieslaw POL 9:37.09; 2-PELLETIER Gilles FRA 9:57.69; 3-GRENAA Poul DEN 10:27.80; 7-PALMER Colin GBR 11:15.80; **110H(0.0):** 1-BECKERS Serge BEL 16.35; 2-REDDINGTON Glen GBR 17.48; 3-LINDENMAYER Thomas GER 18.27; **400H:** 1-PERONI Frederic ITA 59.24; 2-FONCEA Javier ESP 1:00.20; 3-SCHUMACHER Martin GER 1:01.74; **HJ:** 1-LASMANIS Ugis LAT 1.90; 2-GASPER Gunter AUT 1.87; 3-KRAMAR Oleg UKR 1.84; 12-LINSELL Steven GBR 1.65; **PV:** 1-JOHNSON Mark GBR 4.40; 2-VASINA Jozef SVK 4.00; 3-VILA Salvador ESP 3.90; 11-ANDERSON-EASEY Alan GBR 3.10; **LJ:** 1-TICO Michele ITA 6.42/0.4; 2-RATSCH Ulrich GER 6.25/0.2; 3-POULAIN Philippe BEL 6.20/1.0; 17-REDDINGTON Glen GBR 5.13/1.1; **TJ:** 1-SKAMATZOURAS Odysseas GRE 13.60/0.8; 2-BRISCAN Andre FRA 13.58/0.3; 3-PANKRATOV Vladimir RUS 13.48/0.5; **SP:** 1-ESKELINEN Arto FIN 15.61; 2-CHILMANOWICZ Janusz POL 14.58; 3-NICHOLLS John GBR 14.53; **DT:** 1-BENCZENLEITNER Otto HUN 49.66; 2-KADEN Jens GER 40.76; 3-ERNST Adrian GER 39.99; 5-BUCKINGHAM Richard GBR 35.79; **HT:** 1-JOSSA Ralf GER 65.38; 2-LEZSAK Balazs HUN 58.60; 3-MOEHRING Ruediger GER 47.36; **WT:** 1-JOSSA Ralf GER 19.96; 2-BAKALA Jan CZE 14.73; 3-SUVAAL Erwin NED 14.66; **JT:** 1-HEINRICH Torsten GER 57.29; 2-RUECKEL Michael GER 55.97; 3-GREBER Emmanuel FRA 54.80; **5000W:** 1-ARENA Walter ITA 23:18.17; 2-GARNYK Petro UKR 24:07.75; 3-CACIA Salvatore ITA 24:42.87; 12-ROBERTS Alan GBR 33:11.19; **20KW:** 1-ABADIAS PALACIN Luis ESP 1h53:42; 2-MORENO Javier ESP 1h54:12; 3-LYZHIN Sergey RUS 1h54:54; **4x100:** 1- ITALY-44.54; 2 BELGIUM-44.89; 3- GERMANY-45.41; 4- GREAT BRITAIN & N. IRELAND (MCKENZIE Eddie - CROFT Lance - REDDINGTON Glen - BUCKINGHAM Richard) 59.86; **4x400:** 1-GERMANY 3:28.91; 2-ITALY 3:35.38; 3-BELGIUM 3:38.18; 6-GBR-(CROFT Lance - POWELL Dalton - ANDERSON-EASEY Alan - PALMER Colin) 4:02.00; **MAR:** 1-POCH Mike GER 2h32:35; 2-KOCH Matthias GER 2h36:48; 3-BRAUKMANN Thomas GER 2h42:31; 20-ROBERTS Alan GBR 3h53:00; **DEC:** 1-STEWENS Thomas GER 7562; 2-GERHARD Christopher GER 7546; 3-SCHIEFFERMAYER Christoph AUT 7257; 18-MCKENZIE Eddie GBR 4514; 20-ANDERSON-EASEY Alan GBR 4375; **TP:** 1-HYTEN Iver NOR 4262; 2-STOLARCZYK Marek POLAND-3769; 3-BAKALA Jan CZE 3590; 13-MCKENZIE Eddie GBR 2652;

M50:

100(-1.2): 1-LOGAN Pat GBR 11.83; 2-PRADZYNSKI Czeslaw GER 12.12; 3-D'ORO Giancarlo ITA 12.14; **200(-0.9):** 1-LOGAN Pat GBR 24.14; 2-FURIA Domenico ITA 25.08; 3-PRADZYNSKI Czeslaw GER 25.15; 4-JAMES Tennyson GBR 25.27; (QR): John McCarrick IRL 26.69/0.8; **400:** 1-TILT Jonathan GBR 52.75; 2-RUGGERI Ettore ITA 53.96; 3-ZAVATTERO Benoit FRA 53.96; 6-NOEL Tony GBR 55.89; (QR): Tennyson James GBR 57.14; John McCarrick IRL 58.92; **800:** 1-ZAVATTERO Benoit-FRA 2:04.42; 2-OBERLIESSEN Peter GER 2:04.77; 3-PEDERSEN Rene DEN 2:05.98; 9-SMITH Stephen-GBR 2:12.98; **1500:** 1-ENGHOLM Johan SWE 4:23.97; 2-KULCZYK Jerzy POL 4:24.91; 3-JOERGENSEN Henrik Kjed DEN 4:25.69; 10-HEALY John IRL 4:35.78; 14-EARNSHAW Jonathan GBR 4:42.70(4:38.95qr); 15-ASHBY Mark GBR 4:48.85(4:40.08 qr); (QR): Steven Dolex GBR 4:47.20; **5000:** 1-RIBEIRO Georges FRA 15:51.70; 2-STIENSTRA Alex NED 16:15.04; 3-KIELCZEWSKI Grzegorz POL 16:18.21; 15-DOXEY Steven GBR 18:23.61; **10000:** 1-JOERGENSEN Henrik DEN 34:21.73; 2-RUDDICK-BRACKEN Guy-GBR 34:31.21; 3-SCHUBART Juergen GER 35:06.43; **3000SC:** 1-HELLGREN Bjorn SWE 10:42.13; 2-LANCUCKI Stanislaw POL 10:45.37; 3-KOMEL Branimir SLO 10:55.84; **110H(-0.9):** 1-TUNSTALL Neil GBR 14.40(BR); 2-BOZICEK Marko SLO 14.68; 3-VOGEL Martin GER 14.89; 4-JAMES Tennyson- GBR 15.21; 7-EDWARDS Paul David GBR 16.15 (15.71/0.3qr); **400H:** 1-TILT Jonathan GBR 58.41; 2-TUNSTALL Neil GBR 58.77; 3-BOZICEK Marko SLO 1:01.12; 8-EDWARDS Paul David GBR 1:06.95 (66.60qr); **HJ:** 1-MANFREDINI Emanuel ITA 1.79; 2-URDAEV Alexey RUS 1.79; 3-STAEBEL Jochen GER 1.73; **PV:** 1-SPONY Marc FRA 4.10; 2-HERRMANN Lutz GER 4.00; 3-ACHTELIK Alfred GER 3.80; **LJ:** 1-STRAUB Thomas GER 6.33/0.2; 2-KNABE Wolfgang GER 6.17/0.1; 3-GAVENCIK Igor SVK 6.02/0.2; **TJ:** 1-KNABE Wolfgang GER 13.30/0.2; 2-GAVENCIK Igor SVK 12.40/0.8; 3-VOJVODIC Zdenko NOR 11.93/0.2; 9-BARRATT John GBR 11.11/0.1; **SP:** 1-SZPAK Mieczyslaw POL 15.78; 2-KOSTIN Mikhail RUS 15.09; 3-HOFF Karl NOR 14.70; **DT:** 1-JENSEN Tom DEN 53.01; 2-SZPAK Mieczyslaw POL 52.56; 3-DRESP Thomas GER 49.66; 6-MORELAND John GBR 45.07; 20-BURLING Mike GBR 24.15; **HT:** 1-EARLE Rob GBR 59.69; 2-ZEMAN Miroslav CZE 56.83; 3-GASSENBAUER Gottfried AUT 55.81; 12-MORELAND John GBR 38.83; 15BURLING Mike GBR 31.16; **WT:** 1-EARLE Rob GBR 21.12; 2-MEDISAUSKAS Rimvydas LTU 19.59; 3-JENSEN Tom DEN 19.47; 13-BURLING Mike GBR 12.27; **JT:** 1-LODOCHNIKOV Sergey RUS 58.18; 2-JENSEN Tom DEN 56.83; 3-SEIFFERT Joachim GER 53.25; **5000W:** 1-NASO Andrea ITA 24:19.67; 2-REIS Francisco GBR 24:31.84; 3-ABADIAS PALACIN Luis ESP 25:42.70; **20KW:** 1-REIS Francisco GBR 1h46:47; 2-DIETSCHE Klaus GER 1h47:09; 3-NASO Andrea ITA 1h49:42; **TEAM:** 1 GREAT BRITAIN & N. IRELAND 5h43:25.00; 2 ITALY 5h45:56.00; 3 POLAND 5h51:19.00; **4x100:** 1- GREAT BRITAIN & N. IRELAND-47.05(LOGAN Pat - JAMES Tennyson - NOEL Tony - VASSILOU Michael); 2 FRANCE 47.70; 3 SPAIN-52.02; **4x400:** 1- GREAT BRITAIN & N. IRELAND-3:43.31 (TUNSTALL Neil - VASSILOU Michael - JAMES Tennyson - NOEL Tony); 2- FRANCE-3:44.44;

MASTERS ATHLETICS AUTUMN 2012.

GERMANY-3:45.65; **MAR:** 1-JERZY Siemaszko POL 2h42:01; 2-DOLBIK Ihor BLR 2h42:50; 3-BARBERA Juan ESP 2h45:42; 8-SMITH Stephen GBR 2h55:24; **DEC:** 1 NASCHKE Lutz GERMANY 7037; 2 VOGEL Martin GER 6895; 3 SVILAINIS Saulius LTU 6684; 4 LEIPER Allan GBR 6255; **TP:** 1 JENSEN Tom DEN 4319; 2 DUPUIS Arnaud FRA 3980; 3 HOFF Karl NOR 3940; 18 BURLING Mike GBR 2086;

M55:

100(-2.0): 1-BODNAR Gabor HUN 12.12; 2-HUOTARI Harri FIN 12.14; 3-ZORN Gerhard GER 12.30; 5-BROWNE John GBR 12.48 (12.33/0.9); 7-FRANKLYN Walwyn GBR 12.72(12.56/-0.2qr); **200(0.7):** 1-ZORN Gerhard GER 24.74; 2-HUOTARI Harri FIN 25.12; 3-BODNAR Gabor HUN 25.15; 5-BROADHURST Ian GBR 25.91(25.65/0.7); 6-FRANKLYN Walwyn GBR 25.93(25.66/-0.8); (QR): BROWNE John GBR 25.71(+0.3); DOWNES Kevin Francis GBR 28.98(+0.7); **400:** 1-ZORN Gerhard GER 54.15; 2-DEEVY Ken IRL 55.95; 3-MICHELCHEN Reinhard GER 56.57; 5-BROADHURST Ian GBR 57.96(57.72qr); 7-FRANKLYN Walwyn GBR 59.02(58.86qr); (QR): Alastair Dunlop GBR 59.34; **800:** 1-ZAGITOV Zhavdat RUS 2:10.17; 2-ANDREOLI Vincenzo ITA 2:13.46; 3-FAUCHEUR Pierre FRA 2:13.86; 4-DUNLOP Alastair GBR 2:14.16; 6-GOUGH Joe IRL 2:14.64; (QR): PRIESTLEY David GBR 2:28.59; RUTHERFORD Jack GBR 2:47.43; **1500:** 1-ZAGITOV Zhavdat RUS 4:29.91; 2-DRYPS Ryszard POL 4:31.24; 3-FAUCHEUR Pierre FRA 4:31.47; 4-DUNLOP Alastair GBR 4:32.62; (QR): RUTHERFORD Jack GBR 6:00.75; **5000:** 1-TIKHONOV Leonid RUS 16:38.00; 2-TUCH Juergen GER 16:49.70; 3-KAUPPIA Jukka FIN 16:52.36; 19-MURRAY Andrew GBR 20:51.77; 22-SARGENT Rob GBR 22:33.95; **10000:** 1-KAUPPIA Jukka FIN 35:06.36; 2-TIKHONOV Leonid RUS 35:10.40; 3-MUELLER Dietmar GER 35:12.48; 12-HEAVISIDES Henry GBR 39:07.45; 20-SARGENT Rob GBR 48:01.96; **3000SC:** 1-PEREZ Cesar ESP 10:55.73; 2-HOORN VAN DER Martinus NED 11:10.15; 3-KOLINEK Frantisek CZE 11:37.26; **100H (-0.1):** 1-KREINER Herbert AUT 14.78; 2-RAJAMAKI Timo FIN 16.34; 3-SLADEK Peter SVK 16.66; **400H:** 1-SANCHEZ Angel ESP 1:03.66; 2-BECA Antonio POR 1:03.96; 3-BROADHURST Ian GBR 1:04.49; **HJ:** 1-KOEHL Dieter GER 1.66; 2-SOBON Roman POL 1.63; 3-BEDNARSKI Dariusz POL 1.60; **PV:** 1-RITTE Wolfgang GER 4.10; 2-NUCKLIES Rolf GER GERMANY-3.80; 3-PAZAK Peter SVK SLOVAK REPUBLIK-3.70; **LJ:** 1-OLSSON Anders SWE 5.92/0.9; 2-NEAGU Adrian ROU 5.78/1.2; 3-RITTE Wolfgang GER GERMANY-5.54; **TJ:** 1-PUDOVNIKOV Eugeny RUS 12.19/0.5; 2-KORNAZHITSKIY Alexander RUS 12.08/0.4; 3-JUKKOLA Veli FIN 11.57; **SP:** 1-MANGANAS Vasileios GRE 14.44; 2-WESTERLUND Karri FIN 14.20; 3-ROYER Noel FRA 13.68; **DT:** 1-KATONA Sandor FRA 47.53; 2-MALISZEWSKI Andrzej POL 47.03; 3-HOFFMANN Frank GER 43.15; **HT:** 1-BOBRYSHV Victor RUS 58.87; 2-MANGANAS Vasileios GRE 52.78; 3-BOZSA Lajos HUN 50.64; 16-COOLEY Ian GBR 35.36; **WT:** 1-MANGANAS Vasileios GRE 19.66; 2-BOBRYSHV Victor RUS 18.04; 3-NUSCHKE Hartmut GER 16.89; **JT:** 1-HAVRAS Serhiy UKR 58.90; 2-SCHAFARZIK Josef GER 56.07; 3-PAUL Reinhold GER 53.27; **5000W:** 1-LUNIEWSKI Mirosław POL 25:06.27; 2-RUZZIER Fabio SLO 25:20.53; 3-BARABASH Vladimir RUS 25:29.23; 7-UTTLEY Steven GBR 26:56.26; **20KW:** 1-RUZZIER Fabio SLO 1h48:13; 2-LUNIEWSKI Mirosław POL 1h48:50; 3-RIEHLER Helmut GBR 1h49:35; 9-UTTLEY Steven GBR 1h55:46; 13-ALLEN Steve GBR 2h00:52; **4x100:** 1-GERMANY-47.65; 2-FINLAND-50.16; 3-FRANCE-50.57; 4-GREAT BRITAIN & N. IRELAND(BROADHURST Ian - SNOW Ian - DUNLOP Alastair - FRANKLYN Walwyn) 55.59; **4x400:** 1-GERMANY-3:49.68; 2-GREAT BRITAIN & N. IRELAND (BROADHURST Ian - SNOW Ian - DUNLOP Alastair - FRANKLYN Walwyn) 4:03.45; 3-FRANCE-4:03.74; **MAR:** 1-DERAM Steven BEL 2h54:29; 2-BRADLEY Mikk GBR; 2h58:59; 3-MASSNY Peter GER 2h59:36; 14-MURRAY Andrew GBR 3h34:47; **TEAM:** 1-GERMANY-9h12:38.00; 2-CZECH REPUBLIC-9h48:21.00; 3-GREAT BRITAIN & N. IRELAND-10h01:40.00; **DEC:** 1-RAJAMAKI Timo FIN 7271; 2-SLADEK Peter SVK 6851; 3-INDRA Hubert ITA 6664; 5-SLAUGHTER Brian-GBR 6587; 12-MATTHEWS Brian GBR 5000; **TP:** 1-MANGANAS Vasileios GRE 3936; 2-LIS Czesław POL 3845; 3-ZWOLSKI Edward POL 3702;

M60:

100 (-1.0): 1-ROSSI Antonio ITA 12.57; 2-WALCOTT Geoffrey GBR 12.71(12.40/-0.2qr); 3-MEIER Helmut GER 12.75; 4-PADMORE Chris GBR 13.01; **200(0.0):** 1-FELICETTI Vincenzo ITA 26.33; 2-MEIER Helmut GER 26.38; 3-THRELS Wim NED 26.55; 4-WALCOTT Geoffrey GBR 26.57(25.99qr); 5-PADMORE Chris GBR 26.71(26.46/0.0qr); QR: Andrew Webb GBR 29.72w; **400:** 1-WALCOTT Geoffrey GBR 56.78(BR); 2-FELICETTI Vincenzo ITA 58.21; 3-DORSCHNER Karl GER 59.38; QR: HENDRIE Bruce GBR 1:04.90; WEBB Andrew GBR 1:08.97; **800:** 1-LEVASSEUR Yves FRA 2:20.86; 2-FINIELLI Giovanni ITA 2:21.16; 3-KARNEYENKA Piotr BLR 2:21.58; 12-SNOW Ian GBR 2:37.53 (2:27.93qr) **1500:** 1-LORBACH Heinz GER 4:43.80; 2-NYGAARD Harald NOR 4:45.49; 3-FINIELLI Giovanni ITA 4:47.67; QR: DUHIG Peter GBR 5:36.66; JENKINS Archie GBR 5:40.45; **5000:** 1-OTERO Xose Luis ESP 17:29.54; 2-FUKS Gregori ISR 17:33.72; 3-BARTL Guenter GER 17:52.26; 15-Archie JENKINS GBR 21:38.40; **10000:** 1-OTERO Xose Luis ESP 36:32.64; 2-FUKS Gregori ISR 36:43.00; 3-WAHL Martin GER 36:45.13; 13-WILLIAMS Paul GBR 42:31.41; **2000SC:** 1-NYGAARD Harald NOR 7:16.50; 2-KARNEYENKA Piotr BLR 7:34.28; 3-FERNANDEZ Luis Ramon ESP 7:35.17; 5-SNOW Ian GBR 7:45.54; 15-DUHIG Peter GBR 8:51.20; **100H (0.6):** 1-HACKER Juergen GER 16.37; 2-LORENZ Sylwester POL 16.39; 3-WELLS Tony GBR 16.77; **300H:** 1-DAVYDOV Valeriy RUS 46.54; 2-HACKER Juergen GER 49.21; 6-WELLS Tony GBR 50.03; QR: WEBB Andrew GBR 52.69; **HJ:** 1-KUNTSEVICH Vladimir RUS (WR) 1.81; 2-GRISHAEV Alexander RUS 1.62; 3-HUIJBERS Jan NED 1.59; **PV:** 1-HADINGER Antonin CZE 3.60; 2-LIPASTI Jarmo FIN 3.30; 3-VAN VLIET Marc NED 3.30; **LJ:** 1-CALDA Jaroslav SWE 5.77/0.5; 2-SZYDLOWSKI Stanisław POL 5.33/0.8; 3-HOLMBERG Sture SWE 5.24/1.1; **TJ:** 1-CALDA Jaroslav CZE 11.98/0.2; 2-KOROSI Istvan HUN 11.36/0.5; 3-DRAG Slawomir POL 11.32/0.2; **SP:** 1-BUSTERUD Arild NOR 14.72; 2-STAEHEL Hansruedi SUI 14.55; 3-RECHKA Bedrich CZE 14.23; **DT:** 1-PONGRATZ Lothar GER 53.10; 2-DERHEMI Xhavit ITA 51.55; 3-GRYC Milos CZE 50.43; **HT:** 1-KANGAS Heikki FIN 62.60; 2-BAJRIC Mehmedalija BIH 55.62; 3-BUSTERUD Arild NOR 55.04; **WT:** 1-BUSTERUD Arild NOR 23.12; 2-KANGAS Heikki FIN 22.04; 3-PIACZKOWSKI Andrzej POL 20.08; **JT:** 1-KUEHNELD Walter GER 56.60; 2-KEMPPAINEN Teuvo FIN 53.67; 3-PROSTUNKIN Alexandr RUS 48.44; **5000W:** 1-BROCHOT Patrice FRA 24:56.00; 2-MOROTTI Graziano ITA 25:09.95; 3-GAUS Peter GER 26:02.91; 4-HALL John GBR 27:12.17; **20KW:** 1-BROCHOT Patrice FRA 1h51:29; 2-GAUS Peter GER 1h51:32; 3-BSCHOR Alois GER 1h56:54; 4-HALL John GBR 1h58:29; 13-KATES David GBR 2h09:35; **TEAM:** 1-GERMANY-5h53:14.00; 2-FRANCE-6h06:09.00; 3-GREAT BRITAIN & N. IRELAND-6h18:01.00; **4x100:** 1-GERMANY-50.67; 2-GREAT BRITAIN & N. IRELAND -(WELLS Tony - PADMORE Chris - HENDRIE Bruce - WALCOTT Geoffrey) -52.32; **4x400:** 1-GERMANY-4:08.94; 2-GREAT BRITAIN & N. IRELAND (HENDRIE Bruce - WELLS Tony - PADMORE Chris - WALCOTT Geoffrey) 4:09.80; 3-RUSSIA-4:45.65; **MAR:** 1-WAHL Martin-GER 2h47:32; 2-JASEK Tadeusz POL 2h55:31; 3-CICHONCZUK Antoni POL 3h02:14; **DEC:** 1-THREELS Wim-NED 7490; 2-CELA Valdis-LAT 6171; 3-PENNDORF Joerg-GER 5945; **TP:** 1-BUSTERUD Arild-NOR 4617; 2-TALPSEPP Lembit-EST 4070; 3-JANSSON Kenneth-SWE 3883;

M65:

100 (1.3): 1-VYBOSTOK Vladimir SVK (WR) 12.37; 2-RESTLE Ulf GER 13.08; 3-FRUEHAUF Hans Juergen GER 13.09; **200(-0.5):** 1-VYBOSTOK Vladimir SVK 26.25; 2-FRUEHAUF Hans Juergen GER 27.00; 3-ADORF Friedhelm GER 27.42; **400:** 1-FRUEHAUF Hans Juergen GER 1:00.34; 2-ROMERO Jose Luis ESP 1:01.38; 3-PARTZSCH Thomas GER 1:02.18; **800:** 1-SMEETS Hans NED 2:23.27; 2-GEISER Konrad ITA 2:24.34; 3-PARTZSCH Thomas GER 2:29.28; 5-MULREADY Liam IRL 2:32.83; **1500:** 1-SMEETS Hans NED 4:52.27; 2-GEISER Konrad ITA 4:54.33; 3-HERMES Alfred GER 4:59.07; 10-HORTON John GBR 5:39.83; 14-DAVIDSON Alan GBR 6:05.27; **5000:** 1-DE LA CAMARA Emilio ESP 18:52.82; 2-WOLFF Hans-walter GER 18:57.94; 3-HERMES

Alfred GER 18:59.33; 5-YOUNG Peter GBR 19:17.19; 9-HORTON John-GBR 20:50.70; 10-BRADSHAW Arnold GBR 21:46.76; 13-DAVIDSON Alan GBR 23:05.66; **10000:** 1-DE LA CAMARA Emilio ESP 40:34.01; 2-WOLFF Hans-walter GER 40:38.83; 3-YOUNG Peter GBR 40:44.34; 10-BRADSHAW Arnold GBR 47:27.60; **2000SC:** 1-DE LA CAMARA Emilio ESP 8:01.35; 2-OEDEGAARD Harald NOR 8:05.67; 3-BIANCHI Giorgio ITA 8:16.37; 4-HORTON John GBR 8:58.92; **100H(0.7):** 1-GEESSE Rolf GER 16.48; 2-KACAR Murat TUR 16.55; 3-BELIANSKY Milan SVK 17.32; **300H:** 1-FRUEHAUF Hans Juergen- GER 49.02; 2-MAC DERMOTT John IRL 49.96; 3-VAN DER SCHAAF Jelle NED 50.65; **HJ:** 1-OLSEN Jan Kristian NOR & BORANGA Lamberto ITA 1.54; 3-MAKI Vesa FIN 1.51; **PV:** 1-MARKOWSKI Bogdan GER 3.50; 2-GEESSE Rolf GER 3.10; 3-TOLLSTERN Anders SWE 3.00; **LJ:** 1-MAKI Vesa FIN 5.07/0.1; 2-BORANGA Lamberto ITA 5.05/-0.1; 3-VYBOSTOK Vladimir SVK 4.98; **TJ:** 1-KREFT Claus-werner GER 10.97/0.4; 2-LAMP Jürgen 10.78/-0.3; 3-SCHERBINA Fedor RUS 9.92/-0.3; **SP:** 1-DE LAAT Frans NED 13.56; 2-WESTBERG Joeran SWE 12.99; 3-WEITZ Hans Josef GER 12.98; 11-HAZLEWOOD Michael GBR 11.20; **DT:** 1-LASKA Tadeusz POL 51.57; 2-KROPAC Josef CZE 45.86; 3-MOHR Felix GER 45.81; 7-HAZLEWOOD Michael GBR 41.39; 22-HAWKSWORTH Barry GBR 33.52; **HT:** 1-HUPPERTSBERG Hermann GER 50.56; 2-SCHNEIDER Roger SUI 48.71; 3-RIETBAUER Heimo AUT 48.70; 4-HAWKSWORTH Barry GBR 45.48; 9-HAZLEWOOD Michael GBR 40.09; **WT:** 1-HAWKSWORTH Barry GBR 18.59(BR); 2-RIETBAUER Heimo AUT 17.98; 3-SCHNEIDER Roger SUI 16.70; **JT:** 1-KIURU Esa FIN 55.63; 2-HESSERT Helmut GER 42.66; 3-BYKOV Aleksandr RUS 42.26; 6-HAZLEWOOD Michael GBR 38.50; **5000W:** 1-FORMENTIN Ettore ITA 27:26.07; 2-RABATEL Fernand FRA 28:56.10; 3-MCMULLIN John IRL 29:33.33; **20KW:** 1-FORMENTIN Ettore ITA 2h02:32; 2-MCMULLIN John IRL 2h06:18; 3-SCHUMM Peter GER 2h06:47; **4x100:** 1-GERMANY-51.68; 2-NETHERLANDS-55.61; 3-FRANCE-1:01.22; **4x400:** 1-GERMANY-4:19.58; 2-NETHERLANDS-4:42.81; **MAR:** 1-ROMANOV Anatoli RUS 3h13:01; 2-MUNICIO Nicolau ESP 3h15:37; 3-MALYKH Vladimir RUS 3h21:13; 5-BEATTIE David GBR 3h27:54; **DEC:** 1-BALSCHALSKI Basilien GER 7324; 2-KANGILASKI Voldegar-EST 6651; 3-MAC DERMOTT John-IRL 5931; **TP:** 1-WESTBERG Joeran-SWE 4202; 2-HASIEBER Bernd-GER 4100; 3-HAZLEWOOD Michael-GBR 4075; 4-HAWKSWORTH Barry-GBR 3994;

M70:

100(1.4): 1-MUELLER Guido GER 13.13; 2-REICHE Fritz GER 13.17; 3-MANNING Jorma FIN 13.46; 4-FORBES Patrick IRL 13.81; (QR): ISETTS Charles GBR 14.70/1.2; FERGUSON Barry GBR 15.97/+1.1; **200(0.7):** 1-MUELLER Guido GER 27.18; 2-REICHE Fritz GER 27.80; 3-BECKERING Hermann GER 28.58; 4-FORBES Patrick IRL 29.41; 8-ISETTS Charles GBR 30.14; **400:** 1-MUELLER Guido GER 1:01.85; 2-DIAZ Miguel Angel ESP 1:05.89; 3-KNORR Hartmann GER 1:08.08; **800:** 1-DIAZ Miguel Angel ESP 2:39.80; 2-ESNAULT Jean-Louis FRA 2:41.22; 3-MUELDE Arne- NOR 2:42.08; **1500:** 1-WALTER Albert GER 5:38.47; 2-HEIKKINEN Jaakko FIN 5:39.42; 3-ERDMANN Hartmut GER 5:41.21; **5000:** 1-BASISTA Vincent SVK 19:30.89; 2-WALTER Albert GER 20:23.33; 3-SACHKOV Vladimir RUS 20:24.80; **10000:** 1-BASISTA Vincent SVK 40:22.36; 2-FROELICH Herbert GER 41:50.89; 3-ROST Peter CZE 42:00.30; 16-TAYLOR John GBR 51:40.58; **2000SC:** 1-HEIKKINEN Jaakko FIN 8:13.12; 2-WALTER Albert GER 8:20.87; 3-HAKANSSON Arne SWE 8:34.93; **80H (0.6):** 1-SODERSTROM Jan SWE 13.23; 2-MUELLER Guido GER 13.47; 3-FERGUSON Barry GBR 13.50; **300H:** 1-MUELLER Guido GER 48.55; 2-FERGUSON Barry GBR 51.62; 3-DIETZE Volkmar GER 51.97; **HJ:** 1-SPECK Udo GER 1.42; 2-OKONSKI Czesław POL 1.39; 3-MANKOVSKI Janis LAT 1.39; **PV:** 1-ZBINEN Walter SUI 3.10; 2-KURUNCZI Zoltan HUN 3.10; 3-SCHERL Wido-GER 2.90; 13-HARLICK Brian GBR 2.30; **LJ:** 1-SPECK Udo GER 4.50/0.9; 2-RUECKER Werner GER 4.44/1.0; 3-OKONSKI Czesław POL 4.35/0.9; **TJ:** 1-SPECK Udo GER (ER) 10.59/0.6; 2-GNOTH Siegfert GER 9.19/0.9; 3-GOETZE Dr Werner GER 9.17/0.3; **SP:** 1-GLOWACKI Marek POL 13.30; 2-JOKINEN Usko FIN 13.07; 3-ROSCZAK Czesław POL 12.96; **DT:** 1-ALBERS Klaus GER 46.29; 2-ROSCZAK Czesław POL 41.17; 3-MARTENS Frits NED 37.70; 10-HARLICK Brian GBR 30.58; **HT:** 1-KLIESCH Eberhard GER 49.65; 2-PALVIANEN Esko FIN 47.21; 3-ALBERS Klaus GER 45.22; 14-HARLICK Brian GBR 28.00; **WT:** 1-PALVIANEN Esko FIN 19.55; 2-ALBERS Klaus GER 18.51; 3-ROSCZAK Czesław POL 18.41; 10-HARLICK Brian GBR 12.11; **JT:** 1-KOSIKOV Anatoly RUS 46.76; 2-HONKANEN Kalevi- FIN 46.44; 3-TENHU Jouni FIN 45.96; **5000W:** 1-PALMAR Ants EST 28:40.46; 2-KANSKY Vladimir CZE 29:59.78; 3-SARTAKOV Alexander RUS 30:03.60; 4-KUSHAROV Anatoliy UKR 31:00.70; 5-SHILLABEER Edmund GBR 31:27.06; **20W:** 1-PALMAR Ants EST 2h06:49; 2-SHILLABEER Edmund GBR 2h09:57; 3-SARTAKOV Alexander RUS 2h11:00; **4x100:** 1-GERMANY-54.46; 2-POLAND-1:02.31; 3-RUSSIA-1:05.83; **4x400:** 1-GERMANY-4:19.58; 2-NETHERLANDS-4:42.81; **DEC:** 1-DAHMS Reinhard-GER 6995; 2-OKONSKI Czesław-POL 6666; 3-STRASSHOFER Gregor-GER 6506; **TP:** 1-GLOWACKI Marek-POL 4153; 2-ROSCZAK Czesław-POL 4018; 3-HANSEN Johann-GER 3962;

M75:

100(-0.6): 1-LANGE Hans-joachim GER 14.33; 2-NEUMANN Karl-heinz GER 14.69; 3-ALAN Carter GBR 14.73; 8-BOWMAN Tony GBR 30.24(14.75/0.3qr); QR: 10-FIELD Colin GBR 15.76/+0.0; 11-CAFFREY Ernest IRL 15.83/+1.5; **200 (1.6):** 1-NEUMANN Karl-heinz-GER; 30.49; 2-LANGE Hans-joachim GER 30.61; 3-ALAN Carter GBR 30.69; QR: Colin Field GBR 34.83/-0.6; **400:** 1-STEINSET Kjell Odd NOR 1:11.15; 2-KURAMSHIN Ramir RUS 1:14.23; 3-BUSS Karl Heinz GER 1:14.26; 7-KIMBER Arthur GBR 1:22.53 (1:21.73qr) **800:** 1-STEINSET Kjell Odd NOR 2:46.62; 2-ALONSO Manuel ESP 2:48.81; 3-KOCISZEWSKI Janusz POL 2:54.99; 5-KIMBER Arthur- GBR 3:05.80; **1500:** 1-WITTIG Klemens GER 5:39.20; 2-ALONSO Manuel ESP 5:40.18; 3-STEINSET Kjell Odd NOR 5:44.73; 9-KIMBER Arthur GBR 6:43.13; **5000:** 1-WITTIG Klemens GER 21:07.04; 2-PEREIRA Bernardino POR 21:14.28; 3-LAURIDSEN Bent DEN 22:05.38; **10000:** 1-WITTIG Klemens GER 42:17.20; 2-PEREIRA Bernardino POR 44:01.29; 3-OEMUS Friedel GER 46:24.06; **2000SC:** 1-VICENTE Francisco POR 10:12.59; 2-HANA Kvetoslav CZE 12:13.09; **80H (0.4):** 1-BOWMAN Tony GBR 14.88; 2-SKRAMSTAD Knut Henrik NOR 15.63; 3-VYKYDAL Kvetoslav CZE 16.14; **300H:** 1-ALAN Carter GBR 58.16; 2-SOLVBERG Jartan NOR 59.96; 3-VERONESI Sergio ITA 1:00.40; 4-CAFFREY Ernest IRL 1:01.52; **HJ:** 1-SARNDAAL Carl-erik SWE (WR) 1.47; 2-VYKYDAL Kvetoslav CZE 1.26; 3-VONASEK Josef CZE 1.26; **PV:** 1-SYMEONIDIS Symeon GRE 2.40; 2-SKRAMSTAD Knut Henrik NOR 2.20; 3-STERCKX Leo- BEL 2.00; **LJ:** 1-FISCHER Lothar GER (ER) 4.76/0.6; 2-ROYTMAN Vladimir RUS 4.22/1.5; 3-BORTOLOZZI Giorgio Mari ITA 4.21/0.0; **TJ:** 1-FISCHER Lothar GER (WR) 10.07/0.4; 2-ROYTMAN Vladimir RUS 9.56/0.2; 2-JONASEK Josef CZE 8.85/0.3; **SP:** 1-SOLVBERG Jartan NOR 12.36; 2-HUCHTHAUSEN Lothar GER 11.89; 3-SLUGA Marko SLO 10.98; **DT:** 1-TUOVINEN Kaarle FIN 39.77; 2-SPECKENS Peter GER 39.36; 3-HENRIKSEN Hermann Krist NOR 36.73; **HT:** 1-VILLHAUER Waldemar GER 42.38; 2-CZUPKIEWICZ Lechoslaw POL 41.70; 3-SPECKENS Peter GER 40.84; **WT:** 1-VILLHAUER Waldemar GER (ER) 18.17; 2-SPECKENS Peter GER 16.65; 3-JANSON Heinz GER 15.55; **JT:** 1-POROKHIN Vladimir RUS 44.41; 2-KOWALCZYK Wladyslaw GER 42.60; 3-HUCHTHAUSEN Lothar GER 41.69; **5000W:** 1-IRBE Zigurdas LAT 29:32.71; 2-PELLICCIA Romolo ITA 29:32.89; 3-WEIDNER Gerhard GER 31:02.91; **20KW:** 1-PELLICCIA Romolo ITA 2h09:52; 2-MENAFRO Vincenzo ITA 2h16:52; 3-IRBE Zigurdas LAT 2h19:55; 8-HORWILL Eric GBR 2h45:04; **4x100:** 1-GERMANY-57.74; 2-RUSSIA-1:02.04; 3-GREAT BRITAIN & N. IRELAND (ALAN Carter - KIMBER Arthur - FIELD Colin - BOWMAN Tony) 1:07.87; **4x400:** 1-GERMANY-5:19.86; 2-RUSSIA-6:14.17; 3-GREAT BRITAIN & N. IRELAND (ALAN Carter - KIMBER Arthur - HORWILL Eric - BOWMAN Tony) 6:38.35; **MAR:** 1-WITTIG Klemens- GER 3h31:47; 2-MORAWIEC Jan POL 4h02:41; 3-GIRAULT Alfred GER 4h35:18; **DEC:** 1-SKRAMSTAD Knut Henrik-NOR 7343; 2-VONASEK Josef- CZE 5834; 3-WINKELHAKE Kurt-GER 5473; **TP:** 1-SPECKENS Peter-GER 4445; 2-1711-HUCHTHAUSEN Lothar-GER 4253; 3-JANSON Heinz-GER 4089.

MASTERS ATHLETICS AUTUMN 2012.

M80:

100 (-0.5): 1-SCHOLLMAYER Guenter-GER 15.60; 2-STEINER Karl-GER 16.13; 3-MUELLER Herbert GER 16.28; **200 (-1.2):** 1-MUELLER Herbert E GER 34.27; 2-HOPPE Felix GER 34.45; 3-KONOPKA Manfred GER 34.64; **400:** 1-MUELLER Herbert E GER 1:19.93; 2-EBERMANN Heinz GER 1:20.70; 3-MARTIN Florentino ESP 1:28.82; **800:** 1-EBERMANN Heinz GER 3:19.61; 2-MUELLER Herbert E GER 3:23.72; 3-MARTIN Florentino ESP 3:27.40; **1500:** 1-MARTIN Florentino ESP 6:50.24; 2-BULCZYNSKI Kazimierz POL 6:52.30; 3-MUELLER Herbert E GER 6:52.91; 6-HOWARTH Derek GBR 8:36.80; **5000:** 1-KOLGASHKIN Grigory-RUS 25:12.23; 2-BULCZYNSKI Kazimierz POL 26:56.86; 3-HOWARTH Derek GBR 30:46.33; **10000:** 1-KOLGASHKIN Grigory RUS 55:59.58; 2-KATERINKO Petr RUS 1h07:12.95; **2000SC:** 1-MATZNER Karel CZE 12:22.11; 2-DEBEE Leon GER 14:24.00; **80H (-0.3):** 1-SCHOLLMAYER Guenter GER 18.87; 2-KANDEYDI Dr Hikmet TUR 19.04; 3-PRZYBOROWSKI Jerzy POL 20.10; **HJ:** 1-SOBSTAD Harald NOR 1.25; 2-SCHOLLMAYER Guenter GER 1.16; 3-ANDRECS Hermann AUT 1.13; **PV:** 1-KANDEYDI Dr Hikmet TUR 2.20; 2-ANDRECS Hermann AUT 2.10; 3-KONOPKA Manfred GER 1.80; **LJ:** 1-SCHOLLMAYER Guenter GER 3.76(0.6); 2-STEINER Karl GER 3.64 (1.0); 3-ZUBER Dr Ernst GER 3.21(0.3); **TJ:** 1-KANDEYDI Dr Hikmet TUR 7.59(0.8); 2-REIDMA Harri EST 6.94(0.1); **SP:** 1-GRIES Franz GER 11.38; 2-BRANDT Heinz GER 10.98; 3-BENEK Zdenek CZE 10.72; **DT:** 1-AGIRREGOMEZKORTA Pedro ESP 30.95; 2-BRANDT Heinz GER 27.34; 3-SAETHER Arne NOR 26.24; **HT:** 1-BENEK Zdenek CZE 40.34; 2-SAETHER Arne NOR 36.01; 3-RZEHA Richard GER 35.86; **WT:** 1-BENEK Zdenek CZE 15.99; 2-BRANDT Heinz GER 15.15; 3-SAETHER Arne NOR 14.72; **JT:** 1-SCHOLLMAYER Guenter GER 30.19; 2-POSKOCIL Vladimir CZE 29.31; 3-JILEK Pavel CZE 26.84; **5000W:** 1-RUTYNA Mieczyslaw POL 35:43.76; 2-PUSHKIN Ivan UKR 36:10.56; 3-TEUFERT Karlheinz GER 37:23.28; **20KW:** 1-RUTYNA Mieczyslaw POL 2h30:15; 2-TEUFERT Karlheinz GER 2h33:53; 3-PUSHKIN Ivan UKR 2h34:40; **4x100:** 1-GERMANY-1:05.36; **DEC:** SOBSTAD Harald-NOR 4320; **TP:** 1-BRANDT Heinz-GER 4389; 2-SAETHER Arne-NOR 3914;

M85:

100(-0.1): 1-EBERLE Hans GER 17.82; 2-NAWROCKI Otto GER 18.47; 3-BYGGMASTAR Kurt FIN 18.74; **200 (0.0):** 1-NAWROCKI Otto GER 39.43; 2-BYGGMASTAR Kurt FIN 40.53; 3-HERBST Gerhard GER 43.97; **1500/5000/10000:** CANELO Jose POR 8:55.77 / 32:34.05 / 1h13:22.71; **80H (-0.3/200H):** BYGGMASTAR Kurt FIN 20.60 / 50.38 (ER); **HJ:** 1-HERRMANN Peter GER 1.10; 2-WINDOLF Gerhard GER 1.10; 3-KATK Jalmar SWE 1.01; **PV:** KATK Jalmar SWE 1.70; **LJ:** 1-EBERLE Hans GER 3.18(0.6); 2-WINDOLF Gerhard GER 3.02(1.0); 3-WILLEMS Willy BEL 2.73(0.0); **TJ:** KATK Jalmar SWE 6.05; 2-SOUKUP Jiri CZE 5.05(0.5); **SP:** 1-HERRMANN Peter GER 8.28; 2-NOBBE Paul GER 8.09; 3-REIDINGER Walter AUT 7.95; **DT:** 1-REIDINGER Walter AUT 21.34; 2-NOBBE Paul GER 20.95; 3-HERRMANN Peter GER 19.20; **HT:** 1-NOBBE Paul GER 25.03; 2-HERRMANN Peter GER 23.09; **WT:** NOBBE Paul GER 9.87; **JT:** 1-HERRMANN Peter GER 18.21; 2-NOBBE Paul GER 17.15; 3-REIDINGER Walter AUT 16.45; **5000W:** 1-CIESIELSKI Guenter GER 37:31.21; 2-PRUDNIKOV Pavel RUS 38:56.93; 3-BALCARIK Alois CZE 40:00.77; **20KW:** 1-CIESIELSKI Guenter GER 2h45:34; 2-BALCARIK Alois CZE 2h47:50; **DEC:** BYGGMASTAR Kurt-FIN 4096; **TP:** 1-NOBBE Paul-GER 3225; 2-HERRMANN Peter-GER 3092; 3-DICK August-GER 2279;

M90:

100(-0.6): MAYNARD Romain-henri-FRA 20.89; **200(0.0):** 1-MAYNARD Romain-henri FRA 44.15; 2-PAUWELS Emiel BEL 56.46; **400:** 1-PAUWELS Emiel BEL 04.90; 2-MAYNARD Romain-henri FRA 2:37.76; **800:** PAUWELS Emiel BEL 5:35.65; **HJ:** 1-PAUWELS Emiel BEL 0.88; 2-LASCH Werner GER 0.85; **SP/HT:** LASCH Werner GER 6.49 / 16.59; **DT:** 1-LASCH Werner GER 15.02; 2-FISER Karel CZE 14.63; **JT:** 1-LASCH Werner GER 16.06; 2-PAUWELS Emiel-BEL 12.90; **TP:** ROVELLI Giuseppe-ITA 2835;

M95:

100(-0.6): OLBRECHTS Albert George GER 34.04; **HJ/SP/DT/JT:** LANGER Klaus GER 0.88 (ER) / 5.78 / 11.96 / 14.48;

W35:

100(-1.4): 1-HONCHAROVA Svitlana UKR 12.45; 2-SAFARIKOVA Eva CZE 12.67; 3-CHANNON Helen-GBR 12.76; **200(1.7):** 1-HONCHAROVA Svitlana-UKR 25.62; 2-YOUNG Susan-GBR 25.93; 3-SUTTON Kelly-GBR 26.36; **400:** 1-MCLOUGHLIN Susan GBR 57.03; 2-SUTTON Kelly GBR 58.47; 3-YOUNG Susan GBR 58.99; **800:** 1-GRUTTERS Ingrid-NED 2:16.63; 2-FISCHER Annette Schae-DEN 2:17.68; 3-JUNGHANS Mandy-GER 2:17.71; 4-RUDD Louise-GBR 2:17.83; 7-LOCKER Joanne-GBR 2:23.15; **1500:** 1-KLEIN-ARNDT Melanie-GER 4:37.06; 2-GRUTTERS Ingrid-NED 4:37.08; 3-RUDD Louise-GBR 4:39.26; 6-LOCKER Joanne-GBR 4:48.51; **5000:** 1-KLEIN-ARNDT Melanie GER 17:22.57; 2-PFEIFFER Ilona GER 17:31.41; 3-MARONGIU Sonia ITA 18:09.55; **10000:** 1-FERNANDEZ RODRIGUEZ Mar-ESP 36:23.91; 2-MANCHIA Maria Domenica-ITA 38:22.14; 3-BECKER Verena-GER 40:15.84; **2000SC:** 1-RIBEIRO Vanda-POR 7:22.99; 2-LOCKER Joanne GBR 7:34.21; 3-MARONGIU Sonia-ITA 7:35.03; **100H (-1.0):** 1-SOULABAIL-LEGENDERE Cari FRA 15.41; 2-SCHMELTER Jennifer GER 16.17; 3-VANECKOVA Jaroslava CZE 16.20; **400H:** 1-SOULABAIL-LEGENDERE Cari-FRA 1:03.69; 2-MCLOUGHLIN Susan-GBR 1:05.69; 3-CARDOL Jenny-NED 1:09.57; **HJ:** 1-LANDOVA Lenka CZE 1.50; 2-SCHMELTER Jennifer GER 1.50; 3-APEL Anja-GER 1.45; **PV:** 1-SEKOVA Zuzana-SVK 3.00; 2-FRIEDRICH Katrin-GER 2.40; **LJ:** 1-CHANNON Helen-GBR 5.56(1.4); 2-RUBENBAUER Edith-GER GERMANY-5.38(0.4); 3-SCHMELTER Jennifer GER 5.26(0.4); **TJ:** 1-VANECKOVA Jaroslava CZE 12:10.12; 2-BORISOVA Tatiana RUS 11:96(0.3); 3-ROBLES MINGUEZ Maria Is ESP 11.86; **SP:** 1-KANT Nadine GER GERMANY-14.23; 2-GREITHANNER Martina GER 14.14; 3-KOCH Dunja GER 13.11; **DT:** 1-GREITHANNER Martina GER 46.03; 2-KOCH Dunja GER 40.64; 3-SIEKLINSKA Klaudia POL 38.95; **HT:** 1-MUENCHOW Kirsten GER 60.18; 2-KORO Kirsfi FIN 52.49; 3-JENKINS Andrea GBR 49.86; 10-CARPENDALE Anna GBR 29.36; **JT:** 1-BENZENLEITNERNE PREISI HUN 42.95; 2-BERAN Johanna GER 38.62; 3-KELLER Birgit GER 33.20; **WT:** 1-KORO Kirsfi FIN 17.07; 2-JENKINS Andrea GBR 14.37; 3-BECK Nadine GER 13.43; **5000W:** 1-SCHROETER Brit GER 25:25.62; 2-SCHENKER Bianca GER 25:25.98; 3-EICHHOLTZER Sandrine FRA 25:41.70; **10KW:** 1-SCHENKER Bianca GER 52.49; 2-EICHHOLTZER Sandrine FRA 53.07; 3-BETTO Linda GER 54.25; **MAR:** 1-BACH Daniela-GER 3h16:26; 2-NAGY Gyongyike-HUN 3h34:54; 3-WEBER-JAKOB Daniela-GER 3h35:42; **HEP:** 1-SWINKELS Eefje-NED 4206; 2-APEL Anja-GER 3951; 3-CARDOL Jenny-NED 3849; **TP:** 1-KORO Kirsfi-FIN 3572; 2-JENKINS Andrea-GBR 3535; 3-BECK Nadine-GER 3221; 8-CARPENDALE Anna-GBR 1931; **4x100:** 1-GREAT BRITAIN & N. IRELAND (SUTTON Kelly - PALMER Fiona - WALE Amanda - YOUNG Susan) 51.25; 2-ITALY-52.72; 3-GERMANY-53.03; **4x400:** 1-ITALY-4:00.89; 2-GREAT BRITAIN & N. IRELAND (SUTTON Kelly - LOCKER Joanne - PIDGEON Jane - YOUNG Susan) 4:13.76; 3-GERMANY-4:17.19;

W40:

100(-0.2): 1-PAUNICA Emilia-ESP SPAIN-12.48; 2-GRANOVSKAJA Piret-EST 12.74; 3-MARTIN Heike-GER 12.79; **(QR)** WALLER Sharon-GBR 15.99(0.4); **200 (1.9):** 1-PAUNICA Emilia-ESP 25.85; 2-MARTIN Heike-GER 26.54; 3-GUENTHER-GRAEFF Eva-GER 26.87; 6-PALMER Fiona-GBR 27.67 (27.51/1.6qr); **400:** 1-ANDERSON Nina-GBR 57.37; 2-BAGGIOLINI Emanuela-ITA 58.74; 3-DREWES Kerstin-GER 59.91; 5-MORLEY Denise-GBR 1:02.59 (1:02.04qr); 6-PALMER Fiona-GBR 1:02.75; 7-WALE Amanda-GBR 1:02.84; **800:** 1-ANDERSON Nina-GBR 2:15.70; 2-BAGGIOLINI Emanuela-ITA 2:16.60; 3-MORLEY Denise-GBR 2:19.87; **1500:** 1-DEUSSEN Bettina-GER 4:50.52; 2-HOLZBOCK Rita-GER 5:09.18; 3-NYRKOVA Tatiana-RUS 5:11.55; **5000:** 1-RESSING Mareike-GER

17:42.28; 2-MARTENS Vera-GER 18:45.05; 3-ULRICH Veronika-GER GERMANY-18:55.88; **10000:** 1-RESSING Mareike-GER 36:52.52; 2-BOGEN Kathrin-GER 37:36.84; 3-PAGLIACCI Lorella-ITA 39:55.95; **2000SC:** 1-ARTMANN Gabriele-GER 8:09.28; 2-LACAVA Giusy-ITA 8:48.27; 3-KLUTTIG Ulrike-GER 8:53.70; **80H (0.6):** 1-NAGEL Evelin-GER 11.76; 2-SCHILLING Tatjana-GER 12.32; 3-LESZYK Aneta-POL 12.63; 4-WALE Amanda-GBR GREAT 12.77; **400H:** 1-BAGGIOLINI Emanuela-ITA 1:03.19; 2-LACAVA Giusy-ITA 1:11.45; 3-DECKERS Anja-GER 1:13.19; **HJ:** 1-SCHILLING Tatjana-GER 1.58; 2-MAYBACH Kristin-GER & PETERSONE Laila-LAT 1.55; **PV:** 1-HILL Irie-GBR 3.90(BR); 2-MENSHENINA Nataliya-RUS 3.40; 3-ZIEMANN DR Christina-GER 3.10; **LJ:** 1-SCHILLING Tatjana-GER 5.14(0.6); 2-DORONKINA Oxana-RUS 5.14(0.3); 3-LESZYK Aneta-POL 5.08(1.3); **TJ:** 1-PETERSONE Laila-LAT 11.38(1.7); 2-SEBELKOVA Petra-CZE 11.01(0.5); 3-SUHLING Dagmar-GER 10.96(0.8); **SP:** 1-SHIMAN Alena-RUS 13.64; 2-TORNOW Sylvia-GER 13.47; 3-EICHHORN Michaela-GER 12.28; **DT:** 1-MIKELYTE Austra-LTU 45.74; 2-SCHARDT Bettina-GER 45.08; 3-PROIETTI PANNUNZI Pasqu-ITA 43.46; **WT:** 1-SCRIBE Virginie-FRA 14.48; 2-SIMUMAE Heidi-EST 13.63; 3-SCHARDT Bettina-GER 13.40; **HT:** 1-SCHARDT Bettina-GER 45.90; 2-SCRIBE Virginie-FRA 45.13; 3-TELGE Kristina-GER 42.12; **JT:** 1-SUHLING Dagmar-GER 41.20; 2-KARATPOUZI Elthimia-GRE 37.55; 3-BRANDT Monika-GER 37.09; **5000W:** 1-NAUMANN Marit-FRA 26:52.82; 2-HOGRELL Elinor-SWE 27:15.23; 3-MOMBELLI Roberta-ITA 28:30.52; **10RW:** 1-NAUMANN Marit-FRA 55:09; 2-HOGRELL Elinor-SWE 55:54; 3-MOMBELLI Roberta-ITA 57:26; **4x100:** 1-GERMANY-49.95; 2-GERMANY-50.54; 3-FRANCE-51.61; 6-GREAT BRITAIN & N. IRELAND 5-GBR-WALLER Sharon - AHMET Lyn - BARKER Hazel - TIMMIS Denise) 1:01.35; **4x400:** 1-GERMANY-4:06.93; 2-SPAIN-4:12.37; 3-GREAT BRITAIN & N. IRELAND (WALE Amanda - BROOKS Karen - PALMER Fiona - MORLEY Denise) 4:17.86; **HEP:** 1-SCHILLING Tatjana-GER 5280; 2-PAUNICA Emilia-ESP 5129; 3-RIEDEL Birgit-GER 5019; 6-WALE Amanda-GBR 4401; **TP:** 1-TELGE Kristina-GER 3589; 2-SCHARDT Bettina-GER 3528; 3-SCRIBE Virginie-FRA 3355; **MAR:** 1-ALVAREZ Maria Esther-ESP 3h02:05; 2-BUBLITZ Christel-GER 3h19:52; 3-DEMIR Uemran-TUR 3h35:56;

W45:

100(-0.8): 1-JOERG Heike-GER 12.69; 2-VOUAGNER Dominique-FRA 13.18; 3-BEREND Katja-GER 13.19; **200(0.9):** 1-VOUAGNER Dominique-FRA 26.90; 2-COLAS Esther-ESP 26.92; 3-BEREND Katja-GER 27.08; **(QR)** WAKEFIELD Michele-GBR 29.89(0.3); **400:** 1-COLAS Esther-ESP 1:00.67; 2-MEIER Claudia-SUI 1:01.14; 3-BURROWS Tracy-GBR 1:02.18; 6-FINEGAN Geraldine-IRL 1:04.87; **(QR)** WAKEFIELD Michele-GBR 1:08.50; **800:** 1-WEIJLING-DISSEL Nicole-NED 2:22.54; 2-LAUTERBACH Kathrin-GER 2:24.09; 3-FINEGAN Geraldine-IRL 2:30.27; 5-PIDGEON Jane-GBR 2:36.87; **1500:** 1-LOUBELLE Nathalie-BEL 4:43.40; 2-WEIJLING-DISSEL Nicole-NED 4:49.68; 3-BIRBALTALE Vilija-GER 4:54.43; **5000:** 1-DANDOLO Nadia-ITA 18:13.35; 2-LUSE Inara-LAT 18:28.77; 3-SAIU Donatella-ITA 18:33.21; **10000:** 1-CASTRO Soledad-ESP 38:20.39; 2-LUSE Inara-LAT 39:33.39; 3-GRUBER Franziska-AUT 39:57.41; **2000SC:** 1-PIDGEON Jane-GBR 8:02.88; 2-HAERTL Anke-GER 8:25.08; 3-FINEGAN Geraldine IRL 8:39.53; **80H (-0.6):** 1-MEIER Claudia-SUI 12.83; 2-FINEGAN Geraldine-IRL 12.99; 3-KALLMEIER-SCHROEDER Kir-GER 13.17; **400H:** 1-GAEHLING Barbara-GER (WR) 1:02.61; 2-FINEGAN Geraldine-IRL 1:09.25; 3-ANSTETT Anke-GER 1:09.79; **HJ:** 1-HENNING Monika-GER 1.63; 2-JULIEN Ulrike-GER & LINDEMANN Frauke-GER 1.57; 12-IGGLEDEN Carol-GER 1.25; **PV:** 1-GIRAUD Isabelle-FRA 3.02; 2-KREPINA Valentya-UKR 2.80; 3-TRAEGER Steffi-GER 2.70; 4-DUKE Alison-GBR 2.50; **LJ:** 1-MANN Kriemhild-GER 5.43(0.6); 2-KALLMEIER-SCHROEDER Kir-GER 5.32(0.2); 3-HENNING Monika-GER 5.23(0.1); 16-DUKE Alison-GBR 4.16(1.4); **TJ:** 1-KREPINA Valentya-UKR 10.54(0.1); 2-JOKIEL-STRAUPE Annett-GER 10.44(0.1); 3-HOLZAPFEL Andrea-GER 10.17(0.1); 6-FINEGAN Geraldine-IRL 9.88(0.1); **SP:** 1-MUELLER SCHMIDT Jana-GER GERMANY-13.20; 2-WELLER Ellen-GER GERMANY-11.97; 3-STRASCHEWSKI Anke-GER GERMANY-11.66; 9-DAVISON Joanne-GBR GREAT BRITAIN & N. IRELAND-9.94; **DT:** 1-RUNNE Eha-EST 46.05; 2-ESKELINEN Seija-FIN 37.39; 3-ABERKROM Mirjam-NED 34.89; **WT:** 1-MIK Gonny-NED 15.32; 2-CACAUT Claudine-FRA 44; 3-HODEL Connie-SUI 12.97; **HT:** 1-MIK Gonny-NED 49.91; 2-CACAUT Claudine-FRA 46.70; 3-FINKBEINER Silke-GER 41.71; **JT:** 1-CUNHA Maria Do Ceu-POR 39.84; 2-STROHM Susanne-GER 38.64; 3-GARRATT Caroline GBR 36.32; 8-FINEGAN Geraldine IRL 28.51; **5000W:** 1-HENCHOZ Corinne-SUI 27:39.01; 2-KOKORINA Irina-RUS 27:39.51; 3-NICOLAS MyriamBEL 27:55.98; 9-NOEL Maureen Elvira-GBR 32:08.80; 14-GORMLEY Anne-IRL -34:31.40; **10RW:** 1-KOKORINA Irina-RUS 56:26; 2-HENCHOZ Corinne-SUI 56:31; 3-NICOLAS MyriamBEL 56:40; 11-NOEL Maureen Elvira-GBR 1h03:08; **TEAM:** 1-UKRAINE-2h55:41.00; 2-GERMANY-2h58:35.00; 3-SWITZERLAND-3h00:30.00; 4-GREAT BRITAIN & N. IRELAND-3h04:45.00; **4x100:** 1-GERMANY-50.54; 2-FRANCE-51.61; 3-LATVIA-58.71; **4x400:** 1-GERMANY-4:24.70; 2-LATVIA-5:14.23; **HEP:** 1-GAEHLING Barbara-GER 5683; 2-JULIEN Ulrike-GER 5223; 3-FINEGAN Geraldine-IRL 5046; **TP:** 1-MIK Gonny-NED 4034; 2-CUNHA Maria Do Ceu-POR 3714; 3-CACAUT Claudine-FRA 3600; **MAR:** 1-STEENHAUT Kathleen-BEL 3h07:04; 2-PARSIEGLA Karsta-GER 3h08:06; 3-MAYER-TANCIC Ulrike-GER 3h11:56; 6-NOEL Maureen Elvira GBR 3h49:26; **TEAM:** 1-GERMANY-9h47:08.00; 2-GREAT BRITAIN & N. IRELAND-12h22:01.00;

W50:

100(-0.3): 1-GOERLING Ulrike-GER 13.25; 2-GRISSMER Angelika-GER 13.39; 3-ALEXIS Nicole-FRA 13.47; 7-MCCLELLAND Averil-GBR 13.85; **(QR)** TIMMIS Denise-GBR 14.67(0.5); **200(1.1):** 1-KAUERHOF Petra-GER -27.31; 2-ALEXIS Nicole-FRA 27.55; 3-GRISSMER Angelika-GER 27.64; 5-MCCLELLAND Averil-GBR 28.35(28.29/0.7qr); **(QR):** TIMMIS Denise-GBR 30.24(0.7); **400:** 1-KAUERHOF Petra-GER 1:02.98; 2-GEEL Simone-NED 1:03.14; 3-FOHRER Gabriele-GER 1:03.95; **800:** 1-ZOLL Esther-GER -2:29.85; 2-GEEL Simone-NED 2:32.99; 3-RUTH Magill-GBR 2:33.32; 6-BROOKS Karen-GBR 2:36.45; **(QR):** LAWLESS Caroline-GBR -3:03.72; RAMAGE Sharyn-GBR 3:06.82; **1500:** 1-HEILIG-DUVENTAESTER M.L-GER -5:03.39; 2-ZOLL Esther-GER GERMANY-5:13.46; 3-BROOKS Karen-GBR 5:19.56; 4-RAMAGE Sharyn-GBR -5:30.23; 8-FARMER Diane-GBR -5:56.05; 12-LAWLESS Caroline-GBR -6:08.95; 13-MARR Lynne-GBR -6:46.85; **5000:** 1-SCHMIDT Silke-GER -18:22.42; 2-HEILIG-DUVENTAESTER M.L-GER -18:35.87; 3-SCHON Karin-SWE 19:19.45; 7-BROOKS Karen-GBR -20:42.09; 10-MCCORT Fionnuala-GBR -21:28.51; **10000:** 1-SCHMIDT Silke-GER -37:11.58; 2-DOERRE HEINIG Juana Ka-GER -38:31.45; 3-SCHON Karin-SWE -39:38.02; 9-FARMER Diane-GBR -44:22.15; **2000SC:** 1-HEILIG-DUVENTAESTER M.L-GER (-ER) 7:52.31; 2-TENDLER Gabriele-GER -8:27.22; 3-VAN OVERVELD Jeanine-NED -8:49.13; **80H (1.7):** 1-BECKER Olga-GER -12.80; 2-WALTER Antje-GER -13.64; 3-FORCELLINI Carla-ITA -13.69; **300H:** 1-SEIDEL Martina-GER -48.11; 2-HACHOTTE Dolores-FRA -51.63; 3-TOLFS Gunnel-SWE -54.69; **HJ:** 1-FREYER-KRAUSE Helga-GER -1.50; 2-ESKILDSENMOELLER Kirste-DEN K-1.47; 3-POTTIEZ Andrea-GER -1.47; 8-BARKER Hazel-GBR -1.35; **PV:** 1-VAN DE KAMP Brigitte-NED -3.00; 2-FORCELLINI Carla-ITA -3.00; 3-HERRMANN Petra-GER -2.90; **LJ:** 1-BISKUP Marianna-POL -5.09(0.0); 2-WALTER Antje-GER -4.79(0.6); 3-3440-KARPUSHINA Natalia-RUS -4.78; 7-MCCLELLAND Averil-GBR -4.56(1.1); 8-TIMMIS Denise-GBR -4.53(0.0); 13-ST JOHN-COLEMAN Clare-GBR -3.72(0.1); **TJ:** 1-HERRMANN Petra-GER -10.72(0.6); 2-BISKUP Marianna-POL -10.31(0.3); 3-ESCRIBANO CHECA Maria R-ESP 9.88(0.3); 10-ST JOHN-COLEMAN Clare-GBR -7.50(1.3); **SP:** 1-VAHTER Lea-EST -14.00; 2-GRELL Carmen-GER -13.95; 3-MORKUNIEVA Valda-LTU -13.38; 16-BARKER Hazel-GBR -9.77; 21-DUNSFORD Wendy-GBR -8.45; 23-MORGAN Angela-GBR -7.87; **DT:** 1-VAHTER Lea-EST -41.10; 2-LAPIENIENE Janina-LTU -39.88; 3-VAN DIJK Ingrid-NED -36.93; 20-DUNSFORD Wendy-GBR -23.40; **WT:** 1-VAN DIJK Ingrid-NED (-ER) 16.41; 2-DUSS Maegy-SUI -14.92; 3-GALLEAZZI Sylvie-FRA -13.43; 11-MORGAN Angela-GBR -10.00; 13-DUNSFORD Wendy-GBR -9.62; 15-RUSSELL Brenda-GBR -8.97; **HT:** 1-VAN DIJK Ingrid-NED -51.31; 2-REIMERDES Birgit-GER -38.55; 3-EHN Gabriela-AUT -38.25; 10-MORGAN Angela-GBR -32.43; 12-DUNSFORD Wendy-GBR -30.69; 13-RUSSELL Brenda-GBR -29.31; **JT:** 1-

MASTERS ATHLETICS AUTUMN 2012.

THIRTEY Ursula-GER -37.88; 2-HERLEVI-MALILA Heli-FIN -34.25; 3-MUELLER Angela-GER -34.08; **5000W**: 1-TERENTYEVNA Natalia-RUS -28:11.58; 2-CHAVE Maryse-FRA -28:32.00; 3-COCHEREAU Veronique-FRA -28:37.74; 11-BISHOP Fiona Jane-GBR -35:14.41; **10RW**: 1-TERENTYEVNA Natalia-RUS -57:24; 2-CHAVE Maryse-FRA -58:09; 3-COCHEREAU Veronique-FRA -58:45; 13-BISHOP Fiona Jane-GBR -1h09:23; **4x100**: 1-RUSSIA-58.22; **4x400**: 1-GREAT BRITAIN & N. IRELAND (TRIMBLE Joan - TIMMIS Denise - HORDER Jane - POWELL Caroline) 4:29.62; 2-FRANCE 4:32.78; 3-RUSSIA-4:40.11; **HEP**: 1-BASEDA Wiebke-GER 4931; 2-MUELLER Angela-GER 4736; 3-ESKILDSENMOELLER Kirste-DEN -4643; **TP**: 1-VAN DIJK Ingrid-NED -4398; 2-VAHTER Lea-EST -3852; 3-RAMLOV Dorthe Maria-DEN -3710; 11-DUNSFORD Wendy-GBR -2420; **MAR**: 1-KRCHAKOVA Alena-CZE -3h18:09; 2-PLETNEVA Irina-RUS -3h32:08; 3-AUERBACH Sonja-GER 3h37:36; 8-BISHOP Fiona Jane GBR -4h50:54; 9-STUART Heather-GBR -5h42:58;

W55:

100(-0.8): 1-JACOBS Tilly-NED -13.82; 2-POWELL Caroline-GBR -13.84; 3-FUHRMANN Dagmar-GER -14.09; 5-TRIMBLE Joan-GBR -14.34; **200(-0.1)**: 1-POWELL Caroline-GBR -28.48 (27.96/0.3qr); 2-JACOBS Tilly-NED -28.52; 3-FUHRMANN Dagmar-GER -29.05; 5-TRIMBLE Joan-GBR -30.17 (30.10/1.0qr); **400**: 1-POWELL Caroline-GBR -1:02.30; 2-OOST Sonja-NED -1:06.36; 3-WIZEN Lilly-SWE -1:07.60; **800**: 1-WIZEN Lilly-SWE -2:41.86; 2-MULDER Marja-NED -2:44.36; 3-MIKESOVA Vera-CZE -2:52.90; **1500**: 1-ZENTNER Lidia-GER -5:26.50; 2-WIZEN Lilly-SWE -5:49.81; 3-BOUCLER VVE REBRAY Anne-FRA -5:55.26; **5000**: 1-WAGENER Cornelia-GER -20:27.76; 2-PIHALA Salmie-FIN -21:40.53; 3-HAUDEBOURG Christine-FRA -23:26.22; **10000**: 1-FISCHER Anne-GER -41:25.91; 2-HELLENBRAND Lilo-GER -42:51.42; 3-WOHLGEMUTH Kerstin-GER -44:49.99; **2000SC**: 1-HENN Elisabeth-GER -8:44.53; 2-SCHLÄCHTE Roswita-GER -9:40.90; 3-VERESHCHAGINA Elena-RUS -13:34.18; **80H(1.0)**: 1-SANGUOS Maria-ESP -13.41; 2-HORDER Jane-GBR -13.56(BR); 3-SAMOTOSHENKOVA Liubov-RUS -14.20; **300H**: 1-HORDER Jane-GBR 49.04; 2-SANGUOS Maria-ESP -51.90; 3-SAMOTOSHENKOVA Liubov-RUS -54.67; **HJ**: 1-KARG Carmen-GER -1.47; 2-BOEGGEMANN Ute-GER -1.41; 3-KORTBECK Janine-NED -1.38; 6-MOORE FOX Lucy-IRL -1.26; **PV**: 1-YEOMANS Sue-GBR -2.80; **LJ**: 1-JACOBS Tilly-NED -4.77/0.2; 2-KORTBECK Janine-NED -4.37/0.1; 3-BLOEDORN Silvia-GER -4.20/1.3; 5-YEOMANS Sue-GBR -3.95/1.7; **TJ**: 1-KORTBECK Janine-NED -9.95/0.3; 2-FRIEDRICH Christina-GER -9.10/0.0; 3-DORINA Annie-FRA -8.47/0.1; **SP**: 1-JENSEN Anne Kirstine-DEN 11.20; 2-SCHLOSSER Barbara-GER -10.77; 3-HOLDER Angelika-GER -10.42; 9-MOORE FOX Lucy-IRL -8.71; **DT**: 1-JENSEN Anne Kirstine-DEN -32.22; 2-MAGNUSSEN Gunnevi-SWE -28.94; 3-KARNIKOVA Hana-CZE -28.75; **WT**: 1-BENES Magdolna-HUN -13.25; 2-ADLEROVA Alexandra-CZE -12.93; 3-MAKITORA Liisa-FIN -12.81; **HT**: 1-BENES Magdolna-HUN -Y 41.47; 2-MAGNUSSEN Gunnevi-SWE -39.01; 3-JENSEN Anne Kirstine-DEN -39.00; 10-MOORE FOX Lucy-IRL -29.93; **JT**: 1-WARNEMUEDE Regina-GER -34.33; 2-JENSEN Anne Kirstine-DEN -32.71; 3-DE FACENDIS Regina-GER -32.32; **5000W**: 1-KRYVOKHYZHA Tetyana-UKR -27:55.22; 2-WHEELER Ann-GBR -29:40.18; 3-DUHH Cath-GBR -29:55.30; **10RW**: 1-KRYVOKHYZHA Tetyana UKR -55:57; 2-WHEELER Ann-GBR -1h00:21; 3-DUHH Cath-GBR -1h01:16; **4x100**: 1-GREAT BRITAIN & N. IRELAND (TRIMBLE Joan - FAIL JEAN - HORDER Jane - POWELL Caroline) 56.57; 2-NETHERLANDS-57.02; **4x400**: 1-NETHERLANDS-4:48.74; 2-GERMANY-4:51.75; **HEP**: 1-AKKERMAN - SMITS Anja-NED -5051; 2-REPPE Gabriele-GER -4959; 3-GRAHNERT Elke-GER -4239; **TP**: 1-JENSEN Anne Kirstine-DEN -4305; 2-MAKITORA Liisa-FIN -4080; 3-MAGNUSSEN Gunnevi-SWE -3648; 10-MOORE FOX Lucy-IRL -2652; **MAR**: 1-FISCHER Anne-GER -3h24:48; 2-GRAF Regina-GER -3h29:06; 3-WAGENER Cornelia-GER -3h37:30; 4-MACKIN Mary GBR -3h41:41;

W60:

100(-1.6): 1-BARTOSIK Ewa-POL POLAND-14.42; 2-HILTSCHER Ulrike-GER 14.66; 3-DE ROOCK Lieve-BEL 15.04; 7-AHMET Lyn-GBR 16.99 (16.61/0.9qr); **200(0.7)**: 1-HILTSCHER Ulrike-GER -30.47; 2-DE ROOCK Lieve-BEL 31.02; 3-MICHELETTI Anna-ITA 32.18; 7-AHMET Lyn-GBR 36.51 (35.16/0.9qr); **400**: 1-MARLER Caroline-GBR -1:09.81; 2-HILTSCHER Ulrike-GER 1:10.56; 3-DE ROOCK Lieve-BEL 1:11.15; 5-TABOR Rosalind-GBR 1:15.36; **800**: 1-HITCHMOUGH Agnes-GBR -2:29.95; 2-VILLUM JENSEN Ingerlise-DEN 2:45.30; 3-MARLER Caroline-GBR -2:48.68; 6-TABOR Rosalind-GBR -2:54.48; **1500**: 1-HITCHMOUGH Agnes-GBR -5:26.47; 2-VILLUM JENSEN Ingerlise-DEN 5:34.36; 3-EGGER Waltraud-ITA 5:37.75; 4-TABOR Rosalind-GBR 5:40.14; **5000**: 1-EGGER Waltraud-ITA 21:21.83; 2-TABOR Rosalind-GBR 21:40.14; 3-VAN DIJK Anne-NED 21:44.36; 4-GEORGHIOU Jane-GBR 21:50.01; **10000**: 1-KNOBELOCH Edith-GER 44:19.95; 2-VOGL Gudrun-GER 44:20.70; 3-GEORGHIOU Jane-GBR 44:33.02; **2000SC**: CUPALOVA Eva-CZE 11:57.35; **80H(-0.6)**: 1-FAIL JEAN-GBR 14.23(BR); 2-HILTSCHER Ulrike-GER 15.34; 3-DAEHLER-STETTLER Margar-SUI 15.37; **300H**: 1-HILTSCHER Ulrike-GER 54.85; 2-CARVALHO Helena-POR 1:09.84; **HJ**: 1-STANKA Prezelj-SLO 1.38; 2-REINBOUD Weia-NED 1.38; 3-CASANOVA LUISA-ESP 1.26; **PV**: 1-RITTE Ute-GER 2.40; 2-FUNK Karin-GER 2.30; 3-LEAPING-RABBIT Grania-GER 2.30; **LJ**: 1-HILTSCHER Ulrike-GER 4.27/0.7; 2-BARTOSIK Ewa-POL 4.15/-0.4; 3-FAIL JEAN-GBR 4.14/-0.4(BR); **TJ**: 1-BARTOSIK Ewa-POL 9.09/1.1; 2-FAIL JEAN-GBR 8.31/0.6; 3-DAEHLER-STETTLER Margar-SUI 7.95/0.4; 5-AHMET Lyn-GBR 7.40/-1.2; **SP**: 1-LOGHIN Mihaela-ROU 13.45; 2-KAZLAUSKIENE Genovaite-LTU 10.84; 3-STEINHAENSE-KORDT Jutta-GER 10.56; **DT**: 1-BAJARE Hermine-LAT 32.14; 2-SOERENSEN Lone Meyer-DEN 31.58; 3-FALDAGER Inge-DEN 30.66; **WT**: 1-TOMANEK Margarethe-BEL 15.63; 2-NOHL Eva Alma-GER 14.52; 3-BELLANGER Annie-FRA 14.02; **HT**: 1-BELLANGER Annie-FRA 42.28; 2-FALDAGER Inge-DEN 40.06; 3-TOMANEK Margarethe-BEL 39.37; **JT**: 1-REINBOUD Weia-NED 32.75; 2-KLIMSOVA Jarmila-CZE 31.00; 3-HANKE Kristina-GER 29.50; 1-FERNANDES Maria Alice-POR 29:18.04; 2-ALVAREZ Aurora-ESP 31:12.69; 3-SHYMKO Liubov-UKR 32:13.55; **10RW**: 1-FERNANDES Maria Alice-POR 59:30; 2-DYGAS Karin-GER 1h03:14; 3-ALVAREZ Aurora-ESP 1h03:25; **4x100**: GERMANY-1:01.63; **4x400**: 1-GREAT BRITAIN & N. IRELAND (GBR-COPSON Angela - HITCHMOUGH Agnes - TABOR Rosalind - MARLER Caroline) (ER) 4:55.69; 2-GERMANY-5:16.10; **HEP**: 1-HILTSCHER Ulrike-GER (ER) 5770; 2-DAEHLER-STETTLER Margar-SUI 4735; 3-LEAPING-RABBIT Grania-GER 4569; **TP**: 1-BELLANGER Annie-FRA 3903; 2-NOHL Eva Alma-GER 3884; 3-LONGAUEROVA Jarmila-SVK 3567; **MAR**: 1-KNOBELOCH Edith-GER 3h42:42; 2-JEPPESEN Lilly Selma-DEN 3h43:48; 3-NEUSTROEVA Maria-RUS 4h31:46;

W65:

100(0.3): 1-KUEHLING Susanne-GER 15.31; 2-KOKKONEN Terhi-FIN 15.41; 3-FOERSTER Karin-GER 15.53; **200(-0.7)**: 1-MAIER Marianne-AUT 32.18; 2-SANGERMANO Maria Giusep-ITA 32.49; 3-SCHIECH Christa-GER 32.94; **400**: 1-COPSON Angela-GBR 1:14.31(BR); 2-JONKERS Riet-NED 1:16.21; 3-WENIGER Christel-GER 1:18.56; **800**: 1-COPSON Angela-GBR 2:49.58(BR); 2-JONKERS Riet-NED 3:01.92; 3-OSTERLUND Rigmor-DEN 3:02.97; **1500**: 1-COPSON Angela-GBR 5:39.85; 2-RAAP Els-NED 6:05.11; 3-OSTERLUND Rigmor-DEN 6:05.40; **5000**: 1-COPSON Angela-GBR 20:58.07; 2-RAAP Els-NED 22:13.55; 3-OSTERLUND Rigmor-DEN 22:29.79; 5-MC NELIS Evelyn-IRL 23:30.59; **10000**: 1-RAAP Els-NED 47:13.85; 2-STEINKE Hilda-GER 48:35.23; 3-MC NELIS Evelyn-IRL 48:48.15; **2000SC**: ROCHAKOVA Miloslava-CZE -10:53.94; **80H(0.5)**: 1-MAIER Marianne-AUT 15.96; 2-JONKERS Riet-NED 17.20; 3-HOUBEN Helgard-GER 18.48; **300H**: KOKKONEN Terhi-FIN 58.24; **HJ**: 1-KOKKONEN Terhi-FIN 1.24; 2-SCHIECH Christa-GER 1.21; 3-MAIER Marianne-AUT 1.18; **PV**: FOERSTER Karin-GER 2.30; **LJ**: 1-KUEHLING Susanne-GER 4.00/-0.6; 2-MAIER Marianne-AUT 3.98/-0.1; 3-SCHIECH Christa-GER 3.78/-0.4; **TJ**: 1-HOUBEN Helgard-GER 7.31/-0.9; 2-ESCRIBANO Ramona-ESP 6.87/-0.2; 3-WLADIKI Jacqueline-AUT 6.67/-0.7; **SP**: 1-MAIER Marianne-AUT 11.05; 2-RABICH Gisela-GER 10.27; 3-JAKOBSONE Majja-LAT 9.86; **DT**: 1-VAN ANHOLT Annie-NED 30.03; 2-JAKOBSONE Majja-LAT 28.30; 3-

BRASSER Jolande-NED 27.75; **WT**: 1-VAN ANHOLT Annie-NED (WR) 16.77; 2-DEL GIUDICE Brunella-ITA 13.35; 3-MUELHOEFER Hildegard-GER 11.65; **HT**: 1-VAN ANHOLT Annie-NED 34.99; 2-DEL GIUDICE Brunella-ITA 31.34; 3-MUELHOEFER Hildegard-GER 28.17; **JT**: 1-GRABER-BOLLIGER Adelhel-SUI 27.14; 2-SCHIECH Christa-GER 24.31; 3-VENDLA Milvi-EST 21.03; **5000W**: 1-MAEDER Heidi-SUI 30:49.19; 2-TYSHKO Antonina-UKR 31:45.83; 3-BERNIER Janine-FRA 33:27.74; **10RW**: 1-MAEDER Heidi-SUI 1h02:29; 2-TYSHKO Antonina-UKR 1h05:13; 3-BERNIER Janine-FRA 1h07:26; **4x100**: GERMANY-1:03.16; **4x400**: 1-NETHERLANDS-4:48.74; 2-GERMANY-4:51.75; **HEP**: 1-VAN ANHOLT Annie-NED 4845; 2-DEL GIUDICE Brunella-ITA 3828; 3-JUNG Gitta-GER 3450; **TP**: 1-VAN ANHOLT Annie-NED 4845; 2-DEL GIUDICE Brunella-ITA 3828; 3-JUNG Gitta-GER 3450; **MAR**: 1-ROST-BRASHOLZ Gabriele-GER 4h13:27; 2-STEINKE Hilda-GER 4h15:17; 3-NITTEL Brigitte-GER 4h15:55

W70:

100(0.4): 1-KIMMEL Renate-GER 16.08; 2-SAUER Erika-GER 16.73; 3-VEHN Hannelore-GER 16.78; 4-MILLS Mollie-GBR 17.67 (17.43/0.1qr); **200(-0.1)**: 1-VEHN Hannelore-GER 35.14; 2-SAUER Erika-GER 36.30; 3-VITOLA Leontine-LAT 36.53; 5-MILLS Mollie-GBR 39.66; **400**: 1-VITOLA Leontine-LAT 1:20.96; 2-VEHN Hannelore-GER 1:23.74; 3-CARLSSON Kristina-SWE 1:25.50; 5-HORNSEY Iris-GBR 1:30.68; **800**: 1-STAUERMANN Hermine-GER 3:24.79; 2-CARLSSON Kristina-SWE 3:27.48; 3-HORNSEY Iris-GBR 3:30.37; 7-STRACEY Betty-GER 4:04.04; **1500**: 1-FREDERIKS Rona-GER 6:31.33; 2-STAUERMANN Hermine-GER 6:39.80; 3-FLORES Joaquina-POR 6:48.69; 7-HORNSEY Iris-GBR 7:22.05; 9-STRACEY Betty-GER 7:54.43; **5000**: 1-STAUERMANN Hermine-GER 24:43.91; 2-FLORES Joaquina-POR 24:53.87; 3-TUROSZ Zofia-POL 26:15.00; 7-STRACEY Betty-GER 29:43.07; **10000**: 1-FLORES Joaquina-POR 48:47.47; 2-TUROSZ Zofia-POL 55:28.44; 3-BRENDEL Rosemarie-GER 1h07:12.88; **80H(-0.8)**: 1-SAUER Erika-GER 18.54; 2-MATHES Karin-GER 20.20; **200H(0.2)**: 1-SAUER Erika-GER 40.66; 2-MATHES Karin-GER 52.57; **HJ**: 1-STELLING Ursula-GER 1.25; 2-NIX Diethild-GER 1.10; 3-SARIO Seija-FIN 1.01; **PV**: 1-NIX Diethild-GER (ER) 2.00; 1-SAUER Erika-GER 3.58/-0.7; 2-NIX Diethild-GER 3.41/1.6; 3-SCHADEN Renate-AUT 3.23/-0.6; **TJ**: 1-SARIO Seija-FIN 5.48/1.3; 2-HEIMANN Erika-GER 5.09/0.8; **SP**: 1-DANILOVA Tamara-RUS 9.90; 2-BOEKER Hella-GER 9.48; 3-ILLGEN Karin-GER 9.00; **DT**: 1-DANILOVA Tamara-RUS 31.15; 2-HOLZKNECHT Ingrid-GER 26.19; 3-BOEKER Hella-GER 25.14; **WT**: 1-MELLMANN Gudrun-GER 13.41; 2-BOEKER Hella-GER 13.33; 3-ERIKSON Helvi-EST 12.42; **HT**: 1-MELLMANN Gudrun-GER 33.43; 2-BOEKER Hella-GER 32.97; 3-ERIKSON Helvi-EST 28.83; **JT**: 1-BOEKER Hella-GER 27.46; 2-KERTESZNE SZENTES Eva-HUN 25.15; 3-HOLZKNECHT Ingrid-GER 25.09; **5000W**: 1-THEUNISSEN Gisela-GER 34:15.27; 2-NAGELL-DAHL Haldis-NOR 35:47.67; 3-ZICKERT Viktoria-GER 36:02.48; **10KW**: 1-THEUNISSEN Gisela-GER 1h10:11; 2-GRINBERTE Vera (I)-LAT 1h11:39; 3-NAGELL-DAHL Haldis-NOR 1h11:57; **MAR**: BLATTMANN Monique-SUI 4h21:59; **4x100**: 1-GERMANY-1:08.70; 2-GREAT BRITAIN & N. IRELAND (MILLS Mollie - HORNSEY Iris - STRACEY Betty - FRASER Dorothy) 1:17.45 (BR); **4x400**: GERMANY-(WR) 5:53.62; **HEP**: 1-SAUER Erika-GER 5294; 2-MATHES Karin-GER 3537; 3-KIESHEYER Brita-GER 3027; **TP**: 1-BOEKER Hella-GER 5203; 2-HOLZKNECHT Ingrid-GER 4567; 3-ERIKSON Helvi-EST 4347;

W75:

100(-0.6): 1-BUERKLE Hildegund-GER 17.85; 2-MAZZENGA Emma-ITA 19.7; 3-FRASER Dorothy-GBR 18.19; **200(0.1)**: 1-BUERKLE Hildegund-GER 37.51; 2-FRASER Dorothy-GBR 38.42; 3-ROSINSKA Janina-POL 40.94; **400**: 1-MAZZENGA Emma-ITA 1:28.58; 2-FRASER Dorothy-GBR 1:28.62; 3-ROSINSKA Janina-POL 1:50.37; **800/5000**: HODAPP Elfriede-GER 3:31.29 / 25:19.44; **1500**: 1-HODAPP Elfriede-GER 6:58.52; 2-TOMCZAK Irma-POL 7:46.34; **HJ**: 1-PERUGINI Giulia Lucia-ITA 1.01; 2-LEOPOLD Elisabeth-GER 0.95; 3-LAPRELLE Micheline-FRA FRANCE-0.89; **PV**: MCLENNAN Dorothy-IRL 1.45; **LJ**: 1-FRANKE Ingeborg-GER 3.04/0.6; 2-ESCHENBACH Christa-GER 2.94/0.2; 3-LEOPOLD Elisabeth-GER 2.55/-0.1; **TJ**: LAPRELLE Micheline-FRA 4.95/0.6; **SP**: 1-RUEHLOW Anne Chatrine-GER 10.28; 2-SATSI Asta-EST 7.94; 3-HAEDER Agnes-GER 7.77; 5-CHAMPION Sheila-IRL 5.67; 6-DUNSFORD Barbara-GBR 4.90; **DT**: 1-RUEHLOW Anne Chatrine-GER 27.83; 2-680-SATSI Asta-EST 20.99; 3-KOVALENSKAYA Galina-RUS 19.05; **WT**: 1-WINKELMANN Christa-GER 10.71; 2-BROEMMEL Almut-GER 10.68; 3-KOVALENSKAYA Galina-RUS 9.82; **HT**: 1-WINKELMANN Christa-GER 25.85; 2-SATSI Asta-EST 25.22; 3-BROEMMEL Almut-GER 24.13; 5-DUNSFORD Barbara-GBR 18.07; **JT**: 1-LEISS Lieselotte-GER 20.56; 2-WINKELMANN Christa-GER 18.78; 3-KOVALENSKAYA Galina-RUS 17.20; 4-CHAMPION Sheila-IRL 7.28; **5000W**: 1-LECLERC Denise-FRA 35:49.21; 2-ANTRITTER Erna-GER 44:26.30; **10KW**: 1-LECLERC Denise-FRA 1h12:22; 2-FIJALKOWSKA Janina-POL 1h12:37; 3-ANTRITTER Erna-GER 1h27:24; **4x100**: GERMANY-(ER) 1:16.26; **TP**: 1-KOVALENSKAYA Galina-RUS 3927; 2-SATSI Asta-EST 3799; 3-LEISS Lieselotte-GER 3484; 6-DUNSFORD Barbara-GBR 1979(BR);

W80:

100(-0.5): 1-KREISKOTT Rosemarie-GER 19.04; 2-HELFFENSTEIN Ruth-SUI 23.46; 3-STOELTING Ingrid-GER 24.88; **200(2.2)**: 1-KREISKOTT Rosemarie-GER 42.38; 2-HELFFENSTEIN Ruth-SUI 50.23; 3-FREI Lydia-SUI 1:04.18; **400**: 1-HELFFENSTEIN Ruth-SUI 1:56.46; 2-NICOLAIEV Xenia-MDA 2:50.20; **800**: HELFFENSTEIN Ruth-SUI 4:26.90; **1500**: HELFFENSTEIN Ruth-SUI 9:07.97; **10000**: CRIPPA Claudine-FRA 1h04:09.43; **HJ**: 1-HAPP Christel-GER 0.95; 2-PEDERSEN Rosa-DEN 0.89; 3-STOELTING Ingrid-GER 0.86; **LJ**: 1-KREISKOTT Rosemarie-GER 2.88 / -0.5; 2-PEDERSEN Rosa-DEN 2.80/0.0; 3-STANCHEVA Rozka-BUL 2.65; **TJ**: SOPANEN Senni-FIN 4.32/0.0; **SP**: 1-HANSSENS Rachel-BEL 8.13; 2-LUETJENS Irmgard-GER 7.32; 3-HAPP Christel-GER 6.72; **DT**: 1-HANSSENS Rachel-BEL 19.80; 2-BAUMANN Ruth-GER 17.08; 3-HAPP Christel-GER 14.40; **WT**: 1-HANSSENS Rachel-BEL (WR) 10.56; 2-FLAIBANI Anna-ITA 7.37; **HT**: 1-HANSSENS Rachel-BEL 25.81; 2-FLAIBANI Anna-ITA 19.78; 3-LUETJENS Irmgard-GER 16.76; **JT**: 1-HANSSENS Rachel-BEL 20.64; 2-PEDERSEN Rosa-DEN 17.79; 3-HAPP Christel-GER 15.78; **TP**: 1-HANSSENS Rachel-BEL 4827; 2-FLAIBANI Anna-ITA 2911

W85:

100(-0.5) / 200(2.2): REINBERGA Austra-LAT (ER) 20.46 / 47.56; **800**: KOKINA Vladylena-UKR (WR) 4:56.10; **SP**: 1-REINBERGA Austra-LAT (WR) 7.10; 2-BAKHOFF Hilja-EST 6.45; **DT**: 1-BAKHOFF Hilja-EST 14.97; 2-REINBERGA Austra-LAT 14.46; 3-PLUEGER Ilse-GER 12.63; **WT/HT/TP**: BAKHOFF Hilja-EST (WR) 8.61 / 20.49 / (ER) 4153;

MEDAL TABLE:

POS	COUNTRY	GOLD	SILVER	BRONZE	TOTAL
1	GERMANY	215	163	163	541
2	GREAT BRITAIN & N.I	46	34	40	120
3	ITALY	30	30	28	88
4	RUSSIA	27	26	23	76
5	NETHERLANDS	27	21	28	63
6	FRANCE	25	20	28	73
7	SPAIN	24	22	17	63
8	POLAND	17	34	22	73
9	FINLAND	17	21	8	46
10	CZECH REPUBLIC	15	20	24	59
26	IRELAND	1	5	6	12

CROSS COUNTRY ANOTHER PUBLIC SCHOOL INVENTION By Archie Jenkins. Pictures: Jeremy Hemming

'Hare and Hounds the most delightful of games'¹

The majority of present day school children would not agree with Tom Brown's statement, yet as an activity it's profile was high enough to be included in the inspirational 19th Century novel *Tom Brown's Schooldays*. Although a sport in its own right, Cross Country running is generally unpopular, many view it as an activity dreamt up by masochistic physical education teachers as a wet weather routine. Clare Balding in the final programme in the Radio 4 series on *Sport and the British* also sums up saying she hopes no school child has to run Cross Country in the rain and be put off sport for life. Brendan Foster on BBC however regularly states Cross Country should be the bread and butter training for all endurance running athletes.



For over a hundred years the Cross Country season has been a competitive feature of British athletics. Britain's top endurance athletes train over the country as part of their conditioning and have done from the pre Pirie era in the 1950s to Mo Farah in the present day. Great Britain has been by far the most successful European country in Cross Country racing. Little has been written on how Cross Country began. This assignment discusses the evolution and origin of Cross Country from early references of folk running to the re-defining of foot racing over natural terrain as a sport. The early focus on the history of British sports tends to be games orientated but other sports including Cross Country developed at the same time.

I would like to argue that Cross Country running as a sport can trace its origins to the English Public Schools and evidence will be given to arguably show how the 18th century English public school game of hare and hounds evolved from an amusement into a modern sport. Significant in this evolution are the three development phases in 19th century Public Schools, in context this involved; the unruly runs organised by boys in the first stage to structured steeple chase races in stage two, leading to rationalisation and the emergence of clubs outside school in the final stage. At the forefront of these developments was the notion of muscular

Christianity introduced at Rugby School by headmaster Dr Arnold. The focus is predominantly pre 1900. Cross Country grew out of forms of Victorian and pre-Victorian running known as 'hares and hounds' and paper-chasing and other less well-known variants. Runs were held over long distances averaging ten miles over open countryside. Paper chases did provide runners with a chance to slow down when necessary. The demise of paper-chasing seems to have been associated with damage to farmland, the prevalence of betting on some events and the growth of by-laws against litter. Rational running in the form of Cross Country would replace it. Cross Country running requires less guile than paper-chasing and after decades of racing over open countryside, the sport has witnessed containment and taming, particularly at the highest level with the needs of spectators and television taken into account.²

Cross Country evolved from early folk running traditions and foot racing as a pre modern form was the first to go into the Cross Country melting pot. Athletics in its basic form was one of the traditional rural sports long before the industrial revolution. Foot racing according to Collins was probably the oldest and simplest form of sporting contest.³ Liponski in his *World Sports Encyclopedia* and Levinson and Christensen in the *Encyclopedia of World Sport* mention foot racing throughout the world, but as they acknowledge Cross Country in its modern form originated in England, only examples of early running in Britain will be referred to in the period before 1800. Guttman in contrasting the characteristics of modern and traditional sport highlights the lack of record keeping in the pre industrial era, resulting in a lack of reliable evidence. Nevertheless historic research reveals various sources of early folk running. In England races were very popular at festivals and fairs. Footmen in the eighteenth century raced professionally in the sport of pedestrianism on public highways, this was mainly centred round major urban cities. The link with pedestrians is a weak one; the only real contribution was the adoption of endurance training methods when the sport became popular in the late 1860s.

Walter Thom in 1813 in his book *Pedestrianism* claims 'to a person so constructed by nature and habit, long journeys on foot or on horseback, the chase or gymnastics sports, are nothing more than that moderate degree of exercise which is necessary to the preservation of health'.⁴ In Scotland reference is made of foot messengers running a fell race up Creag Choinnich at Braemar in 1064. The race was organised by King Malcolm Canmore to find a messenger 'fleet of foot and of goodly stamina' to convey royal dispatches.⁵ Jarvie points out that there is not enough evidence for this race to be the origin of the Braemar Gatherings, where a hill race is first recorded from 1832.⁶ Highland Games mainly a Victorian invention usually feature a local hill race. Shields describes of the 503 year old Red Hose Race in Carnwath in Lanarkshire, recognised in 2006 by the *Guinness Book of Records* as the oldest race in the world. Its origin goes back to 1508 when a pair of red hose was given 'to the man running most quickly from the east end of Carnwath to the Cross called Cawlo Cross...'.⁷ The Red hose would identify him as he warned of any impending invasion from the south. Running was included in Robert Dover's Cotswold Olympics in 1612. Contestants in the running events were probably shepherds or ploughboys, gentlemen's sons could not be seen competing against their social inferiors.⁸ Racing across the countryside is also be

² Bale, J. *Running Cultures*. London: Routledge, 2004. p72

³ Collins, T. *Sport in the Pre-Industrial Era*. de Montfort lecture. 2011

⁴ Thom, W. *Pedestrianism*. St Andrews: Pinetree Press, 2010. p41

⁵ Blackburn, M. *Our Traditional Lakeland Sports*. Ambleside: Ambleside Sports association, 2000

⁶ Jarvie, G. *Highland Games*. Edinburgh: Edinburgh University Press, 1991. p7

⁷ Internet, Carnwath Red Hose Race, celticcountrys.com

⁸ Haddon, C. *The First Ever English Olympick Games*. London: Hodder & Stoughton, 2004

¹ Hughes, T. *Tom Brown's Schooldays*. London: Penguin Group, 1971. p126

traced back to the Stuart and Hanoverian period'.⁹ This is recorded by Samuel Pepys in his diary telling how he watched a foot-race in Hyde Park on the 10th of August 1660¹⁰. He again wrote on the 27th of May 1663 'this day there was a great thronging to Banstead Downs, upon a great horse-race and foot-race. I am sorry I could not go thither'.¹¹ In his diary for July 3rd he records the following:

'The town talk this day is of nothing but the great foot-race run this day on Banstead Downs, between Lee, the Duke of Richmond's footman, and a Tyler, a famous runner'.¹² Daniel Defoe in his *Tour* states 'running foot races seems to be the great sport or diversion of the country'.¹³ Also in his tour through eastern England he says 'where the whole is closed with both horse and foot races'.¹⁴ Strutt quotes from Maitland's *History of England*, published in 1739, '..... horse and foot races, leaping, archery, bowling.....' all taking place in Hanoverian England.¹⁵ Hole describes two eccentric customs, one in Derbyshire in the seventeenth century where young men raced naked in wintry weather; 'two antagonists starke naked runn a foote-race for 2 or 3 miles, with many hundred spectators, and ye betts very smale' and in Yorkshire it was also common for young men after a wedding to race naked over the moors for the garter of a bride.¹⁶ Other references to early running include; Shakespeare in *Hamlet* mentions 'hide fox and all after' and in the latter half of the seventeenth century Holmes speaks of youths 'playing hare and hound'.¹⁷ There is evidence of foot racing in Chester in 1539 on Shrove Tuesday.¹⁸ At the same time there are records in Kilmarnock at Fastern E'en.¹⁹ In Fife the second oldest Highland Games at Burntisland have records going back to 1652 where a two and a quarter mile 'Binns' race to an extinct volcano is held.

Scottish lowland Games with their roots in Highland Games usually include a foot race with horse races. At Paisley in 1659 there was a foot race for a pair of white hose and both men and women had races at Aboyne.²⁰ In Edinburgh the 'Six Foot' club are recorded running a one mile steeplechase from Hunters Tryst in Edinburgh in 1828. The steeplechase was an adaptation of horse racing with locals running to the nearby church steeples of neighbouring villages easily spotted in the distance. The roots of fell racing in the Lake District sports meetings go back to the 18th century tourist guides keeping fit in their spare time by racing amongst themselves to the top of the nearest hill and back.²¹ Entries in all these races were small and apart from those with military purposes they followed local folk recreational traditions with no structure and little documentary back up. The most important combination in the Cross Country melting pot is steeple chases and the game of hare and hounds or paper chasing at English Public Schools. A game called 'hunt the fox or hare' had been played in English Public Schools since the reign of Queen Elizabeth I. As with other sports English Public Schools lay claims to the evolution of the competitive sport of Cross Country running. Public Schools were soon to be declared the home of British sport during the nineteenth century. Sons of aristocrats were educated at these private independent fee paying schools. As old boys they became part of the class system conducive

to innovation in work and leisure. The hard work ethic was instilled through the doctrine of muscular Christianity and athleticism introduced first by Thomas Arnold, headmaster at Rugby then followed by other vigorous headmasters promoting organised games through a civilising process of discipline, control and fair play. Arnold himself had no interest in sport.



The principle of Muscular Christianity was a healthy mind in a healthy body encouraging such qualities as leadership and loyalty. The philosophy was that competitive sport, generally team games, grounded in moral and physical health, would be transferred to life beyond school. The ideology was diffused when old boys left and took positions of leadership, became employers, officers, clergy, teachers and diplomats spreading games to workers, troops, parishes and schools at home and abroad. Traditional folk games and sports were re-invented through the codification of rules and old boys were prevalent in the formation of governing bodies such as the Football Association in 1863 and the Amateur Athletic Association in 1880. These associations administered the phenomena of the games cult which made enormous progress in the latter half of the nineteenth century.

The blending of running in public schools into a modern sport is evident in the three stages of public school development. Although timescales overlap from school to school, stage one generally covers the period c.18th century-1828. 1828 was the year Dr Arnold took up his post at Rugby School. Before 1828 school life was Spartan; bullying and brutality was rife, this was a reflection of society and activities such as hare and hounds were organised by the boys themselves with no master involvement outside of the classroom. There was very little technical development with simple and natural facilities in use. Running was used as an excuse for trespass out of the school grounds. Money describes 'Hunt the Hare' as one of a long list of games played at Eton College in 1766.²² He also mentions runs at night at both Eton and Harrow, with the hare carrying a light in a game called 'Jack O'Lantern'. Wykeham, Charterhouse and St.Pauls all had their own versions and the short Winchester course was particularly noted for its many hedges and water hazards. The game hare and hounds became a popular entertainment long before the era of athleticism, in Wales it was referred to as hunt the fox. At this stage Headmasters were generally against hare and hounds, with local landowners and farmers complaining of unruly behaviour. Steeplechases from Harrow to Watford and back antagonised local farmers because of the damage caused. Schoolboys at Harrow School also engaged in 'toozling' in the 1830s- the chasing and killing of birds in the local hedgerows. Truancy and trespass was encouraged and schools' reputations fell as a result.

²² Money, *Manly and Muscular Diversions*, London: Duckworth, 2001 p49

⁹ Cox, R, Jarvie, G, Vamplew W, *Encyclopaedia of British Sport*, Oxford: ABC-CLIO, 2000, p.93

¹⁰ Hole, C, *English Sports and Pastimes*, London: B. T. Batsford, 1949, p24

¹¹ www.georgianlondon.com/i-am-the-only-running-footman

¹² *ibid*

¹³ *Encyclopaedia of British Sport*, p93

¹⁴ www.georgianlondon.com

¹⁵ Strutt, J, *The Sports and Pastimes of the People of England*, London: Methuen & Co., 1801, Kindle p625

¹⁶ Hole, C, *English Sports and Pastimes*, p.25

¹⁷ Levinson, D, Christensen, K, *Encyclopaedia of World Sport*, Santa Barbara: ABC-CLIO 1996, p218

¹⁸ Hole, C, *English Sports and Pastimes*, p52

¹⁹ Burnett, J, *Riot, Revelry and Rout: Sport in Lowland Scotland Before 1860*, East Linton, Tuckwell Press, 2000, p84

²⁰ Burnett, J, *Riot, Revelry and Rout*, p32

²¹ Blackburn, M, *Our Traditional Lakeland Sports*, Kendal: Miller Turner Printers, 2000, p56

Substantial liberty to roam over local countryside was common in all public schools. However this was not the case at Stoneyhurst which proved the exception to the rule. The liberty of the pupil to do as he pleased in his own free time was not an acceptable principle or practice. Run by Jesuits they were continental in their philosophy and practice. They faithfully transplanted continental habits in English soil.

Hare and hounds at public schools became the human version of hunting, it was a way young gentlemen could practice fox hunting. Hunting as an activity 'is as old as the human race'²³ and Emma Griffin says 'hunting is an ancient activity that had been enjoyed in England long before the emergence of written records'.²⁴ Hunting soon became a specialised sport for the nobility and long before fox hunting, the pursuit of the brown hare by dogs was a leisure activity of the English aristocracy. Public school boys brought the games they played at home and the notion of the hunt to school. Hare and hounds gave a taste of adventure in the countryside beyond the school boundaries. With no school kennels or stables available, fox or hare hunting could not take place. Hunting in its human form was therefore re-defined in the popular Victorian sport hare and hounds, also called paper or chalk chase. A human hare would run ahead to drop the scent (paper) from a large bag over a random course, distances were usually long; after a set time everyone else called the hounds would try to follow the trail which was more difficult if it was windy. When the scent was found pack members working together would shout 'forward', to reach the finish at an agreed point. This basic codification would be along similar lines at different schools and these paper chase steeple chases would involve jumping hedges, fences and streams. The object was more enjoyment and play.

Two schools in particular, Shrewsbury and Rugby Schools claim the evolution of Cross Country as a sport in the early part of the 19th century. I believe the following evidence will demonstrate Cross Country has its roots in the game of hare and hounds played in particular at these public schools. In the introduction to *Paper-Chasing and Cross Country Running* in an 1887 edition of *Athletics and Football* for the Badminton Library, the author Walter Rye wrongly asserts Rugby School as the 'cradle' of the sport.²⁵ Rugby with the 'Crick' run from 1837 undoubtedly has a say but a sport called the Hounds or the Hunt at Shrewsbury School and recorded in their Hound Books in the school library definitely stakes their claim.

At Shrewsbury Bailiffs' Ordinances of 1577 directed that; 'The scholars shall play only on Thursday, unless there be a holy-day in the week..Their play was to be shooting..and no other games unless it be running, wrestling, or leaping'.²⁶

Running is mentioned at Shrewsbury school in 1819 and long runs of twelve miles are recorded in 1828. Compared to the present day these long distances were normal. At Shrewsbury School hunting was adapted through the 'medium' the Royal Shrewsbury School Hunt (RSSH).²⁷ The Cross Country club named the Hunt has rituals only traditional to Shrewsbury. The school claims 'the Hunt' as possibly the oldest 'Cross Country club' in the world. By 1831 these runs whose aim was to enjoy the Shropshire countryside were regular and the school's Hound Book records consecutive runs to this day. In the tradition of the

event the Cross Country captain is the huntsman, the senior and junior whips are his deputies. At the start the runners who are the hounds and the team runners labelled the gentlemen subscribers follow the huntsman. The Huntsman yells 'any hound who intends to kill, run hard, run well, and may the devil take the hindmost'.²⁸ At Shrewsbury the two boys who lay the scent are referred to as foxes not hares. First across the finishing line proudly acclaims the title of killing hound. However this term is only used in the Hunt, first home in a steeplechase is the winner. Despite opposition by other headmasters in this stage, Butler at Shrewsbury appeared to turn a blind eye, showing time spans at each school overlap. Later Shrewsbury was one of the schools embracing the Association code but in the 1830s headmaster Butler only allowed cricket and the RSSH. He frowned on rowing and described football as 'fit only for butcher boys...more fit for farm boys and labourers than young gentlemen'.²⁹ More tolerance was shown to the RSSH and he ignored the defiance of school regulations regarding bounds.

Local farm owners were up in arms over trespassing and damage to hedges and property. Runners were attacked by sticks and bloodhounds. The school authorities were provoked further by boys drinking ale, sherry and other alcoholic drinks and smoking at the local Dog and Partridge Inn and other places as in the case of farmer Tuck who provided copious amounts of beer, cider and punch. In the Hunt there is certainly no evidence of running for fitness with alcohol playing a prominent part as it does in a normal hunt meet. The spirit of play in informal running at Shrewsbury had no moral purpose and was unrecognisable to the sport known today. In spite of growing tolerance for games, athletic activities generally still found hostility because there was no real emphasis on team work. The existence of the Hunt record book defends Shrewsbury's link to the emerging new sport and its claim to be the first Cross Country club. This has been supported by Robinson in an article tracing the true origins of Cross Country, where his research describes the authentic documentation he found in 'crackly old exercise books' hand written in scratchy black ink by schoolboy secretaries annually at Shrewsbury from 1831.³⁰ The base of a simple rule structure as in hare and hounds was laid.

From 1828 Rugby headmaster Dr Arnold became obsessed with social control, establishing order, stability and good behaviour. This was copied by other headmasters in a period regarded as stage two in public school development, lasting until Arnold's death in 1842. His mission centred around the role of the 6th form in organising games, reform and the combination of godliness and manliness in his doctrine of muscular Christianity. This was all part of societal change in general. Shrewsbury School claim to have the first 'Cross Country club' but Rugby proclaims 'it is fair to say that cross country running may have begun at Rugby School'.³¹ Despite the 16th century evidence at Carnwath, Rugby declare the 'Crick' run as the oldest Cross Country race in the world. Steeple chasing is first heard of at Rugby in 1834. Big side runs are first recorded from 1837, one year later the famous 'Crick' run was won by Lea, no time was given but there are records of winners to this present day. The race now held in March is run over ten miles but the original used to be on the first Thursday in December. By 1839 the school had eleven courses from five to nine miles with a longer run over twelve miles for boys who had proved themselves. Like Shrewsbury, the winners of the 'Crick' have been recorded since 1837, proving strong documentary support. In a recently published biography of London Marathon founder

²³ Collins, T. Martin, J. Vamplew, W. *Encyclopedia of Traditional British Rural Sports*, London: Routledge, 2005. p161

²⁴ Griffin, E. *Blood Sport: Hunting in Britain Since 1066*. New Haven: Yale University Press, 2008

²⁵ Shearman, M. *Athletics and Football: With a Contribution on Paper-Chasing by W. Rye*. London: Longman, Green and Co. 1887

²⁶ Money, T. *Manly & Muscular Diversions*. London: Duckworth, 2001. p46

²⁷ McIntosh, P. *Physical Education in England Since 1800*. London: G Bell & Sons Ltd., 1972. p24

²⁸ Shrewsbury School, Cross Country website, www.shrewsburyschool.org.uk

²⁹ Money, T. *Manly and Muscular Diversion*. p59

³⁰ Harner.net. *On the scent of history*. Roger Robinson 1998

³¹ En.wikipedia.org/wiki/Rugby_School

and 1956 Olympic Steeplechase Champion, Chris Brasher, his one regret in life was failing to win the 'Crick' when at Rugby School.

The vital link with character building is best identified in the 'Barby run'.³² This run is immortalised in the 1857 Thomas Hughes fiction novel *Tom Brown's Schooldays* with Tom and his friends taking part. Although ale was available at its conclusion the event was far more civilised than the Shrewsbury Hunt. Arnold was against trespass and the other moral problems likely to be encountered out of school but he did not impose out of bound rules, anxious that the boys accept the challenge outside the classroom of overcoming evil, sympathising with those who try because their intentions are good. His teaching of ethics encompassed the new moral code of sportsmanship displayed on the extensive public school playing fields. This factor is unquestionably one of the most important in the development of sport in Victorian Britain. Social and moral values were emphasised more in team games such as cricket, football and rugby; however small sided and individual activities like Cross Country running, athletics, rackets, fives, tennis, gymnastics and rowing were soon part of the public school system. The idea of Cross Country packing could fit into the team ethos so important in the development of sport at the time. Will power and determination are two characteristics required in Cross Country running. Digby quotes 'the training of the body in athletic exercise is vital to the inculcation of the character'.³³ These values are strengthened in the Barby run. In a conversation with a master Tom acknowledges team games as better for group loyalty than coming first or winning for one's self as in hare and hounds. However he overlooks several valid character traits and significantly the team work involved in relation to the pack. The race itself was not only a major physical test but a test of temperament; the physical side lay in the nine mile trail and the severity of the terrain; having accepted the challenge, the boy's temperament are challenged and they show courage, resolve and pride as they could have stopped at any time. As a group social concerns are shown through support and friendship. Young Brook is committed to helping them and he proves his strong moral character. The honour of fair play is evident as there are no marshals and every runner is trusted to go round Barby Church. The importance of team running was not given its full justification at the time with emphasis still on games.

The 'Crick' run shows a clear indication of the technical developments which would soon formulate a new sport. The civilising processes of the liberal headmasters in stage two, led to bans or restrictions on trespass and the establishment of set routes. Arnold emphasised the organisational skills of the sixth form. Race calendars and regularity are evident from 1838. Runs over various distances took place throughout the year and rules were written down with start and finish procedures in place. In the 'Barby' run there was no winner, prestige only going to those who complete the course in a pre-determined time, however the winner's name was recorded in the 'Crick'.

Kennedy who followed Butler at Shrewsbury initially did not oppose the runs and appeared to turn a blind eye to the breaking of school regulations. Finding many copies of the new Latin grammar text used as scent he was not as understanding and unsuccessfully attempted to ban the run. Instead social control was introduced. In the 1850s twice weekly set routes were established over four old courses; The Bog, The Drayton, The Tucks and The Long so there was no need for the paper scent. Nowadays the school

hunt' home calendar includes steeplechases over five traditional courses, a paper chase, a hash and the RSSH Old Salopian Race (The Hunt) followed by the Old Salopian Hunt Dinner.

Tradition has seen Shrewsbury pupils continue their racing to the present day. The whole school now take part in the 'Tucks' every October, a race hailed as the second oldest Cross Country event, ironically named after one of the early unruly runs. The school had to run this race as a diversion to sloping off to local horse races. Therefore similar to Rugby, Shrewsbury soon followed suit in the establishment of a Cross Country calendar. Unlike pre modern times contests were now competitive, regular and recorded with hare and hounds established as a public school pastime leading to the final period.

Holt refers to the 1850s as 'the crucial decade in public school sport'.³⁴ This third stage saw the cult for athleticism which lasted until 1914. As at Rugby and Shrewsbury, steeple chases were firmly established at schools throughout the country. Eton's race simply known as the 'steeplechase' was started in 1837 and a flat steeplechase is recorded in 1843. Priest, historian and novelist Charles Kingsley developed the course at Wellington College. The first Kingsley steeplechase was run in 1860 weaving to and fro across the River Blackwater. Kingsley's tradition of the Christian gentleman and his attitude to the development of sport in general was a key factor in Walter Rye later forming the Thames Hares and Hounds. Money tells of Marlborough 'sweats' celebrated in verse by Sorley in his song of the 'Ungirt Runners' on Wiltshire Downs.³⁵ At Uppingham boys were accompanied on their runs by senior boys with whips on bicycles 'lashing out at any fellow with a stitch or a cramp'.³⁶ Thring the Uppingham headmaster inherited a love of the open air from his father and while a pupil at Eton played all games and 'raced all comers'.³⁷

Runners at Lancing had it easy; they were given a choice of a run, a fine or the gym. Running at Stoneyhurst was over the fells. Races were first run in 1873 at Manchester Grammar School and the Town Moor was used by Rutherford Grammar School at Newcastle-upon-Tyne. In 1881 the Wilson Run at Sedburgh School in Cumbria, a 10 mile paper chase across the fells was regarded as the most gruelling school run in the country. Headmaster Hart ran with the boys until he was 50. Despite early records of Scottish foot races the details of paper chases at Scottish public schools are sporadic. However they are well recorded at Loretto School. Headmaster Almond was a health and fitness fanatic staunchly preaching muscular Christianity 'I believe in games for the training of a boy's character'.³⁸ He wanted boys 'to run races gamely'.³⁹ Almond perfected the organisation of compulsory games, including the grind or sweat. Big sides were run two or three times a week and small sides two or three. These were tough runs to occupy boys not so good at games but also a wet weather routine for all when playing conditions were unfavourable. The runs were a 'Wallyford', a 'long Wallyford', a 'Falside', a 'Three Trees' or a 'Three Trees and Falside'.⁴⁰ Holt backs this up stating 'boys would be cheerfully chucked out into the depths of a bad Scottish winter'.⁴¹ Mangan sums up life at Loretto and other schools as featuring games and the compulsory 'grind or sweat'.⁴² Despite pack running public school sports traditionalists still favoured games. Boys opting out of major team games were frowned upon. Almond saw Cross Country as giving boys with natural endurance ability their chance of

³⁴ Holt, R. *Sport and the making of the British*

³⁵ Money, T. *Manly and Muscular Diversions*, p85

³⁶ Money, T. *ibid*, p85

³⁷ Mangan, J. A., *Athletism in the Victorian and Edwardian Public School*, p43

³⁸ Mangan, J. A., *ibid*, p55

³⁹ Mangan, J. A., *ibid*, p57

⁴⁰ Mangan, J. A., *ibid*, p84

⁴¹ Holt, R. *Sport and the British a Modern History*, Oxford, Clarendon Press, 1989

⁴² Mangan *Athletism in the Victorian and Edwardian Public School*, p84

³² Hughes, T. *Tom Brown's Schooldays*, p119

³³ Mangan, J. A., *Athletism in the Victorian and the Edwardian Public School*, London: Frank Cass, 2000, introduction p. xxii

glory, but this individualism was generally unacceptable. Steeple chasing could be used as a means of getting fit for games. Hare and hounds remained within each school with no inter school fixtures played as in team games. The base was now there for the diffusion of the sport.

The cult of athleticism spread, boys carried on their school sporting traditions at university. In 1850 at Exeter College, Oxford a group of undergraduates were disappointed by their poor riding at a steeplechase named the 'Grind'. One contestant said 'he could have jumped the course better himself'.⁴³ As a result a two mile steeplechase organised on horse racing lines to be run for fun in the autumn meet became an annual event. Other Oxford colleges copied the idea and similar contests were held in Cambridge and Dublin. The first Oxford versus Cambridge run took place in 1863. Although formed later the Aberdeen and Edinburgh University Hares and Hounds clubs were two of the first athletics clubs in Scotland. Despite Liponski briefly quoting a steeple chase run by Birmingham medical students in 1838,⁴⁴ the Oxford 'Grind' is acknowledged as the first university race.

Cross Country at school and university could now be identified as a modern sport by the characteristics identified by Guttmann; secularisation, opportunity, rationalisation, bureaucratic organisation, quantification and the quest for records. By the end of 1860s Cross Country running was a sporting form, following the newly fashionable craving for exercise. This 'sportisation' saw the growth of hare and hounds clubs. Surprisingly Cross Country running in the form of harriers was the first organised club form of athletics. The Oxford English dictionary defines Harriers as 'Cross Country runners'.⁴⁵ Urbanisation following industrialisation meant society forgot but also wanted to rekindle the pleasures of the countryside. The quickening pace of urbanisation saw the need for a greater variety of sporting experiences.⁴⁶ Lowerson and Myerscough say 'nostalgia for the country kept many rural practices of recreation alive and from the 1860s there was also a more sophisticated reinterpretation of the countryside in its use for athletic recreations such as.. cross-country running'.⁴⁷ The membership of new harrier clubs grew through a desire to get fit for other interest and the clubs soon became fiercely independent and had strong social functions. Hare and hounds clubs were formed with members strongly associated with the amateur values and principles of sport at the time, and at club level paper chase races became predominantly a southern development, with the 1860s seeing a great increase in athletics participation. In 1867 a steeplechase was organised for the Thames Rowing Club as part of their training by Walter Rye, a *Sporting Gazette* correspondent. Rye, inspired by Kingsley takes the credit for developing Cross Country at club level.⁴⁸ Thomas who wrote the centenary history of the Northern Counties Athletics association states Rye 'is rightly accorded the role of the father of the sport'.⁴⁹ The run set off from their headquarters at the Red Lion Hotel, Putney on December 7th and was fully reported in the press.⁵⁰ This is further evidence of the role of the press in the promotion of many new sporting pastimes and led in 1868 to the founding of Thames Hare and Hounds (TH&H). Their first venture was a handicap paper hunt on October 17th. Rule one of the club states its object 'shall be the promotion of paper chasing in and near

London'.⁵¹ Surprisingly despite Cross Country's public school origins and old boy network in other sports only three ex public school boys were original members. Like other sports, class, distinction and professionalism were prominent issues, the TH&H was a gentleman amateur club and tradesmen soon formed their own clubs. Significantly the sport was never tainted with accusations of professionalism. Cross Country had taken hold as a new sport in its own right and hare and hounds clubs in towns and at universities evolved their own rituals.

Other clubs formed adopting hunting connections in their names; harriers, beagles, tally ho. Harriers was the name of the small hounds chasing hares, a clear acknowledgement of the sport in its pre modern form. In Lancashire the North's oldest club was formed in 1872, the Cheshire Tally Ho Hare and Hounds. Its aim was to give Manchester businessmen stamina training for various summer sports. Oxley in the club history declares that it is now accepted that the club is the second oldest Cross Country club in the country.⁵² In 1876 the first English Championships were held at Buckhurst Hill with thirty two running but were declared null and void as the runners went the wrong way. Roehampton in London hosted the next seven championships, Stenning from the TH & H won four consecutive races and his club won the first team race, however the team championship was soon to be dominated by midland and northern clubs. The celebrated Walter George won in 1882. Cross Country was represented at the formation of the Amateur Athletic Association in 1880 and a National Cross Country Union was formed in 1883.

In Scotland the first organised Cross Country run on the hares and hounds principle was staged by Clydesdale Harriers at the Black Bull, Milngavie in 1885. Strong evidence once again of the part played by inns in the organisation of sport. However Queens Park Football Club, famous for the evolution of the game, also claim to appear to have been 'the pioneer in the sport of paper chasing'.⁵³ The Glasgow Herald reports on a paper chase or 'hare hunt' taking place in the Queens Park on Saturday, 15th October, 1870.

The first international race took place in 1898 with the French challenging the English. In 1903 the first International Championships were held at Hamilton Race Course in Scotland. Cross Country was contested as an individual and team event at the 1904, 1912 1920 and 1924 Olympics. In Stockholm in 1912 a trail of red paper marked the course, it was dropped because it was not considered a summer sport. Mason reports Cross Country training in the form of a paper chasing had been popular in the army since the 1890s. Cross Country running occupied 'an ambiguous place somewhere between sport and military training'.⁵⁴

Schools and clubs adopted their own identifiable kit. At Harrow and other schools boys ran in trousers and long sleeved shirts and quickly saw the benefit of cricket shoes or ordinary walking boots. Flat shoes were replaced by plated soles for better grip in club runs. Generally white shirts with motifs were worn to portray amateur pureness. Clubs developed training involving diet, purgatives and 'sweating' routines and other eccentric methods. In preparing for these races, early pedestrian endurance training methods are detected. Cassell gave this advice in his *Sports and Pastimes* (1896);

⁵¹ Ibid, *The Annals* p156

⁵² *History of the Cheshire Tally-Ho Hare and Hounds Club*, Manchester: Phoenix Press, 1952

⁵³ Robinson, R. *History of the Queen's Park Football Club 1867-1917*, Kirkcaldy: PM Publications, 2011, (First Published 1920), p29

⁵⁴ Mason, T., Riedi E., *Sport and the Military*, Cambridge: Cambridge University Press, 2010, p25

⁴³ Birley, D. *Sport and the Making of Britain*, Manchester: Manchester University Press, 1993, p241

⁴⁴ Liponski, W. *Encyclopedia of Sport*, p149

⁴⁵ Oxford English Dictionary

⁴⁶ Telfer thesis 1999

⁴⁷ Lowerson J. Myerscough J. *Time to Spare in Victorian England*, Hassocks: Harvester, 1977, p. 18

⁴⁸ Lovesey, P. *The Official Centenary History of the AAA*, London: Guinness Superlatives Ltd., 1979, p169

⁴⁹ Thomas, P. *The Northern Cross Country Association, A Centenary History*, Ashton-in-Makerfield: Publicity Print Services, 1982, p6

⁵⁰ Ryan, J. Fraser, I. *The Annals of Thames Hare and Hounds 1868 to 1945*, London: S Straker & Sons Ltd., 1968, p1

'Long runs, steady exercise, careful diet, and especially early hours of bed-time are requisite to prepare for a severe Hare and Hounds match... nothing but pluck and stamina combined brings the leaders to their places of honour at the finish'.⁵⁵

Full acceptance as a 'sport' at Shrewsbury is seen when Chandler states new methods of training to make boys 'fit for the Hunt are in evidence at Shrewsbury from the 1870s'.⁵⁶

Historically Cross Country had been the early form of athletics at public schools but it took time to be accepted nationally at school level. The 1870 Foster Education Act introduced drill as the early form of exercise at state schools and Cross Country was generally associated with public schools. This is possibly be one of the reasons for the late inclusion of the sport as a national championship. The English Schools Athletics Championships began 1925 but it was 1949 before county associations began showing a limited interest in Cross Country. The Northern Schools' Sports Association first staged a Northern Schools' Cross Country Championship in 1939 and regional events were held in 1958 but it was 1960 before English Schools held their first ever championship. The first competition for girls was in 1968.⁵⁷

It is clear that foot racing and Cross Country was largely male dominated. In early times women took part in smock races. There is evidence from the late 1870s that middle class women ran hare and hounds in London and Dublin. There was a paper chase for girls in Toronto in 1910. After the First World War championship races began in France (1919), England (1923) and Belgium (1920s).⁵⁸ Victorian concerns about female participation in endurance events were still to the fore and even when the 800 metres for women was introduced at the 1928 Amsterdam Olympics, the state of some of the finishers brought consternation.

In conclusion modern Cross Country is 'a fusion of several traditions'.⁵⁹ Pre modern foot races and pedestrianism led to steeple chasing and the remodelling of the game of hare and hounds at public school. This evolved through the three stages of public school development from non competitive informal runs to established races. Like the Webb Ellis myth the first race is hard to determine. The Shrewsbury Hunt record book and the Rugby School 'Crick' winners list strengthens the public school claim. The distinctions between folk games and modern sports reviewed by Guttman gives Braemar and Carnwath an argument but the lack of documentary evidence precludes absolute certainty. Cross Country clubs were distinctive and socially respectable, possibly viewed upon as eccentric, pure and harmless but importantly free of any links with professionalism and Thames Hare and Hounds club was undoubtedly the first specialist club.

Jenkins describing the build up to the infamous marathon race in the 1908 London Olympic Games, acknowledges the race having particular significance for Edwardians, in that the British were supposed to have the best long-distance runners in the world. This based on the 'public school penchant for Cross Country running'.⁶⁰

Muscular Christianity and its character building concepts are identified in Tom Brown's 'Barby' run despite opinion at the

time favouring the team sports of football and cricket as the fabric for civil society. The origins of the sport in the public schools certainly highlight the cult of amateurism and athleticism in the Victorian period and the role of the headmaster was undisputable when demand for social reform came in the early 1800s.

Urbanisation made the establishment of clubs and organisation of events easier. The true enthusiast was attracted to compete over traditional courses compared to the present day parkland championships or in the words of Rye the father of the sport 'pitting human endeavour against natural elements'.⁶¹

The annual World Cross Country Championships open to all nations indicates how far the sport has come and fortunately the international Hash House Harriers preserve the old game of hare and hounds and continue to follow the scent of history all be it in the form of flour not paper but still as an amusement.

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⁵⁵ Carnell, D, Ireland, J, Mackreath, K, Miller, C, van Wely, S, *OCR A2 Physical Education*, Harlow: Heinemann, 2009, p62

⁵⁶ Chandler, T, *Public School Sports*, de Montfort lecture additional reading.

⁵⁷ Young, D, *The History of the English Schools' Athletic Association*, Gateshead: Colour Press, 1995, p46

⁵⁸ Levinson, D, Christensen, K, *Encyclopedia of World Sport*, Santa Barbara: ABC-CLIO, 1996, p218

⁵⁹ Lovesey, *The Official Centenary History of the AAA*, p169

⁶⁰ Jenkins, R, *The First London Olympics: 1908*, London: Piatkus, 2008, p61

⁶¹ P18 Telfer thesis

15th BMAF OPEN CROSS COUNTRY RELAY CHAMPIONSHIPS



Organised by Derby AC. under UKA & BMAF Rules

At the **Moorways Stadium, Derby. DE24 9HY**
Saturday 17th November 2012

Age Groups	W35+ (3 stages), W45+ (3 stages), W55+ (3 stages), W65+ (3 stages) M35+ (5 stages), M45+ (5 stages), M55+ (4 stages), M65+ (3 stages) All ages as on the day of race. You may enter & compete in a younger age group if you wish, but may only run for one team. Multiple team entries in any age group welcome - please photocopy the attached entry form.
Clubs	First claim and UKA Registered members only. Club vests must be worn.
Teams	You may enter more than the required number of competitors entitled to compete in each age group team. Each runner may only run one stage. Runners may down age but can only run in one race. Entries from B teams will be accepted. Cost for B team entries are <u>1/2 original entry fee</u> i.e. M35+ = £10
Start times	12.30pm: W35+, W45+, W55+, W65+, M65+, 1.30pm: M35+, M45+, M55+
Course	Each <u>2 lap</u> stage covers a total 3.1k distance.
Declarations	Names & running order to be declared no later than 45 minutes before each race start time. No changes may be made after declarations have been submitted.
Awards	BMAF medals for the first three teams in each age group. Additional medals for the fastest stage in each age group.
Results	Full results listings will be posted on the BMAF website as soon as possible after the event.
Entry fees	£4 per team member. W35+, W45+, W55+, W65+, M65+ = £12 per team. M35+ = £20 per team. M45+ = £20 per team, M55+ = £16 per team. Cheques payable to. Derby AC (<u>Note only 50% of team costs for any "B" Team entries</u>)
Entry forms	<u>Downloadable from the BMAF Website (on the Fixtures Page)</u> Please send your Cheque and completed Entry Form to 2012 BMAF XC Relays, 12a Bagshaw St, Crewton, Derby. DE24 8TX With a stamped self-addressed envelope (for acknowledgement) Closing date for Entries – Friday the 2nd November 2012. NO LATE ENTRIES.